

Picture this

Center's exhibits spotlight work of local women artists

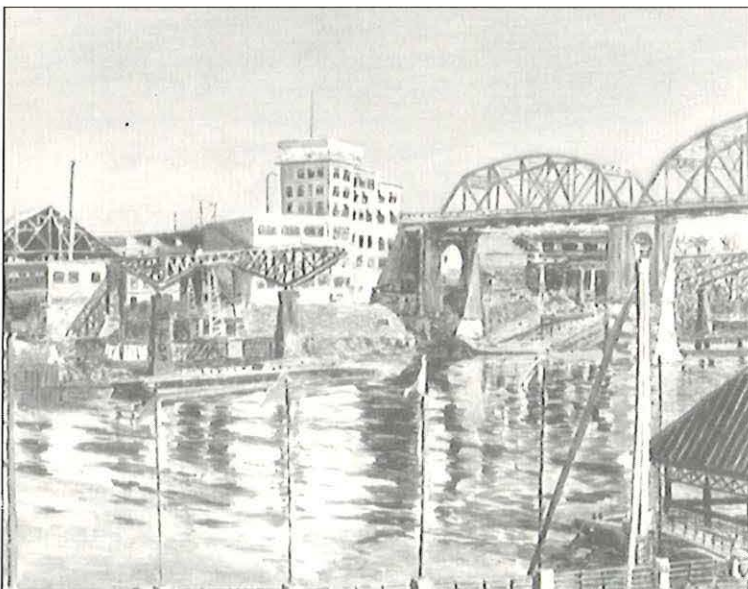
by Lynn Green
Editor, Women's VU

When artist Ann Tiley opens her exhibit of paintings at the Margaret Cuningim Women's Center this month, she joins a growing roster of local women who have shown their work at the cozy gallery on Vanderbilt's West Side Row.



Ann's Nashville

Artist Ann Tiley (left) shows her affection for Nashville by painting many of her favorite local scenes, including the view of the Cumberland River (below). Her exhibit of paintings will be on display at the Women's Center through Oct. 30.



The art exhibits are a natural extension of the work and mission of the center, which has spent almost two decades promoting discussion of gender issues and providing support and resources for women on campus and in the local community.

Tiley's exhibit gives new and returning students, faculty and staff an opportunity to visit the center's Victorian cottage and find out more about upcoming special events and ongoing interest groups.

"Ann's Nashville" features paintings of familiar local scenes ranging from the Parthenon to the Sunshine Grocery. Tiley says she fell in love with the city when she

*A reception will be held Thursday, Sept. 4
from 5 to 6 p.m. to honor
artist and musician Ann Tiley.
Join us for an hour of music and art.*

moved here in 1979 and has used her canvas to capture some of her favorite places.

In addition to painting, Tiley also plays several acoustical instruments and will perform during a reception in her honor Sept. 4. Although she studied psychology, as an undergraduate at Duke and as a graduate student at Vanderbilt, Tiley says art and music are her enduring passions. She was initially drawn to Nashville because of the music scene here and, like many other transplants to the city, has a strong interest in songwriting.

To support herself while pursuing her artistic endeavors, Tiley has held jobs ranging from "university professor to maid." During that time, she has painted the scenes, places and people she encounters. "They're all very Nashville and very important to me," Tiley says of the subjects depicted in her oil paintings.

The Women's Center has featured the work of local women artists since 1992, when additional space in its Franklin Building offices became available. Nancy Ransom, who recently retired as the center's director, recalls standing in a water-damaged and disheveled first-floor room with Cindy Brown, an artist and long-time supporter of the center (and current cartoonist for *Women's VU*).

Continued on page 4



"OK. OK! I believe you. You did take a self-defense course."

VU senior women can gain career edge in mentoring program

A mentoring program that matches Vanderbilt students with local businesswomen is seeking senior women who are interested in looking behind the scenes at possible career choices.

"This can be an incredibly valuable experience, and I wish more women would take advantage of it," says Anne Edmunds of the Career Center.

Students who participate in Career Connections are paired with women who work in their areas of career interest. The program is geared not at helping students find a job, but at providing a mentoring experience to benefit their future careers.

The businesswomen who participate are members of two organizations — the Nashville Women's Breakfast Club and CABLE, a networking organization for women.

