

## Women's VU

The monthly newsletter of the Margaret Cuninggim Women's Center



October 2004, Volume XXVII, Issue 2

## Changing Course, Finding Hope

by Sandra Harrell, Co-Director, Project Safe

It's easy to become weary of this work. We are all eager to see the promised light at the end of the tunnel; the end of the pained and heartbroken faces that weave the fabric of our days; the triumph embodied by a world without violence. We are, all of us, eager for that day, but it's not here yet.

Violence wears on us in a way that we rarely even recognize. We grasp our keys between our fingers, readying ourselves for an encounter that the world tells us is inevitable. We think we have heard the worst this world can offer, and then another person whom we love tells us more. We plan for eventualities that we can never predict, and always, always fall short. Because violence asks us to do something we cannot do; it asks us to know what we cannot know; it forces us to be responsible for that over which we have no control. And, before long, it shapes the very context of our lives.

We come to accept that this is our burden and we try, we try, to live in this world without losing the very qualities that help humanity evolve. But we sacrifice those qualities every day, because this world tells us we must; in order to survive, we must ignore our compulsion to be kind, generous, forgiving, nurturing. We must, instead, barricade ourselves inside a fortress of distrust, assuming that every person who is different from us intends to do us harm. We walk defiantly among the pathways of our campus and community, fervently hoping that our defiance alone will save us. We learn to exercise caution in simply existing, making ourselves as small as possible, as quiet as we can be.

And, we know it's not right. We know the world can be a much better place. But we are afraid to demand justice, though justice is exactly what we need. We are afraid to hope for better, though hope is all we really have left. We become weary and we stop searching, assuming that a world without oppression and domination is unreachable.

But it's not. We deserve justice; we deserve to hope; we deserve to have trust and safety. So, let's demand them. There is, I know, a chorus of voices waiting to be heard: let them be heard. Add yours



Project Safe's annual Clothesline Project clearly illustrates the need for domestic violence programs as well as healing.

Photo by Misa Culley

to the cacophony of cries for justice. Insist that you deserve better than this, because you do. We have listened for too long to a message of hopelessness. For too long we have been led through a maze of impossible, hopeless suggestions. Let's change courses and get out of this maze, together. Let's search,

let's find hope. We can make this world better; we need only to try. Let's try. We have nothing to lose and so much to gain. Together, I know, we can make a difference...better yet, we can change the world.

Please see page 3 for Project Safe's calendar of events in honor of Domestic Violence Awareness Month.

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For more information, please see our website:

www.vanderbilt.edu/WomensCenter

October is Domestic Violence Awareness Month



## Women's Health Matters

Every October the Vanderbilt-Ingram Cancer Center sponsors events highlighting October as Breast Cancer Awareness Month. For more information on these events, please contact

Outreach Coordinator, sheila.bates@vanderbilt.edu

#### VICC: CANCER ANSWER EVENING - OCTOBER 12, 2004

Rapid advances in cancer genetics have led to increased concern about inherited risk of the disease. Join Susan Caro and Selvi Palaniappan of the Family Cancer Risk Service to review what we know about cancer genetics, risk factors for breast and ovarian cancer, and the option of genetic testing for some families.

#### VICC: CANCER ANSWER EVENING - OCTOBER 26, 2004

The Vanderbilt-Ingram Cancer center is recognized as a leader in breast cancer research and developing new treatments with one of only 10 Specialized Programs of Research Excellence (SPORE) in breast cancer funded by the National Cancer Institute. Join Dr. Carlos Arteaga, leader of the Vanderbilt-Ingram Breast Cancer SPORE, to discuss the exciting new areas of research his

team is developing and the promise for improving outcomes for women with breast cancer.

#### WHAT YOU CAN DO:

Help fund free mammograms for those in need! Visit the website: www.thebreastcancersite.com The site tallies the number of visits and the website's sponsors give money to fund free mammograms. The website also contains breast cancer treatment information, helpful links, and gift ideas.

