

Women's VU

Margaret Cuninggim
Women's Center

V A N D E R B I L T U N I V E R S I T Y

VOLUME XXIII:1 SEPTEMBER 2000

FEDERAL GRANT ON CAMPUS VIOLENCE

New programs promote education, service

In November of 1999, Vanderbilt and its Violence Against Women Task Force received \$435,000 from the U.S. Department of Justice to target the problem of violence against women on campus. This fall, staff and faculty members are eager to implement a variety of programs designed to educate students, faculty and staff about this widespread problem.

Program organizers will address the issues of stalking, dating violence, and sexual assault with all incoming freshmen at the mandatory Residential Life Series. The men's sessions are scheduled for September 5th and 6th and the women's sessions are scheduled for September 11th and 14th.

Sandra Harrell, coordinator of outreach and services, will be actively involved in the program: "These sessions will give us the opportunity to reach a large number of students. The hope is that the sessions will garner some interest in this issue," said Harrell.

For a longer-term response to the problem of violence against women on campus, organizers are working with students to develop peer education groups. September will be spent developing the curriculum and recruiting interested students. Then, organizers

will train the students to make presentations on date rape, stalking and relationship violence.

Peer educators will first give their presentations on the Vanderbilt campus and may later branch out to local high schools. Organizers hope to train a wide range of students from diverse backgrounds in order to reach a broad audience.

According to Harrell, using students to educate their peers about issues such as date rape is an important way of ensuring that a dialogue gets started and that the message gets through.

"Students are more likely to voice their opinion, generate questions and learn from a concerned peer than they would from someone they view as an authority figure," Harrell said.

A major focus of the grant to combat violent crimes against women on campus is educating and working with students. However, there is an additional component of the federal grant project that provides technical

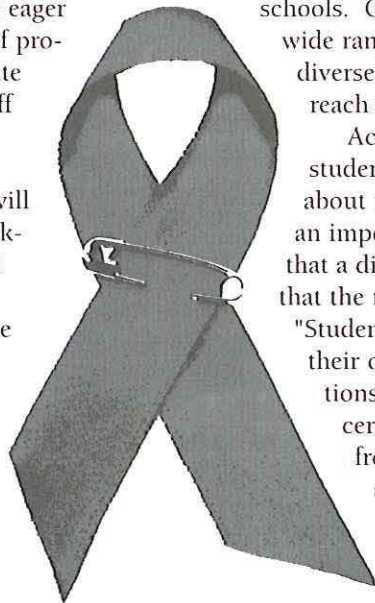
assistance training to the staff, faculty, and/or administrators at all 21 institutions that received these funds. CAL-CASA, the California Coalition Against Sexual Assault, partnered with the Department of Justice's Violence Against Women Office to organize quarterly educational conferences to update campuses on legal and policy issues. This coalition also assists with the develop-

ment of programming efforts which target students, staff, and faculty. Vanderbilt is privileged to host the third technical assistance training on September 19-21. As host of this event, the entire task force has the opportunity to learn about what other campuses are doing to combat violence against women and brainstorm creative ways to use this knowledge within the Vanderbilt and Nashville communities.

A Unique Educational Opportunity

Independent of, but parallel to the Task Force activities, this fall the Women's Studies Program is offering an upper level Women's Studies seminar, "Gender and Violence" (WS269) to be taught by Dr. Alison Piepmeier. Piepmeier included a unit on violence against women in the "Images of Women" class she taught last spring (WS150). After much success, she was eager to develop an entire course covering the subject: "The growing movement combatting violence against

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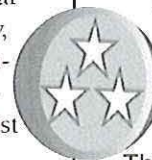


The White Ribbon Campaign was created in 1994 by men who sought to end men's violence against women. To learn more, visit <http://www.whiteribbon.ca>

How you can help

In 1994, Congress passed a crime bill that included the Violence Against Women Act, which provided federal funding through grants to help women who are victims of violence.

This act is due for reauthorization now. Contact your local representatives and encourage them to reauthorize this important piece of legislation.



New programs promote education, service *continued from page 1*

women is one of the most important sites of feminist activism today. I wanted to address this movement - the theory behind it and how it is practiced - in my Women's Studies classes," said Piepmeier.