The only requirements for student participants are that all women must be seniors and must be registered with the Career Center, which co-sponsors the program with the Margaret Cuninggim Women's Center.

Any student who wants to participate should attend one of two brief organizational meetings to be held Wednesday, Oct. 8. The first session will be from 12:15 to 12:45 at the Women's Center; the second session will be at 5 p.m. in Alumni Hall, room 203. The deadline to apply for Career Connections is Oct. 17.

After students are paired with mentors, an informal get-together will be held for the entire group, Edmunds says. After that students will be encouraged to contact their mentors individually to set up future meeting times. The number and nature of the meetings are left entirely up to the participants. Some pairs meet only once or twice, while others who "click" get together more frequently, at lunch or on-the-job.

If you're interested or would like more information, call Edmunds at 343-6869 or Judy Helder at 322-6518.



Women's VU is published monthly September through June at the Margaret Cuninggim Women's Center, Vanderbilt University, Nashville, Tennessee.
 Campus address: 316 West Side Row.
 Mailing address: Box 1513, Station B, Nashville, TN 37235. Phone: (615) 322-4843.
 Fax: (615) 343-0940. E-mail address: womenctr@ctr.vax.vanderbilt.edu.

Judith Tefft Helder, assistant director for programs

Barbara Clarke, librarian

Gladys Holt, office manager

Lynn Green, editor (direct dial 343-4367)

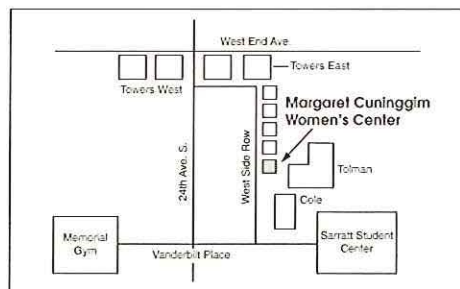
Cindy Brown, cartoonist

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Student job opportunity

The Women's Center is seeking a student reporter to write for *Women's VU*, which is published monthly during the school year. Writing experience and interest in women's issues preferred. This position has a flexible schedule and requires no more than 10 hours per week. To apply, please call the editor, Lynn Green, at 343-4367 and leave a message with your name, school year, phone number, and a time when you can be reached.

How to find us . . .



AAUW programs promote opportunities for women

by Darlene Panvini

This summer I was given the opportunity to become Vanderbilt's representative to the American Association of University Women (AAUW) and to attend its pre-conference symposium in June. Having little prior knowledge of AAUW and never having attended such a symposium, I found the experience interesting and worth sharing with readers of *Women's VII*.

First, what is AAUW? AAUW is a complex organization consisting of three corporations:

1) The **Association** focuses on programs and policies, such as educational equity for girls in grades K-12, training to prevent sexual harassment in schools, encouraging girls in math and science, Title IX, affirmative action, and a voter education campaign.

2) The **Foundation** funds research by and about women and provides various fellowships (several of which have been awarded to Vanderbilt women). The well-known studies *Shortchanging Girls*, *Hostile Hallways*, *Growing Smart* and *Girls in the Middle* were funded by the foundation.

3) The **Legal Advocacy Fund (LAF)** financially assists women who are filing sexual harassment, tenure denial or athletic discrimination cases. LAF also provides a volunteer network of attorneys for women.

Second, what was the symposium like? The theme was "Gender and Race," and the various panels, concurrent and keynote sessions highlighted many prominent women. Throughout, I was constantly made aware of what I could bring back to Vanderbilt and what we could do to enhance opportunities for girls and women here.

Topics covered related well to the many different hats I wear. For example, I wondered if the women students I teach would be interested in adopting a fascinating leadership program from Westhampton College that ties together Women's Studies courses, guest speakers on women's issues and women student organizations. As an instructional developer at the Center for Teaching, I gleaned some helpful tips from a model workshop on gender equity in the classroom that was presented to an all-male science and engineering faculty at Georgia Tech. As an instructor in the biology department, I was reminded of the need to make my biology course more inclusive from both a gender and race perspective. A panel session providing tips for women in academic writing and publishing will undoubtedly be helpful to my career. As a woman employee in higher education, I was intrigued to hear about the struggles and proactive steps taken by women with regard to sexual

harassment, tenure, and overall working climate. As a parent and aunt, I was especially interested in the session on self-esteem and leadership for young girls, as well as literature on raising feminist boys.