The American Cancer Society once again is taking registrations for its annual Making Strides Against Breast Cancer Walk on Saturday, October 9th. A noncompetitive walk to raise awareness and dollars to fight breast cancer. For more information, please call (615) 327-0991 or email anna.young@cancer.org

The Women's Center will also be sponsoring a team for the Susan G. Komen Race for the Cure on November 7 at MetroCenter. For more information, please contact jennifer.hackett@vanderbilt.edu

#### October is Breast Cancer Awareness Month

**Women's** VU is published monthly September through June at the Margaret Cuninggim Women's Center, Vanderbilt University, Nashville, TN.

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www.vanderbilt.edu/WomensCenter

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Address changes: Please contact our office manager, Robin Van Arman, at robin.l.van.arman@vanderbilt.edu

**Deadline for newsletter:** Submissions are due on the 1st of the month preceding publication.

#### Women's Center Welcomes Volunteers

If you have a special talent you'd love to share with others and have an interest in promoting equity on campus and beyond, we'd love for you to join us! The Women's Center currently has four major programs and services that could use volunteers:

The Women's Center Library: Resources include more than 3,500 volumes, subscriptions to thirty journals and a wealth of unbound material devoted to women, gender and feminism. *Women's VU*: Monthly newsletter that covers current topics that are central to the pursuit of gender equity and highlights Center and Vanderbilt events of special interest to women and those interested in gender issues.

**Project Safe**: Coordinated campus-led initiative to combat violence against women through education, prevention, advocacy and outreach.

**Gender Matters**: A programming effort devoted to equity and awareness, reaching out to the Vanderbilt and local communities.

For more information about becoming involved at the Women's Center, please contact Kacy Silverstein, Volunteer Coordinator at 322-8605 or e-mail kathryn.w.silverstein@vanderbilt.edu



## Changing Course, Finding Hope Project Safe Special October Events

Project Safe invites you to join them in these October events to promote domestic violence awareness:

#### OCTOBER 1ST: WORK TO END DOMESTIC VIOLENCE DAY

Join Project Safe and the Women's Center in a day-long campaign to encourage Vanderbilt staff and faculty to wear purple ribbons throughout the month of October as a symbol of their solidarity with survivors of domestic violence.

#### OCTOBER 11TH, 7:30 PM, SARRATT CINEMA: DON'T SPEAK MY MOTHER'S NAME IN VAIN



What: Reanae McNeal, an international performing artist, will perform her award winning play, "Don't Speak My Mother's Name in Vain," as part of Domestic Violence Awareness Month. This production is a one-woman play that uses vignettes, dance and song to trace the experiences of African-American women with sexual violence. The play introduces eight characters that range from enslavement to present day.

These characters reveal how African-American women have survived rape and sexual assault and their simultaneous oppression. Ms. McNeal is considered by many as one of the most creative and thought-provoking voices of her generation. As a rape/sexual assault survivor who was victimized in college, she is able to speak of her own experiences with honesty, humor and sensitivity. Her performance is sponsored by the Tennessee Coalition Against Domestic and Sexual Violence and Project Safe.

Who: Admission to the play is free and open to the public. For more information, please contact sandra.harrell@vanderbilt.edu

#### OCTOBER 13TH:

#### HEALTH CARES ABOUT DOMESTIC VIOLENCE DAY

Health Cares About Domestic Violence Day is an annual event that takes place the second Wednesday in October. This nationally recognized day involves thousands of health care providers, domestic violence advocates and other concerned individuals who organize events in their settings to strengthen the health care response to domestic violence. We hope you will join us in raising awareness throughout the Vanderbilt community about this important day! Call 322-1333 for more information.

#### OCTOBER 20TH-27TH: SILENT WITNESS EXHIBIT

Please visit the Silent Witness Exhibit at the Ben Schulman Center for Jewish Life from October 20-27th. The exhibit features wooden cutouts symbolic of women in Davidson county who have lost their lives to domestic violence. For more information, please call 322-1333.

#### OCTOBER 25TH, 7:00 PM: TAKE BACK THE NIGHT

What: Take Back the Night is a night of healing, a community rally and march against domestic and sexual violence. We will begin at Olin Field with stories from survivors of violence. After marching to Centennial Park, we will have an open mike for anyone who cares to share their own story of healing. This event is sponsored by Project Safe, the Margaret Cuninggim Women's Center, and other members of the Nashville and Vanderbilt communities.