The format for this course will differ greatly from traditional lecture-based classes in that it will be a service-learning course. "In service-learning classes, students must of course do standard 'classroom work' on a given topic, but they must also do service work to see how that topic plays out in the 'real world,'" said Piepmeier.

Students will spend 40 hours over the course of the semester volunteering with local community agencies that deal with gender and violence: the YWCA, Ujima House, the Domestic Violence Intervention Center or the Rape and Sexual Abuse Center.

Students will read essays about rape and woman battering, and instead of simply accepting what the author argues, they will be able to relate the argument to the work they are actually doing with rape survivors and battered women. "So, for instance," said Piepmeier, "a student who is working at the

Rape and Sexual Abuse Center may have a different, and more sophisticated take on Katie Roiphe's assertion that date rape is not a significant problem than a student in a non-service learning course."

At the end of the semester, each student will be responsible for producing a final project that will be useful for the agency for which they will be working, such as a grant application, a web page, informative brochures or a newsletter.

This seminar is part of an on-going effort by the Women's Studies Program to offer courses which address issues of concern to women at Vanderbilt. "We are especially pleased to make this course a part of the College of Arts and Science's move toward service learning," said Dr. Ronnie Steinberg, Director of the Women's Studies Program. "We

plan to offer this course at least once a year, and hopefully, every semester."

"My goals for the course are for the students to gain a theoretical grounding in feminism and feminist approaches to understanding violence against women, and also for students to see how these issues matter to the real survivors and perpetrators of violence and their service providers," said Piepmeier. "I also want the students to leave the class feeling not overwhelmed by the problem but empowered to assess the problems realistically and do something about them. By doing service, the students will not only be seeing the real dimensions of the issue of violence against women, but they will be acting as part of the solution."



VUPD Empowers Women

Vanderbilt University Police and Security Department offers a practical, "hands on" personal safety and self-defense course for women, the R.A.D. (Rape Aggression Defense) program. R.A.D. provides:

- * Reliable, professional training through annually certified instructors
- * Practical self-defense options which specifically apply to the female physiology and mind set
- * A comprehensive program emphasizing awareness, prevention, risk reduction and avoidance
- * A continuum of strategies to counteract assaults by strangers and acquaintances
- * Integrity and compassion for its female participants
- * In case a participant needs assistance with a past or future incident, in-house (VUPD) instructors can provide quick and knowledgeable access to university and other local resources
- * Lifetime guarantee for education and practice

RAD Class Schedule (Basic Physical Self-Defense)

All classes are from 5-9 pm and will be held in Carmichael Towers East Basement

September 18, 25 and October 5	October 9, 18 and 25
October 30, November 6 and 13	November 27, 30 and December 6

Cost: \$20.00 -- VU affiliated or immediate family member
\$40.00 -- Non-VU affiliate

(Covers the cost of manuals, supplies, and refreshments)

Contact J.J. Oakley or Andrew Atwood (Phone: 2-2558) for reservation information. If a class is filled, every effort will be made to place students in the next class or schedule additional classes. For additional information see the VUPD web site at <http://www.vanderbilt.edu/VUPD/vupdhome.htm>.



Women's VU is published monthly September through June at the Margaret Cuninggim Women's Center, Vanderbilt University, Nashville, Tennessee.
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Visit our web site at:
www.vanderbilt.edu/WomensCenter/womenctr.htm

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In the Gallery this October:

Valentine captures the essence of childhood in artwork

Pablo Picasso once said, "All children are artists. The problem is how to remain artists once they grow up." In many ways, Jonda Valentine's life is a reflection of these words. Valentine remembers sketching, drawing and painting from early childhood. When she became an adult, her focus changed as she did. "Life has a way of changing one's focus from one's gifts to one's responsibilities," noted Valentine.

In the late 70s, Valentine married and had two children. Then, in 1981, she recorded and produced a gospel



"Sarah Jo," oil on canvas , 1999

album entitled, "Identical," with her twin sister, Rhonda. Later, she sang back-up for Ronnie Milsap in the Marlboro Country Music Concert Tour. Following a divorce from her husband, Valentine changed careers again, becoming a certified nurse technician for the Nashville Metropolitan Health Department. Before leaving her job in 1997, Valentine was promoted to Program Coordinator in Health Promotions.