But there were three recurring messages that I continue to ponder because they encompass all my many hats and get at the core of who I am and the woman I strive to be:

- We need to carry the issues and ask the questions of others in our community (with regards to racism, sexism, etc.) and doing this will provide us with a source of strength and power.
- We need to publish more success stories so they can be incorporated into our curriculum and into our lives, and
- We need to move away from having knowledge and competence gendered and racialized.

If you want to know more about AAUW, find out about fellowships or get details on topics covered at the symposium, please contact me. ■

Editor's note: Panvini, assistant director of the Center for Teaching and a lecturer in biology, is assuming two new roles this semester. In addition to serving as the university's new AAUW representative, she will head the Women's Center support group for dissertation writers (see article below).

Support for dissertation writers

The Margaret Cuninggim Women's Center sponsors a Dissertation Writers Group for women. The group provides problem-solving, troubleshooting, and moral support for women who are writing doctoral dissertations. New students are admitted only at the beginning of each semester. Darlene Panvini, assistant director of the Center for Teaching, facilitates the group.

An organizational meeting will be held Monday, Sept. 1 from 4 p.m. to 6 p.m. at the Women's Center, 316 West Side Row. Students should bring a typed abstract of their dissertation with their name, department, school, address, phone number(s), and e-mail address.

Students who are unable to attend the organizational meeting should call 322-4843 and send their abstract to Panvini in care of the Women's Center, Box 1513-B.

Center's Advisory Board plans picnic, first meeting

The Advisory Board of the Women's Center will hold its annual picnic at 5 p.m. Sept. 5 under the large pavilion in Centennial Park. Family and friends are welcome.

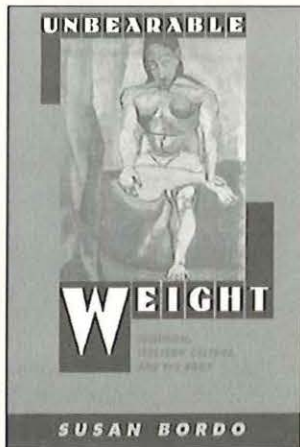
The board is composed of students, faculty and staff members who work closely with the center on programming and long-range planning. Martha Young is the current chair.

The Advisory Board's first meeting of the academic year is set for Wednesday, Sept. 24 at 4 p.m. in the Branscomb Private Dining Room.

Coming this fall

Several nationally recognized scholars will speak at Vanderbilt this fall on topics related to women and gender. Mark these events on your calendar and watch future issues of *Women's VU* for more information:

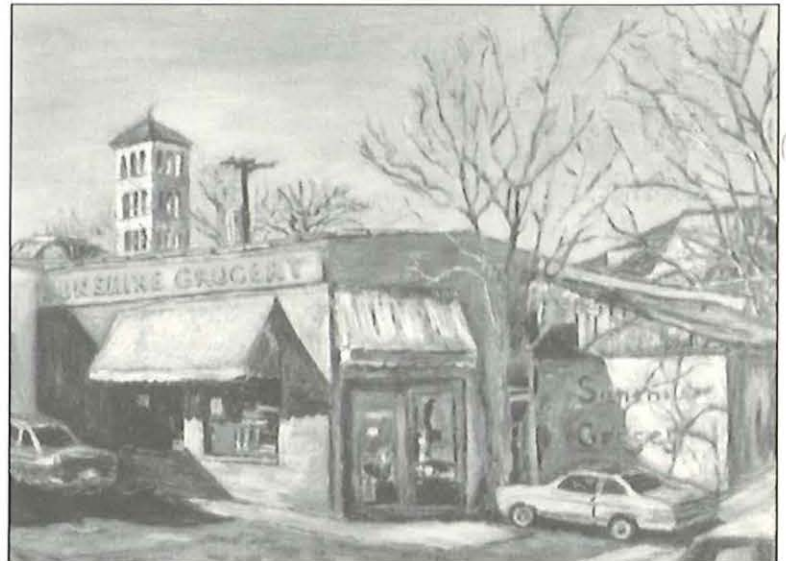
■ **SUSAN BORDO**, an expert on body image and eating disorders, will speak October 9 in an appearance sponsored by Women's Studies. Her best-known book, *Unbearable Weight: Feminism, Western Culture and the Body*, was nominated for a Pulitzer Prize and named a 1993 *New York Times* notable book. Bordo's lecture is titled "Never Just Pictures: Our Bodies, Ourselves in the Age of Virtual Reality."



