

Career Connections

Mentoring program links seniors to professional women

by Kristin Lazure (A&S '99)
Staff Writer

The time is rapidly approaching for senior students to decide what to do with their lives. When they leave the safety of the Vanderbilt campus in May, some will enter the "real world" of professionalism. Committing to a profession can be scary, however, for someone unsure of the day-to-day realities of a career choice.

Career Connections, a program implemented two years ago for Vanderbilt senior women, is aimed at minimizing the apprehension associated with choosing a career. Cosponsored by the Nashville Women's Breakfast Club, the Career Center and the Margaret Cuningim Women's Center, the program provides senior women with the opportunity to meet with profes-

sional women in a variety of fields and learn about their jobs, to network and to establish mentoring relationships.

"[Career Connections] is a great opportunity to get exposure to different career fields. The students can get first-hand information, knowledge and experience about choosing a career," said Linda Bird, head of the Career Center. "If they're already committed to a profession, this can be a terrific opportunity for job search networking."

Making a match

When students apply, they choose from a list of available career choices, ranging from public relations to social work, from medicine and law to architecture and real estate. Last year, students chose three to five fields from 35 professions listed. The seniors are matched with a member of the

Nashville Women's Breakfast Club, notified of their match and given the needed information to contact their match.

According to Bird, the main objective of the program this year is to make more precise matches. "We want to expand the number of professionals, and maybe give students only two choices [of professions] instead of five."

Nancy Ransom, Women's Center Director, said that with the growing number of applicants, she wants to be able to give all participating students their first or second choice. Last year, 23 of the 32 students who participated were matched with their first or second choice.

Among these students was Olympia Ammon, who, upon graduation, went to work in sales at the United States Playing Card Company in Cincinnati.

"I met with a convention planner, and she was awesome. We met at Bongo Java for about an hour. She gave me so many good hints on choosing a career. It was great. I got honest answers from somebody who was already doing what I thought I wanted to do," said Ammon, a human and organizational development major, who graduated in May.

The Nashville Women's Breakfast Club is an organization of business professionals patterned after the Rotary Club. They meet once a week for breakfast in order to trade business and network among themselves. This



Workshop for Vanderbilt faculty to focus on women and tenure

A leading authority on women's academic career struggles will conduct a "survival training session" Thursday, Nov. 7 for faculty on the tenure track at Vanderbilt.

Paula Caplan, Ph.D., will give practical advice, particularly for women trying to overcome the barriers that can block their path to academic success. Although more than half the undergraduate students in the U.S. and Canada are female, only 10 percent of full professors are women.

Caplan is the author of *Lifting a Ton of Feathers: A Woman's Guide for Surviving in the Academic World* and is a noted researcher on gender issues. In addition to the workshop, she will speak informally and answer questions at an 8 a.m. breakfast at the University Club on Friday, Nov. 8. Her appearance is sponsored by the Center