On January 1, 1998, Valentine opened her own portrait studio, "Gifted By Gardener." It was then that she

could focus her energies on creating portrait art using her favorite medium, oil on canvas. "I am a portrait artist who specializes in capturing subjects in their most natural setting - reflecting reality in portrait art," says Valentine. "My work is untraditional in composition but very traditional in technique."

The subjects in Valentine's work are often depicted in natural poses, sleeping beside a favorite toy, smiling in the winter snow, or simply gazing at the camera with innocent, wide-eyed expressions. "I focus on more candid compositions, which reflect my subjects' inner spirit and strength of character," said Valentine.

Valentine received a bachelor of Fine Arts and Education degree from Belmont University in 1997. Her work has received numerous commendations and awards. Most notably, in 1997 Valentine created a design that was sandblasted onto a glass-blown ornament, which was then sent to the White House for the 1997 Christmas celebration. Valentine later attended the artist's reception in Washington D.C. at the invitation of President Clinton.

Valentine began her business by first painting "portrait boxes" of children at the request of customers. She would paint the child's portrait on the top of a small wooden keepsake box, using the bold colors which so often distinguish her art. According to Valentine, this small-scale project created a "chain reaction." "Every time I made one, my customer told a friend about my work. That friend would then call me wanting to have a portrait box made of their own child," she noted.



"Children have the greatest ability to reveal their true essence; therefore, children monopolize most of the attention in my work" says Valentine.

Her business soon developed into painting portraits of both children and adults. "People get the mistaken impression that I only paint children, but I also enjoy painting portraits of adults," says Valentine.

Of all her numerous activities and accomplishments, Valentine is most content to be in the studio creating beautiful works of art for others to treasure. "I have found my inner child again and am using it to focus my energy on what I was born to do - paint."



"Reese," oil on canvas
1999

Valentine's show "Child's Play" will be exhibited in the gallery at the Women's Center from October 2 through November 17. Please join us for the opening reception on Thursday, October 5 from 4:30 pm to 6:00 pm at the Women's Center.

In the Gallery:

Silent Witness Exhibition to be displayed in September

The Margaret Cuninggim Women's Center is pleased to sponsor the Silent Witness Exhibition, which calls attention to the senseless loss of life from domestic violence.

The project was conceived in 1991 in Minnesota, and since that time Silent Witness Exhibits have been erected and displayed throughout the country. The Nashville exhibit was first unveiled in 1998 and has been displayed in a number of Nashville locations and in other cities across the state. The exhibit figures were created with the donated labor of local builder Bruce Mott, and it is sponsored by the Nashville Section of the National Council of Jewish Women (NCJW).

The Silent Witness collection remembers sixteen Davidson County women who were killed by their husbands or boyfriends between 1995 and 1997. Each woman is commemorated in a life-size wooden silhouette with a shield over her heart which tells something about her life and

death. A seventeenth figure represents the untold stories of other battered women whose domestic violence deaths went unrecognized and unreported.

The women range in age from 17 to 54 and include a school nurse, a special education teacher, mothers, daughters, sisters and friends. They were killed by handguns, knives and bare hands. Since the exhibit was first displayed many more women have suffered the same tragic end.

The NCJW hopes to raise awareness of the tragic effects of domestic violence and to help people in need connect with appropriate resources. Along with the figures, information with phone numbers for the YWCA's domestic abuse hot line and the Police Department's Domestic Violence Division will be distributed, and fact sheets will also be available.

The Silent Witness exhibit will be shown September 4-22 in the gallery of the Women's Center.

Through the work of its 650 local members, the National Council of Jewish Women furthers human welfare in the Jewish and general communities, locally, nationally and internationally.



"To promote peace, healing and responsibility in adult relationships in order to eliminate domestic murders in the U.S. by the year 2010."

*-The Silent Witness National Initiative
Mission Statement*



women's HEALTH MATTERS

The Margaret Cuninggim Women's Center and the Vanderbilt-Ingram Cancer Center (VICC) are partnering to offer women in the Vanderbilt and Nashville communities additional information and services related to the issue of breast cancer. According to the National Cancer Institute, one in eight women will develop breast cancer in her lifetime. In the United States this year, 182,800 new cases of breast cancer will be diagnosed in women. Breast cancer does not discriminate. It affects all women. But we can do something empowering in response.