When: Monday, October 25th 7:00pm

Where: From Olin Field across from the VU baseball field to the covered shelter in Centennial Park behind the McDonalds. Who: Free and open to all members of the Vanderbilt and larger communities.

Visit the campus map - http://www.vanderbilt.edu/map - to see the exact location of Olin Field. Parking is available in the 25th Avenue Garage and at Centennial Park. Shuttle services will be available at the end of the night. For more information, please contact vicky.basra@vanderbilt.edu or 322-1333

#### TUESDAY, OCTOBER 26TH, 4:30PM: YOU THROW LIKE A GIRL



What: Don McPherson, a former professional football player who has been featured on the Oprah Winfrey Show and MTV, will speak to the campus community about the role of men in ending violence. Who: This event is open to everyone, and men are especially encouraged to attend. Where: Ben Schulman Center for Jewish

For more information, contact vicky.basra@vanderbilt.edu



Take Back the Night March, October 2003: Hundreds joined together to protest violence against women and share experiences.

Photo by Misa Culley

### IN THE LIBRARY

BARBARA CLARKE
Women's Center Librarian

#### "WHILE THE CAT'S AWAY..."

#### THE STAFF SHARES ITS FAVORITE BOOKS FROM THE WOMEN'S CENTER LIBRARY

While Barbara, our librarian, is on a well-deserved vacation, the staff thought it might be time to put in our "two cents' worth" on the books that are meaningful to us. The staff recently wrote up reviews of each of our favorite books from the Women's Center library for our Open House last month. We'd like to share them with you and encourage you to visit the Library the next time you're "out and about." Barbara will be back next month with her usual book review column.

### Promiscuities: The Secret Struggle for Womanhood by Naomi Wolf

Ever wonder why women are so confused about their sexuality? Why some women think taking all of their clothes off is liberating, while others feel more liberated by completely hiding their sexuality? In her highly personal book *Promiscuities*, Naomi Wolf explores women's sexual coming-of-age experiences. Wolf looks at the conflicting messages young women were receiving during and after the sexual revolution. Using examples from her own life as well as the lives of the women she interviews, Wolf explores the changes in the female body, mind, and spirit as girls become women. "She also shares fascinating true stories that illustrate the fantasies and sometimes overwhelming realities women pass through on their way toward erotic and emotional discovery." This book challenges the myths around women's sexuality and is a "call to women to reclaim and celebrate their sexuality". --Vicky Basra

#### Gyn/Ecology

by Mary Daly

Mary Daly's radically feminist theology provides the foundation for this fabulously visionary work. Rarely do authors suggest new ways of re-visioning our world, often because they fail to see the beyond the possibilities offered by patriarchy. Daly peers beyond a society constructed by sexism, domination, and violence, revealing to her readers the tenuous props that restrict our potential. She challenges us to look harder ourselves, to see beyond the lies, and build a world of equality. This is a must read for the new feminist generation!!!! --Sandra Harrell

## Catching a Wave: Reclaiming Feminism for the 21st Century

Edited by Rory Dicker and Alison Piepmeier
Catching a Wave is fabulous for two reasons. One, it is edited by two great professors here at VU, who are also great Women's Center supporters. It's wonderful to actually be able to meet the

author(s) of the book any time you'd like! Two, this book is a compilation of many themes facing young feminists today, including media influence, Second Wave Feminists (women who were first active in the 60s and 70s)relating with Third Wave Feminists (women who were first active in the 1990s, and early 2000s), as well as being written by some very well-known women in the field. I give this book two thumbs up!

--Jennifer Hackett

#### Feminism is for Everybody

by bell hooks

[This] is a great read for people who know nothing about feminism or who are only familiar with mainstream society's myths about feminism. hooks clears up some misunderstandings and offers concise definitions of the terms feminist and feminism. Like the feminist movement itself, this book cannot address sex and gender without also addressing race and class, and hooks does an excellent job of clarifying the intersectionality of oppressions. I also think this is a great book for seasoned feminists to have on hand. For one thing, you can find the quotes and definitions you're looking for with ease...and it also helps to have read a book that you can suggest to those new to feminism. The amazing thing about this book is that hooks is able to compress so much information into such an easy and interesting read.