Paula Caplan

continued on page 4

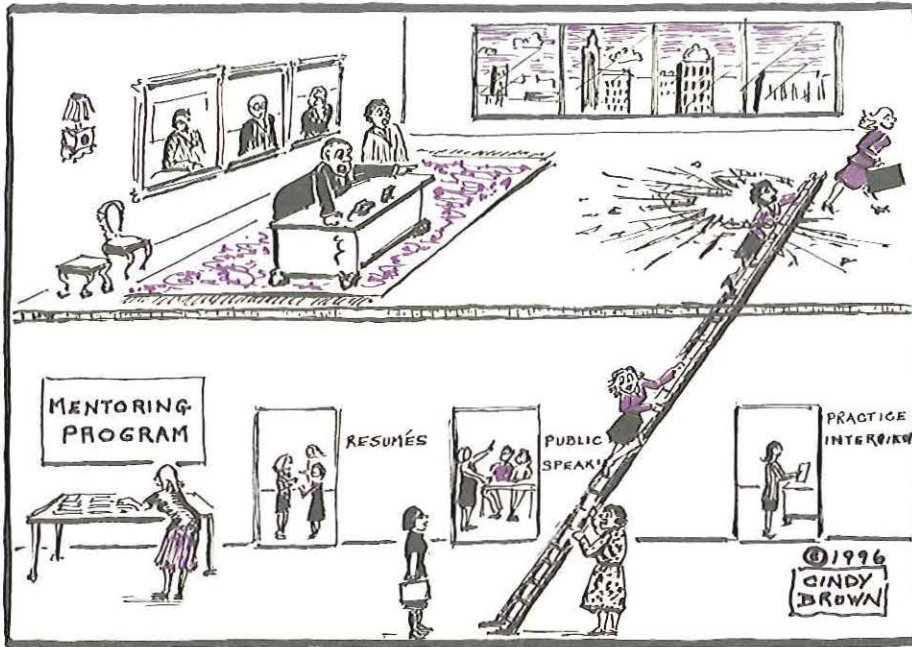
continued on page 2

Implementing UN goals

Representatives of several women's organizations were among the participants at Nashville's site as a national teleconference reviewed the goals of the Beijing Conference for Women.

The satellite link in late September highlighted the work of the President's Interagency Council for Women and community programs designed to implement the platform adopted in Beijing last fall. Nancy Ransom was the Tennessee contact for the teleconference.

A small committee is meeting locally to continue follow-up efforts, with the hope of sponsoring another meeting here in March. Issues to be addressed range from domestic violence to equity in the workplace.



"Broadbent, do something! They're breaking through the glass ceiling!"

Career Connections, from page 1

is another valuable aspect of the program. Ammon said her professional match had a lot of connections at Loews Vanderbilt Plaza Hotel.

"If I had decided to go into hotel convention planning, which was what I was leaning towards at the time, we would have met again so I could do some networking," Ammon said.

In the first year of the program, one student obtained a summer internship at the Parthenon through Career Connections. As a result, she was offered a job at the Smithsonian Institute in Washington, D.C.

"We would love to see more success stories like this for Vanderbilt women," said Kay Barry, who was instrumental in getting the program started. As a member of the Breakfast

Club and the Women's Center Advisory Board, Barry acts as a liaison between the two groups. She said participating is a fun and refreshing way for professionals to talk with young women who are starting their careers.

Kathy Cloninger, another member of the Nashville Women's Breakfast Club, said she thinks the professionals get just as much out of the experience as the students.

"It feels good to give somebody information you wish you had had. When I was in college, I never had an opportunity like this," said Cloninger, who is CEO of the local Girl Scout council. "Women really need to give back to young women. We think [women] have made such progress in terms of job positions, but only 7% of

CEOs in this country are women. We owe it to the next generation to give support to women to advance into leadership roles."

Ransom agrees that female mentoring programs are essential in helping women move up in a system that is heavily dominated by men.

"Women are still newcomers to the professional world. There is still a residue of family culture that presupposes women's jobs are secondary to their marriage," said Ransom. "There are also problems with men mentoring women. Their relationship can become sexualized."

Applications for Career Connections will be available this month at the Career Center and the Women's Center. This year's deadline to turn in applications is December 10, 1996.

"Senior women need somebody that is not attached to them in any way to direct them in choosing a career. Women understand the challenges of other women best," said Ammon, after participating in the program last year. "This is something that I would encourage every senior woman to do. It can literally make the difference in what you'll be doing for the rest of your life." ■



Women's VU is published monthly September through June at the Margaret Cuninggim Women's Center, Vanderbilt University, Nashville, Tennessee. This is a copyrighted publication. Articles may be reproduced with permission of the editor. Letters to the editor are welcome. Send them (typed, signed, and with a daytime phone number) to the address below.

Nancy A. Ransom, director
Judith Tefft Helfer, assistant director for programs
Barbara Clarke, librarian
Gladys Holt, office manager
Lynn Green, editor (direct dial 343-4367)
Kristin Lazure, student writer
Cindy Brown, cartoonist

Campus address: 316 West Side Row
Mailing address: Box 1513, Station B,
Nashville, TN 37235
Phone: (615) 322-4843
Fax: (615) 343-0940
E-mail: womenctr@ctrvox.Vanderbilt.edu

“NEWS QUOTES”

... a compilation of news excerpts from the national press
on issues of special interest to women ...

*Why more women say . . .
I don't need your money, honey*

It doesn't take an M.B.A. or even a degree in social psychology to figure out why women are taking a more active role in managing their money. Many of them, at long last, have some real money to invest.