■ **MICHAEL KIMMEL**, a well-received speaker in previous campus visits, returns to Vanderbilt October 21 to discuss his insights on improving relationships between men and women. Kimmel will give a lecture, "Save the Males," and a slide presentation, "The History of Masculinity," based on his book *Manhood in America: A Cultural History*.



■ **PATRICIA HILL COLLINS**, recognized as one of the preeminent voices of black feminism, will give the 1997 Margaret Cuninggim Lecture on November 6. Collins is a sociologist from the University of Cincinnati who authored the prize-winning 1990 book, *Black Feminist Thought: Knowledge, Consciousness, and the Politics of Empowerment*.



Among the familiar scenes painted by artist Ann Tiley is this image of the Sunshine Grocery.

Art exhibits *continued from page 1*

"Cindy looked at this room, which was in a shambles, and said, 'We could have a little gallery here,'" Ransom said. As the space was renovated, fixtures for a small gallery were included. In the years since, emerging artists with few other available outlets have found space to show their paintings, sculpture, collages and photography.

Jeannie Rice, who works in the Campus Planning department, headed the center's first arts committee. She says the early focus was on showing the work of lesser known women artists. "Women have had a little harder time showing their work and making a living out of it," Rice notes, so it seemed only natural that the Women's Center would provide space for showcasing their work. More recently, established artists such as Marilyn Murphy, Arlyn Ende and Susan DeMay have also exhibited at the center.

In addition to Tiley, four other women artists will show their work at the center during the school year. Exhibits are on display in the first-floor gallery of the Franklin Building Monday through Friday from 8:30 a.m. to 5 p.m. ■

September BIRTHDAYS OF NOTABLE WOMEN

- 3 JANE ADDAMS (b. 1860), an advocate for social justice who founded Hull House in Chicago and was the first American woman to win the Nobel Peace Prize.
- 14 KATE MILLETT (b. 1934), whose 1970 book *Sexual Politics* was a key influence in the women's liberation movement.
- 26 EDITH ABBOTT (b. 1876), dean of the University of Chicago School of Social Science and first woman dean of an American graduate school.

SEPTEMBER

Calendar of Events

Margaret
Cunningim
Women's Center



Please save and post. Individual flyers for these programs may not be sent.

SEPTEMBER 1 / MONDAY

Dissertation Writers Group will hold an organizational meeting from 4 to 6 p.m. with Darlene Panvini, assistant director of the Center for Teaching, facilitator. *See article, page 3 for details.*

SEPTEMBER 2 / TUESDAY

Creative Life Planning Group meets weekly to share problem-solving information with other women and provide support in life changes. Bring your lunch; drinks are provided. Noon to 1 p.m. For more information call Judy Helfer at 322-6518 or e-mail helferjt@ctrvax.Vanderbilt.edu.

SEPTEMBER 4 / THURSDAY

Artist's Reception for Ann Tiley. The artist will discuss paintings in her exhibit, "Ann's Nashville," and play acoustical music from 5 to 6 p.m. Her paintings of local scenes are on display at the Women's Center from Aug. 26 to Oct. 30. *See article, page 1.*

SEPTEMBER 8 / MONDAY

Book Group meets to discuss *The Temple Bombing* by Melissa Fay Greene. Facilitator is Janie Shuman. 5:15 to 6:15 p.m. New members welcome.

SEPTEMBER 9 / TUESDAY

Creative Life Planning Group will hear Katherine Correa discuss Breema, an ancient body work tradition to relieve tension, increase vitality and foster good health. Correa will describe the origins of Breema and how the series of rhythmic movements, stretches, postures, and holds creates a renewed state of balance and harmony. Since this is an experiential workshop, comfortable clothing for sitting on the floor is suggested. Noon to 1 p.m. For more information call Judy Helfer at 322-6518 or e-mail helferjt@ctrvax.Vanderbilt.edu.