--Linda Manning

#### Manifesta

by Jennifer Baumgardner and Amy Richards
In Manifesta two youthful alumnae of Ms. magazine present
both a serious and playful look at Generation X's take on feminism. The news from these two contemporary authors:
Feminism lives! Arguing that feminism is already all around us,
Jennifer Baumgardner and Amy Richards delve into tough and
sexy "girlie culture." In their opinion "girl culture," from
women rock stars and athletes to female entrepreneurs and
inventors, has become an integral part of the national psyche.
While embracing the success of cultural feminism, especially
for a new generation of feminists, Baumgardner and Richards
also advocate for women to develop political lives and awareness. With writing that celebrates pro-woman attitudes and stories that are both politically and personally inspiring, Manifesta
is a must-have for the next generation of feminists.

-- Kacy Silverstein

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October 2004 Calendar of Events

#### PLEASE SAVE AND POST

Unless otherwise indicated, all groups are open to all people and are held at the Margaret Cuninggim Women's Center at 316 West Side Row on Vanderbilt University's Campus.

For directions, please consult the map at http://www.vanderbilt.edu/ WomensCenter/contact. html. For more information, please call 322-4843.

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#### SPECIAL EVENT

#### THURSDAY, OCTOBER 14TH

Women's Center Sexuality Series:

The Big "O" and other kinds of fun in bed! What: A discussion about the part of our sexual selves that never gets discussed: pleasure. Now that we know the parts with which we're working, how do they operate? What triggers sexual pleasure, for men and especially for women? Come and learn tips, suggestions, and scintillating information that you won't want to miss, including the hot topic, "the myth of the vaginal orgasm."

Dr. Alison Piepmeier, Professor of Women's Studies, VU and Melinda Brown, VU Women Studies Librarian and sexuality educator

When and Where: 7:30pm, Wilson 126 Co-sponsored with Women's Studies For more information, please contact jennifer.hackett@vanderbilt.edu

## GENDER MATTERS PROGRAMS THURSDAY, OCTOBER 7

Women in Academe Series:

Achieving Balance in Graduate School

What: This session, facilitated by Gina Frieden of the Department of Human and Organizational Development, will focus on how to maintain balance--psychologically and intellectually--while in graduate school. Issues of depression and drop-out, and their relationship to gender, will be addressed.

Facilitator: Gina Frieden, Assistant Professor of the Practice, Human & Organizational Development

F2P2 Track: World of University (1.25 hrs)
Where and When: Bishop Joseph Johnson
Black Cultural Center, Room 118, 4:00-5:15pm
For more info and to register for the class,
please go to: www.vanderbilt.edu/cft/

#### TUESDAY, OCTOBER 12

#### Lullaby

What: Lullaby, directed by Adi Arbel, (2004). More than 60 babies were killed during the last Intifada in Israel and the Palestinian Authority territories. Eleven Israeli and Palestinian mothers describe the essence of motherhood that had taken a fatal blow, and the unbearable lightness of the killing of children in the region. In Arabic, Hebrew, Russian with English subtitles. 52 min.

When and Where: Sarrat Cinema, 6:00pm Panel discussion to follow. FREE. Sponsored by Chaplain's Office, Vanderbilt Hillel, Margaret Cuninggim Women's Center, Intercultural Affairs and Diversity Education.

Tickets: FREE! For more details, call 322-2471 or e-mail: sarratt@vanderbilt.edu.

#### WEDNESDAY, OCTOBER 20

#### Love Your Body Day

Come visit the Vandy Fems for information on "the Wall" as they help us to learn to love our bodies!

When: 11am-1pm For more info, contact katie.protos@vanderbilt.edu

#### THURSDAY, OCTOBER 21

#### Iron Jawed Angels

What: This powerful new movie by HBO Films tells the true story of Alice Paul and Lucy Burns, two pioneering suffragettes who set out to change the rights of women forever by fighting for the passage of the 19th amendment - giving women the right to vote. Starring Hilary Swank, Angelica Houston, and Julia Ormond.