Most women discover their own cancers. By being familiar with her body, a woman may catch a lump before it shows up on a mammogram (as many as 15% of palpable breast cancers are not seen on a mammogram). And, if breast cancer is detected early, the five-year survival rate is over 95%.

There are three keys to early detection:

1. Monthly breast self exams (BSE) beginning at age 20.
2. Yearly clinical breast exams performed by a health-care professional.
3. Yearly mammograms after age 40.

Breast self exam ensures that a woman is familiar with her body and able to recognize changes in her breasts. However, with our busy lives, remembering to do a BSE every month is difficult. The Women's Center and Vanderbilt-Ingram want to help you. If you supply your name, mailing address and e-mail address you can be placed on a list to receive at least one of several of the following services or pieces of information.

- * a monthly e-mail reminder about performing a self breast exam
- * additional information related to the issue of breast cancer
- * "Momentum" - the quarterly newsletter from VICC that addresses all types of cancer
- * the monthly newsletter from the breast cancer support group at VICC
- * information about Family Cancer Risk Services at VICC that focuses on the inherited risk of cancer
- * information for survivors with questions about recurrence

For more information on breast health, visit <http://www.vicc.org>. To sign up for the monthly reminder, women can e-mail Gill Murrey (VICC) at gill.murrey@vanderbilt.edu or send requests by campus mail to: Vanderbilt-Ingram Cancer Center, Office of Communication and Outreach, 260 West End Building, 37203-8640.



M Margaret
Cuninggim
Women's Center
*Calendar
of Events*

SEPTEMBER

Monday, September 4 - Friday, September 22, 8:30 am - 5:00 pm

"The Silent Witness" by Nashville Section of the National Council of Jewish Women
See article on page 4.

Tuesday, September 5, 12:00 noon - 1:00 pm

Creative Life Planning Group meets over lunch every Tuesday to share problem-solving information and provide support for life changes. New members are welcome. Also meets September 12, 19 and 26

Tuesday, September 5, 7:15 pm

Students for Women's Concerns Tuesday evenings throughout the academic year, Students for Women's Concerns meets at the Women's Center. Meetings are open to all students, male and female.

Wednesday, September 6, 4:00 pm - 6:00 pm

New Female Faculty and Administrators Reception The Women's Faculty Organization and the Women's Center are cosponsoring their annual welcome reception for new female faculty members and administrators in the University and the Medical Center. Please R.S.V.P. with the Women's Center at 322-4843 to attend the reception.

Monday, September 11, 5:15 pm

Book Group discusses *Tender at the Bone* by Ruth Reichl. Amy Bohnert will facilitate the discussion.

Tuesday, September 12, 3:00 pm

Women's Center Advisory Board Meeting in room 116 in the Sarratt Student Center

Thursday, September 14, 12 noon

-1:00 pm Dissertation Writers Group for Women An organizational meeting - Dr. Darlene Panvini, Assistant Director of the Center for Teaching, will serve as facilitator. See page 8

Thursday, September 21, 12:00

noon - 1:00 pm

Reading Sisters This book group focuses on the writings of black women authors.

Check the Women's Center web site (<http://www.vanderbilt.edu/WomensCenter/book-list.html>) for the selected book. Everyone is welcome to participate - students, staff, and faculty. Books available at the VU bookstore. Contact Hilary Forbes at 322-6518 or hilary.forbes@vanderbilt.edu with any questions.

Last Week in September - location and time to be announced

Election 2000 Are you still undecided about which presidential candidate you will support? The Women's Political Caucus is cosponsoring a bi-partisan panel discussion spotlighting the Republican and Democratic presidential candidates.

Thursday, September 28, 6:00 pm

ABCs of Car Maintenance - Towers East, room 208

Pat Claybaker, co-owner of The Workshop, will offer tips on how to wisely care for your car. The workshop will start at 6:00 and should end around 7:30pm. Light refreshments will be served. Registration is required. Contact Hilary Forbes at 2-6518 or hilary.forbes@vanderbilt.edu.

How to find us . . .

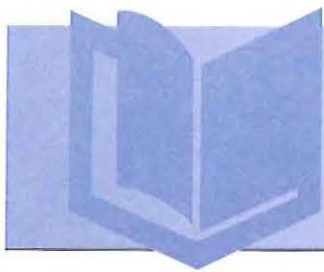


The Cuninggim Center is located in the Franklin Building at 316 West Side Row.