SEPTEMBER 16 / TUESDAY

Creative Life Planning Group meets for personal issues discussion. Noon to 1 p.m.
ABCs of Car Maintenance. Pat Claybaker, co-owner of The Workshop, offers tips on how to be a wise consumer of car maintenance. Questions may be submitted in advance to the Women's Center. Light refreshments at 5:30 p.m., workshop 6 to 7:30 p.m., Sarratt Student Center, room 205.

SEPTEMBER 19 / FRIDAY

Menopause: Fact and Fiction is the topic of a Faculty/Staff Breakfast from 7:30 to 9 a.m. at the University Club. Dr. Esther Eisenberg, Associate Professor of Obstetrics and Gynecology, Reproductive Clinic, will speak and answer questions. Co-sponsored by Women's Center and Women's Faculty Organization. Fee \$3. For reservations call Judy Helfer at 322-6518 or e-mail helferjt@ctrvax.Vanderbilt.edu.

SEPTEMBER 23 / TUESDAY

Women on the Web is the topic of the Creative Life Planning Group in a session led by Sam Myers Sims, a graduate student in Materials Science and Engineering. Location with computer access to be announced. Noon to 1 p.m.

Freelance Writers Group, a group of women writers who meet monthly to get feedback from other writers and share information. 5:30 to 7:30 p.m. For more information contact Beth Grantham, facilitator, at 352-9214. New members welcome.

SEPTEMBER 30 / TUESDAY

Creative Life Planning Group meets for personal issues discussion. Noon to 1 p.m.

Unless otherwise stated, all programs are held at the Cunningham Center, Franklin Building, 316 West Side Row. For more information, please call 322-4843.



Books explore conflicts, challenges facing today's families

The Way We Really Are: Coming to Terms with America's Changing Families (BasicBooks, 1997) is a valuable new study of the family by social historian Stephanie Coontz, whose best-known previous book is *The Way We Never Were: American Families and the Nostalgia Trap*. Coontz continues her research into the changing family and feels that we should "focus on constructive solutions rather than destructive labeling, so that we can learn how to minimize the distinctive vulnerabilities and build on the special strengths that can be found in almost any family."

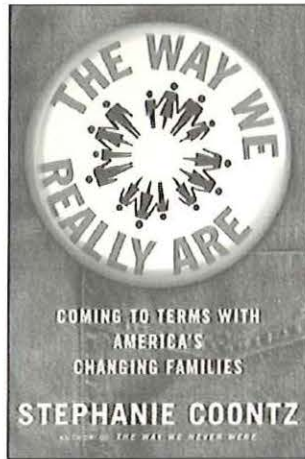
While we can learn from studying the past, according to the author, we must realize that we cannot go back to previous eras, when family life was not as idyllic as people often imagine. The modern family exists in many diverse forms, and society needs to accept that and the fact that mothers will remain in the work force. Some people believe that the two-parent family, particularly one with just a male breadwinner, is the most advantageous for children. This is often not the case, especially when there is great conflict between the parents. There are both benefits and disadvantages for parents and children in families of all forms. Economic issues and changing social roles play vital parts in the well-being of families.

Coontz discusses what modern families really need, how they can be strengthened and how to build support systems to help people with their problems. Criticizing the family structure of troubled individuals does not help to improve the situation. Society

Barbara Clarke,
Women's Center
librarian



needs to plan for the future, rather than spend time trying to bring back the "traditional" family. The author concludes that "the biggest lesson of the past is that there are no solutions there."



Hochschild feels that the modern workplace is being transformed into a substitute family and that many workers, even mothers with young children, are voluntarily spending more time at work. Much of this book is based on a detailed survey undertaken between 1990 and 1993 at a Fortune 500 company considered to have unusually family-friendly policies.