Who: Free and open to everyone When and Where: Calhoun Hall 109 at 7pm This program is co-sponsored with Women's Studies. For more information, contact linda.manning@vanderbilt.edu For more information about the film, go to http://www.hbo.com/films/ironjawedangels

#### THURSDAY, OCTOBER 28

#### Free the Slaves!

What: Did you know that slavery still exists in the world? Social agency Free the Slaves is teaming up with student group Free the Children, Free the Slaves to bring in a courageous woman who fled from slavery in her home country of Mauretania to receive asylum here in the US.

Who: This program is open to everyone. Where and When: Furman Hall, Rm.114 at 6:00pm. For more information, please contact ashlee.n.rogers@vanderbilt.edu. Co-sponsored with student group, Free the Children, Free the Slaves.

#### REGULAR GROUPS AND MEETINGS THURSDAY, OCTOBER 7

#### Sistahs Reading Sistahs

When: 12:30pm-1:30pm (Meets the 1st Thursday)

Who: A book group for everyone interested in reading Black women authors. This month's book, *Gotham Diaries* by Tonya Lewis Lee and Crystal McCrary Anthony. Feel free to bring a lunch; drinks are provided. For more information, contact nicole.l.mcdonald@vanderbilt.edu

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### October Calendar of Events

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#### TUESDAY, OCTOBER 5

T-BLAST (Transgendered women, Bi women Lesbians, and Straight women Together)

**What**: This Month: The election! a dialogue about how this election will impact the T-BLAST community.

Where and When: VU GLBT House, 6:15pm-7:45pm (Meets the first Tuesday.) (www.vanderbilt.edu/glbt)

Who: This discussion group is free and open to all women. Co-Sponsored with the VU GLBT Office. For more information, contact jennifer.hackett@vanderbilt.edu, melinda.brown@vanderbilt.edu, or patricia.k.gardner@vanderbilt.edu

#### TUESDAYS, OCTOBER 5, 12, 19, 26

#### Creative Life Planning Group

**What:** A group for all dedicated to living life intentionally and creatively. Open to everyone in the community and is usually attended by women between 40 and 90 years of age.

Who: This group is free and open to everyone.

When: 11:30am-1:00 pm (Meets every Tuesday) For more information, call 322-4843.

#### WEDNESDAYS, OCTOBER 6, 13, 20, 27

#### Vanderbilt Feminists (Vandy Fems)

Who: Specifically for undergraduates (women and men), but open to all.

**What**: An undergraduate student group concerned about women's issues on campus, and promoting equality between genders.

When: 5:00 - 6:00pm (Meets every Wednesday) Contact emily.c.baunach@vanderbilt.edu or katharyn.i.christian@vanderbilt.edu Or just come to a meeting!

#### MONDAY, OCTOBER 11

#### **Book Group**

What/Who: The book group is open to new members at all times and is for anyone who loves to read.

The October book is *Gut Symmetries* by Jeannette Winterston. **When:** 5:15pm-6:15pm (meets the second Monday)

For more information, contact Jane Du Bose at jdubose@bell-south.net or Carmen Gherman at cggherman@yahoo.com.

#### TUESDAY, OCTOBER 12 AND 26

#### Creative Writing Group

What: The Creative Writing Group is open to new members! We look forward to hearing your piece. No writing experience necessary. You can bring a piece or create one at the group.

Who: This group is free an open to everyone. It is led by Anna Sir who will be doing some writing instruction as well as facilitation of the group.

When: 5:30-7:00pm (Meets the 2nd and 4th Tuesdays) For more info, or to RSVP, contact annasir@bellsouth.net

#### WEDNESDAYS, OCTOBER 13 AND 27

#### **Dissertation Writers Group**

What/Who: This support group meets about every three weeks to provide female Ph.D. candidates with objective reactions and fresh perspectives, as well as a place to unwind during the dissertation writing process.

Fall 2004 dates: 9/1, 9/22, 10/13, 10/27, 11/17, 12/8. **When:** 3:45pm-5:00pm (Meets every three weeks)

For more information, contact rory.dicker@vanderbilt.edu

#### WEDNESDAY, OCTOBER 13 AND THURSDAY OCTOBER 28

#### **Vandy Moms**

What: *Please note different date!* Oct 13th meeting will feature Gloria Gibbs-Hempel, aesthetician, who will speak on skincare procedures such as dermabrasion, chemical peels, and plastic surgery. Bring your questions and your brown bag lunch! Who: Moms of any age! Women who juggle! Superheroes! Open to all mothers, partnered or single.