PLEASE SAVE AND POST.

Unless otherwise stated, all programs are held at the Cuninggim Center, Franklin Building, 316 West Side Row.

For more information on the events listed, call 322-4843.



IN THE LIBRARY

BARBARA CLARKE
Women's Center librarian



Friedan reflects on career in memoir *Life So Far*

Betty Friedan, who has been the subject of several biographies, relates her own story in *Life So Far* (Simon & Schuster, 2000). The feisty Friedan, who is still working at the age of 79, came to prominence in 1963 with the publication of her groundbreaking work, *The Feminine Mystique*. Many women consider that this book revolutionized their thinking and their lives.

The writer chronicles her life from her childhood in a Jewish family in Peoria, Illinois, to her present position as Distinguished Visiting Professor at Cornell University where she directs a program focusing on women and work. She was a major force in the women's movement: the founding president of the National Organization for Women and a co-founder of the National Women's Political Caucus and of the National Abortion Rights Action League. She marched, lectured and wrote on behalf of women's rights and organized or participated in many conferences and meetings. At the same time she was bringing up three children. She reveals that for years she was beaten by her husband yet was very reluctant to leave or divorce him.

Friedan, who is well aware of her reputation as a somewhat difficult and combative person, is not at all modest about her achievements and is quick to criticize other well-known feminists, including Simone de Beauvoir, Gloria Steinem, Bella Abzug, Kate Millet, Germaine Greer and Robin Morgan.

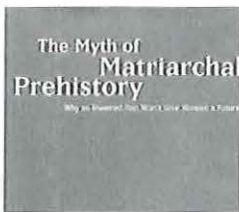
LIFE SO FAR



BETTY FRIEDAN

Prevailing theories about prehistoric matriarchies are merely myths, according to Cynthia Eller, an associate professor of history and religion at Montclair State University. In *The Myth of Matriarchal Prehistory: Why an Invented Past Won't Give Women a Future* (Beacon Press, 2000) she claims that there is virtually no proof that in the prehistoric past women were revered, that society was centered around females, that goddess worship predominated and that humans lived in peace and harmony with one another and with nature. At some later stage, according to most myths, society became dominated by men and was transformed into the patriarchy that has existed throughout most of history.

Many students are being taught various versions of these myths, which are very appealing and comforting to many women. However, according to Eller's detailed analysis, there is no proof that such a utopian society ever existed and much to suggest that it did not. She admits that there were some powerful women and that many societies worshiped both gods and goddesses.



The writer believes that it is not in the best interests of feminists to promote false theories or to invent history; this will not help to end sexism or to achieve equality for all. She is also uncomfort-

able with the narrow gender stereotypes embedded in matriarchal myths and feels that "clinging to shopworn notions of gender and promoting a demonstrably fictional past can only hurt us in the long run as we work to create a future that helps all women, children, and men flourish."

Women who have chosen to stay at home with their families or who are

And
What
Do You
Do?

When
Women
Choose to
Stay Home

thinking of doing so will be heartened to read *And What Do You Do? When Women Choose to Stay Home* (Wildcat Canyon Press, 2000) by feminist journalists

Loretta E. Kaufman and Mary W. Quigley. This volume is aimed especially at educated middle-class married mothers who are in a position to put their careers on hold for the sake of their families.

The writers surveyed a large group of women who had decided to stay at home temporarily or permanently, to switch to part-time work, change career directions or work from home. Most had grown up with feminist ideals, had held professional positions and did not give up or interrupt their careers without some degree of anguish. The authors, who believe that the terms "family CEO" and "new traditional wife" accurately describe these mothers, found that most of them considered that they had made the right decisions about their careers.

Staff Spotlight:

Sandra Harrell named coordinator for outreach and services

The Women's Center welcomed Sandra Harrell to its staff family June 19th. As Coordinator of Outreach and Services for the campus grant project from the U.S. Department of Justice to combat violence against women, Harrell is responsible for coordinating all of the efforts to end violence against women on campus at Vanderbilt. A daunting task for most people, but not for Harrell. Having fought to end violence against women for a number of years, she is ready for the challenge and is determined to change things.