Men have long sought refuge at work but the researcher found that "growing numbers of working women are leery of spending more

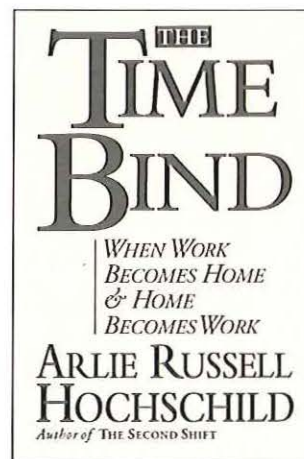
time at home. . . . They feel torn, guilty, and stressed out by their long hours at work; but they are ambivalent about cutting back on those hours." Americans consider employment important and many women believe they are appreciated more in the workplace than they are at home. As work is valued and respected more, many people see family life as being less significant. Complex cultural factors are involved. To many workers, the home is assuming many of the undesirable qualities formerly attributed to the workplace; work is seen as taking on the best aspects of the home. Women are fleeing the stresses of home for the comparative relief of the office or factory. In many ways the workplace today functions as an extended family, where problems are discussed and solved and milestones are celebrated by co-workers. Hochschild also describes the "third shift," in which workers try with little success to resolve the tensions caused by trying to balance the first two shifts: the workplace and home.

The researcher discovered that both men and women are working longer hours, that many seek overtime and comparatively few take advantage of opportunities to work part-time. Yet parents feel guilty about not spending enough time with their children.

Hochschild believes it will be difficult to solve the "time bind" problem. Most workers would benefit greatly if they worked fewer hours and the writer

proposes a "time movement" to achieve this goal. Only collective action by employees could shorten the work week, however, and this seems unlikely since many people are reluctant to spend more time at home. ■

Sociologist Arlie Russell Hochschild discusses some interesting developments in American society in *The Time Bind: When Work Becomes Home and Home Becomes Work* (Metropolitan Books/Henry Holt, 1997). The writer, a professor of sociology at the University of California, Berkeley, is particularly noted for an earlier work, *The Second Shift: Working Parents and the Revolution at Home*.



Abortion alternative

RU 486 could signal new era of reproductive choice

By Valerie L. Nunley, RN

After many years of political controversy and importation bans, an FDA advisory committee recommended in July 1996 that the drug known as RU 486 receive approval as a non-surgical abortion process. More than a year later, the drug is still not being sold in this country and the date for its eventual distribution is uncertain.

Because this medication could have a dramatic impact on women's reproductive choices, it is important to understand how it works and what risks it carries. The drug has been available to women in France since 1988 and has acquired the label "the French abortion pill." If it is ever marketed in the U.S., RU 486 will be sold under its generic name, mifepristone.



In a regular menstrual cycle, ovulation occurs when an enlarging sac of cells, called the dominant follicle, releases an egg near the fallopian tube. The empty follicle, known as the corpus luteum, enlarges and begins to produce the hormone progesterone. If the egg is not fertilized, the corpus luteum starts shrinking about 10 days after ovulation. This results in a decline in the progesterone level causing instability in the lining of the uterus and hence, menstruation. If a pregnancy occurs, the corpus

luteum receives a signal to keep up the production of progesterone. Thus, the lining of the uterus is maintained and menstruation does not occur. This pattern continues until the seventh week of pregnancy when the placenta begins to take over the production of progesterone.

Mifepristone is an antiprogesterone. When used in the early weeks of pregnancy, it blocks the effects of progesterone and causes instability in the uterine lining. As the lining sheds, the products of conception detach. Mifepristone, especially when administered with another drug called a prostaglandin, causes the uterus to contract and expel the conceptus.

Taking RU 486 isn't as simple as swallowing an "abortion pill." The procedure involves multiple visits to a healthcare provider. Patients require standard pre-abortion counseling, a thorough physical exam, and determination of pregnancy length. Once this information has been obtained, three visits will follow. At the first visit women receive mifepristone to take by mouth. Returning to the office 36-48 hours later, women receive a dose of the prostaglandin. Most women pass the products of conception within four hours of taking prostaglandin.

A mandatory third visit 10 to 14 days later requires an

Will the abortion pill ever be sold here?

A December 1997 target date for U.S. sale of RU 486 was recently scrapped when a European manufacturer ceased production of the drug. It was the latest in a long line of complications that have delayed its introduction.

The Population Council, a New York-based non-profit group, owns the U.S. patent rights for RU 486 and says it will explore other ways to bring the drug to market. In the meantime, RU 486 is available only at clinical trials in a handful of large cities.

ultrasound to ensure that the uterus is completely evacuated. Mifepristone is reportedly effective 96% to 99% of the time. On average, incomplete abortion occurs in 3% of the cases and 1% of pregnancies are unaffected. Unfortunately, the drug has not been used long enough to determine what effects it might have on a developing fetus. Surgical evacuation is always recommended in these cases of incomplete abortion and continuing pregnancies.