What: A support network that provides advocacy for moms in the Vanderbilt and larger communities. It also provides programming to inform, empower and enrich.

When: 11:30am-12:30pm (Meets the second and fourth Thursdays.) To RSVP, contact misa.culley@vanderbilt.edu or call 343-4367.

#### THURSDAY, OCTOBER 21

#### NEW!!!!! Graduate Women Support Group

What/Who: If you are a woman in graduate school, you are going to need some support! Come and gather with others who are sharing your experience for dialogue, best practice sharing, and support. Meetings for the year: 9/30. 10/21, 11/11, 12/2, 2/3, 2/24, 3/17, 4/7, 4/28

When: 4:00-5:15pm (meets every three weeks)
Contact vanessa.k.valdes@vanderbilt.edu for more information.

#### **ANNOUNCEMENTS**

The Women's Center is getting serious about defending our lone parking space this year. The traffic and parking staff have instructions to tow anyone in the MCWC visitors parking space who does not have the pass displayed on their dashboard. If you come to the Women's Center to visit, please stop in at the front desk to get the display pass so that you can visit us with comfort and ease!

#### WEDNESDAY, OCTOBER 27 3:00 - 7:00PM

Don't forget the Wellness Bash -- free massages, gifts, door prizes and more! AT THE STUDENT REC CENTER

Nashville NOW (National Organization for Women) will have their meeting this month on Monday, October 25 @ 7:00pm at the Nashville Peace and Justice Center behind Scarritt Bennett. The meeting is free and open to members, guests, and those seeking more information. For more info, please contact CynthiaNashNOW@aol.com.

Drop by the Lambda Drag Show after dusk on October 8, Wilson Lawn for an evening of free entertainment!

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# Get Out YOUR Vote!

Over the past

year, students on campus

have become increasingly active in the upcoming election thanks in part to a relatively new group on campus called LEAD (Leaders Engaged in Active Democracy). Formerly VanderVotes, LEAD came into being last winter. Under the direction of Mark Dalhouse, who serves as faculty adviser, and Jenna Abel, his graduate assistant and liaison to the group, LEAD has been very busy this year sponsoring voter registration and primary night parties across campus during the primary contests. This year, they registered 230 freshmen at their orientation event and gave out absentee ballot information to at least 100 more students. They have canvassed Nashville neighborhoods to register voters, and are sponsoring Debate Watches on campus for the presidential debates this fall. On November 2nd, they will be in Sarratt Cinema broadcasting the election returns.

#### SEPT. 30, OCT. 5, 8, & 13

Presidential & Vice Presidential Debate Watch Where and When: Wilson 126, 6:00-9:00pm Please contact LEAD coordinator jenna.abel@vanderbilt.edu for more information.

#### It's Not Too Late--But Hurry!

Yes, it's election time again, folks--time to flex some political muscle! There are many websites out there that will assist you in getting registered to vote, but it's best to check out your home state's voter registration site. Some states even allow you to register online or you can print out the .pdf form on the website. It doesn't get much easier than that.

And just for you Tennesseans, the deadline to vote in the General Election is October 3, 2004. Check out the website

## Let Your Voice be Heard, November 2nd!



www.state.tn.us/sos/election/register.htm for more information.

If you're struggling with the decision of which candidate to choose, both candidates has a website complete with bios and policy statements. (www.johnkerry.com or www.georgewbush.com) Do your homework and cast an informed vote! And, just to make a point about how important your vote is--

#### Did you know ....?

-- According to the 2000 U.S. Census, there were 16 million unmarried, unregistered women and 22 million unmarried women who DID NOT vote? If unmarried women voted at the same rate as married women. there would be more than 6 million more voters in the electorate. (from website Women's Voices. Women Vote., www.wvwv.org)

--16% of Americans who vote are under the age of 30? You have the power to sway the election. (website www.rockthevote.com)

Your vote counts! Remember, President Bush won Florida, and the election by 537 votes in 2000...