Prior to coming to Vanderbilt, Harrell was Counselor/Legal Advocate/Legislative Liaison for Turning Point Battered Women's Shelter in Alexandria, Louisiana. She also worked part-time for Family Counseling Agency's Rape Crisis Center and part-time for Volunteers of America's Safe and Smart Program, a sex-education program for at-risk youths.

"The position spoke to a variety of my interests," said Harrell. "It's an opportunity to work with college-aged students to prevent sexual assault, dating violence and stalking. It was important to me that the Women's Center was so directly involved with the grant and that the goals of the Center were clearly aligned with my own values. I was also drawn to the notion of building on the alliances with the community service providers, all of whom I greatly respect."

Since her job is designed to respond to the level of interest and needs of the campus community, every day offers an interesting mix of duties and challenges. On any one day, Harrell might consult, attend meetings, train students, lead programs or correspond and collaborate with local and national experts on the issue of violence against women. Her overall focus, however, will be generat-

ing student interest in fighting violence against women on campus.

"My primary concern revolves around garnering student interest in this



Sandra welcomes visitors as she gets settled into her new quarters on the top floor of the Women's Center.

“ My challenge is to convey that ending violence against women is central to any struggle for equality and justice ”

issue. From what I know so far, Vanderbilt's students are already committed to so many important issues that it may be difficult for them to find the energy to work on this one. My challenge is to convey that ending violence against women is central to any struggle for equality and justice,” said Harrell.

A critical aspect of the grant focuses on outreach to underserved populations.

“Since violence

against women impacts every race, religion and socioeconomic background, it is important to me and this project that we include these groups,” Harrell said.

Another underlying concern for Harrell is the necessity of coordinating a new and innovative response to the issue. “The last thing we want is to duplicate programs or ideas that already exist,” Harrell said. “We want to identify programs already occurring on campus,

coordinate an organized response, and then initiate new programs that build on the knowledge we've gained from organizing the previous ones. I want this effort to transform campus and community thinking.”

Harrell received a Master of Arts degree with a concentration in Women's Studies from Goddard College in Vermont in May of 2000. A native of Louisiana, Harrell has also lived in Alabama, Michigan and Germany.

Hilderbrand joins team as editor of Women's VU

Susan Hilderbrand, the new editor of *Women's VU*, just completed school last

December, receiving a Master degree in English from the University of Tennessee, Knoxville.

For her master thesis Hilderbrand did a study on Oprah's Book Club, analyzing the discourse on several shows which dealt most explicitly with race and gender. “I'm interested in theories of discourse on television - how the construction of an Oprah Book Club Show asks people to think and then immediately blocks, interrupts, or manipulates that very thinking,” she said.



Hilderbrand is pleased to be pursuing a long-time interest: writing and researching about women's issues. “I edited and wrote for the women's center newsletter at Tennessee Tech, and am thrilled to be doing it again here at Vanderbilt.”

Hilderbrand welcomes letters, comments, and announcements for upcoming issues of *Women's VU*. See the blue box on page 2 for contact information.

A N N O U N C E M E N T S



Looking for short-term, rewarding volunteer work? Women are needed for **"Better Decisions,"** an eight-week course which teaches decision-making and life-planning skills to inmates at the Tennessee Prison for Women. Volunteers work one-on-one with an inmate/partner for one-hour weekly sessions during the eight weeks, September 25-November 13. Volunteer training is scheduled for September 16-17. Please call Kathy Masulis at 832-8327 for more information.



Join the Dissertation Writers Group for Women

The Margaret Cuninggim Women's Center sponsors a group for women working on doctoral dissertations which provides problem solving, trouble shooting, and moral support. The group is organized at the beginning of each year; no additional participants are admitted after the first meeting each semester. **The organizational meeting for Fall 2000 semester is scheduled for Thursday, September 14, 2000 at 12:00 noon** in the Margaret Cuninggim Women's Center, Franklin Building, 316 West Side Row. The group is facilitated by Dr. Darlene Parvini, Assistant Director of the Center for Teaching.



The annual Take Back the Night march cosponsored by Belmont University, Vanderbilt University and the YWCA is scheduled for Monday, October 16 at 7:00 pm. If you are interested in participating or planning this event please contact Hilary Forbes at 322-6518 or hilary.forbes@vanderbilt.edu.



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