While mifepristone is able to compete with the progesterone levels produced by the corpus luteum, it is not able to compete with the placenta. Therefore, an important criterion for RU 486 is that pregnancy length must be seven weeks or less. Mifepristone also is not recommended for women with diabetes, liver or kidney problems, high blood pressure, asthma, cardiovascular disease, or current history of tobacco use.

While mifepristone itself does have side effects, the most common ones are caused by the prostaglandin. These gastrointestinal side effects include nausea, vomiting, and diarrhea. Cramping and pain similar to menstrual cramps may occur. In a small fraction of patients blood loss may be heavy enough to necessitate a transfusion.

The eventual arrival of mifepristone in the U.S. has many implications. It provides a non-invasive alternative to surgical abortion thereby decreasing many of the risks from an invasive procedure, such as infection and trauma. While surgical termination is usually delayed until *after* the seventh week of pregnancy, mifepristone must be used *prior* to seven weeks. In addition, women report experiencing a greater sense of control and privacy with the mifepristone/prostaglandin regimen.

How many private healthcare providers would make this drug available to their clients? What percentage of women would use it? It will be interesting to see what effect the eventual release of mifepristone will have. ■

Nunley is a student in the Vanderbilt School of Nursing women's health nurse practitioner program.

Announcements

Conferences

Empowering Women Leaders for the 21st Century is the topic of the 1997 annual conference for Women in Higher Education in Tennessee (WHET). The conference will be held Oct. 2-3 at Middle Tennessee State University in Murfreesboro. Conference panels will address such topics as dual career families, banishing burnout and using anger for empowerment. Registration is due by Sept. 26. Call the Women's Center for registration material.

Crossing the Lines: A Conference on Contemporary Southern Women's Literature will be held Oct. 9-11 at the University of Arkansas at Fayetteville. Writers and academics will share ideas and explore trends in works by Southern women. Keynote speaker is Doris Betts, author of *Souls Raised from the Dead* and *Heading West*. Other writers scheduled to participate include Shirley Abbott, Tina McElroy Ansa and Jill McCorkle. Cost of the conference is \$35 for college faculty; panels and lectures are free to students and others who wish to attend. For information send e-mail to conference chair Suzanne McCray: smccray@comp.uark.edu

The Languages of Feminism is the topic of the annual conference of the

Southern Regional Chapter of the Association for Women in Psychology. The conference will be held Oct. 30-Nov. 2 in Wilmington, NC. Presentations, workshops and papers will explore such subjects as multicultural perspectives on gender roles, stopping male violence against women and feminist views of new reproductive technologies. For information on registering, contact Sheree Barron at 912-454-0864.

The Institute for Emerging Leaders in Higher Education will give career development training to women professionals in higher education administration. The institute, which will hold its first session Nov. 8-11 at the University of Maryland in Baltimore, is sponsored by the National Association for Women in Education (NAWE). Cost of the program is \$795, which includes housing, meals and a discount to NAWE's conference next spring. For information, call 202-659-9330.

Calls for proposals

NAWE is accepting proposals for programs to be presented at its annual conference March 4-6, 1998 in Baltimore. Topic of the conference is **Who's at the Helm? Unresolved Issues**. Proposals can address current issues in higher education or skill-building ses-

sions for women on career topics. Deadline for submission of proposals is Sept. 15. For information, contact program chair Jane Hamblin at 765-494-1243.

Proposals are due by Dec. 9 from applicants seeking funding from a new program of the National Science Foundation. **Professional Opportunities for Women in Research and Education (POWRE)** is aimed at providing women scientists and engineers with funding opportunities not ordinarily available through research and education grants. The POWRE program targets women scientists and engineers in academic and industrial positions and those who plan to re-enter academia. For information, contact the program director at 703-306-1733.

Volunteers needed

Women volunteers are needed for **Decisions**, an eight-week course that teaches decision-making and life-planning skills to inmates at the Tennessee Prison for Women. Volunteers work one-on-one with an inmate/partner for one-hour weekly sessions during the eight weeks, Sept. 22-Nov. 10. Volunteer training is scheduled for Sept. 13-14. For more information, call Kathy Masulis, program coordinator, at 352-7218.



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Women's VU

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