Check out these websites for more information: www.feminist.org (Feminist Majority Foundation) www.rockthevote.com www.wvwv.org (Women's Voices.Women Vote.) www.now.org (National Organization For Women) www.getouthervote.org

#### **Book Reviews**

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#### Film review: Still Killing Us Softly With Jean Kilbourne

I felt that this film was amazingly accurate at how society today, especially in the advertising world, has contributed to many of the problems that we are facing with domestic violence. Jean Kilbourne did an amazing job using many examples in this film, examples few of us actually ever stop to think about. Kilbourne's critiques helps the viewer consider the impact of advertising and how these ads may be influencing our actions and how we conduct ourselves in society. She also makes a very good point of showing us just how impressionable these ads are with our younger generation as far as what is really acceptable. I thought that this film was very well done and is a must see for everyone, regardless of age or gender.

--Robin Van Arman

#### The Mommy Myth: The Idealization of Motherhood and How It Has Undermined Women

By Susan J. Douglas and Meredith W. Michaels In a funny and yet scathing style, Ms. Douglas and Ms. Michaels take us through the past thirty years of media images about mothers, including a look at the new "momism"—a trend in American culture that causes women to think that motherhood is where they'll find true contentment. The authors examine the images presented to women by the media, including the superficial achievements of celebrity moms, the sensational media coverage of daycare and the "mommy wars" between working moms and stay-at-home moms. They also assess the logic behind the values-based advertising presented in dozens of parenting magazines. Informative AND funny-A Must Read for every Mom whose ever tried to "do it all!"

--Misa Culley

#### ANNOUNCEMENTS

#### HEALTHY WOMEN NEEDED

New study is seeking women ages 18-30 to participate in a vaccine study to prevent genital herpes. We are looking for women who have never had genital herpes to participate in this 2-year study. This vaccine will *not* give you herpes. To find out if you qualify to participate in this very important research, please contact Jana Wheeler, Nurse Practitioner at 343-0784 or jana.wheeler@vanderbilt.edu.

#### IT'S FLU SEASON AGAIN!

The Occupational Health Clinic will conduct its annual flu vaccination program again this year. Vaccine will be provided at no charge to all Vanderbilt faculty and staff. The Flu vaccination Program is scheduled to begin on October 25, 2004.

To check flu availability, visit the website at http://www.vanderbilt.edu/HRS/wellness/occhealth.htm

#### 18th Annual Affirmative Action & Diversity Initiative Awards

will be held on Thursday, October 21, 2004 at the Wyatt Center Rotunda. Reception is at 3pm; program at 3:30pm. To RSVP, call 322-4705 (V/TDD) by October 14, 2004. Established in 1987, the Affirmative Action Awards were designed to recognize the accomplishments of the recipients and to encourage others to follow their example. Chancellor Gee will present cash awards of \$500.00 to the top honorees. Additionally, another fifteen to twenty individuals will receive Certificates of Recognition.

#### WOMEN'S CENTER CALL FOR ART ENTRIES

The Margaret Cuninggim Women's Center is currently accepting proposals for exhibitions for the year 2005. The Gallery at the Center is an intimate space with approximately 40 running feet. The Women's Center Arts Committee is interested in reviewing strong two-dimensional work by emerging female artists in the Middle Tennessee area with preference given to those with limited local exposure.

#### Requirements for the proposals:

A brief letter expressing interest in being exhibited; a brief "artist statement;" 10 slides or a CD with 10 works on it

#### Proposals must be received by November 15th.

Please send to: Margaret Cuninggim Women's Center

Vanderbilt University 2301 Vanderbilt Place Station B # 351513 Nashville, TN 37235-1513 attention: Jennifer Hackett

#### WHET CONFERENCE

Women in Higher Education in Tennessee will be sponsoring its 2004 Annual Conference at Tennessee State University, October 15. The conference will feature topics such as stress management, active learning and situational teaching, achieving Work-Life balance, and will also feature Patricia Pierce of ODC as the Keynote Speaker. For more information on the conference and to register, please refer to their website at www.TNWHET.org.

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## Women's VU mailing list

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