About 57.5 million women are now working, 42 million of them full time. And in an era of generally stagnating wages, working women have been the only true standouts.

According to a new study, working women on average saw their earnings rise 4% to \$8.92 an hour from 1979 to 1995, after adjusting for inflation, while wages for men fell nearly 15% to \$11.62 an hour. Women with college degrees fared even better, with a 19.5% pay hike.

New York Times
October 5, 1996

Money
November, 1996

BIRTHDAYS OF NOTABLE WOMEN

- 7 1867 *Marie Curie*, a scientist who coined the term "radioactivity" and was the first woman ever to win a Nobel Prize (in 1903).
- 12 1961 *Nadia Comaneci*, Romanian gymnast and the first athlete in Olympic history to score a perfect 10.0 in any sport.
- 18 1945 *Wilma Mankiller*, first woman chief of a major Native American tribe, elected in 1987 to head the Cherokee Nation.
- 26 1792 *Sarah Grimké*, who was born into a southern slave-holding family and later became a prominent abolitionist and feminist.

Unsung Heroines

When *Mrs. J.L. Burn* wrote a letter to her son, Harry, in 1920, urging him to support women's suffrage, she probably had no idea how important her advice would be. Harry Burn, a state representative from East Tennessee, changed his position after reading his mother's letter and cast the deciding vote in favor of the 19th Amendment. Tennessee's ratification of the amendment gave women across the nation the right to vote. Later vilified for changing his vote, Harry replied in a statement to the House, "I knew that a mother's advice is always safest for a boy to follow and my mother wanted me to vote for ratification."

Many women in Tennessee don't exercise their hard-earned right to vote, with 47% failing to cast a ballot in the last three national elections. Women can best honor the work of the suffragists by taking the time to vote on Nov. 5.

Female executives score well in gender study

Susan Liebson, senior counsel at Atlantic Richfield Co. in Long Beach, Calif., isn't surprised by a recent study showing women executives to be superior, in many ways, to their male counterparts. "Many women are working mothers," she says, "and I think in order to survive on a daily basis, they have to be extremely organized and productive."

Ms. Liebson was responding to a study by researchers Janet Irwin and Michael Parrault, titled "Gender Difference at Work: Are Men and Women Really That Different?" According to Ms. Irwin, when 645 male and 270 female executives were evaluated by their co-workers, the women out-scored the men in 28 of 31 categories — including the abilities to meet deadlines, boost productivity and generate ideas. The men scored higher in handling pressure and coping with frustration.

"Women, for the most part, tend to be more collaborative and less individually competitive," says Paula Chronister, a principal consultant at Price Waterhouse in San Francisco.

Wall Street Journal
September 24, 1996

Getting there by degrees

In 1985, 27 percent of the doctorates in the sciences and engineering were awarded to women. Ten years later, that number is up to 31 percent. If the current rate of increase remains the same, it may be well into the middle of the 21st century before women earn half the doctorates in these fields.

About Women on Campus
Fall, 1996

Catch-22s for academic women

- *If a woman fails, it 'proves' that women are inferior; but if she succeeds, she becomes 'proof' that nothing stands between women and success in academia and so women have no right to complain.*
- *If a woman makes her preferences known, she is demanding, selfish, and non-collegial; but if she asks her department chair or other boss what they want her to do, and she then does it, she is considered spineless or lacking in focus.*
- *Women academics are not considered real women if they don't have children and devote a great deal of time to them; but women academics who devote much time to their children are said not to take their careers seriously.*

—From *Lifting a Ton of Feathers: A Woman's Guide for Surviving in the Academic World*, by Paula Caplan (reviewed on page 6)

Workshop, continued from page 1

for Teaching, the Women's Center and the College of Arts and Sciences. Reservations are required (see calendar, page 5, for details).

Caplan's visit to Vanderbilt is made possible by a Lilly grant, which provides funds for junior faculty to explore issues related to teaching. Caplan is one of four speakers this year whose appearances will be funded by the grant.

In her workshop, to be held from 4:10-7 p.m. in 117 Calhoun Hall, Caplan will lead participants to reflect on their own experiences and will present information from the many women she has interviewed. Caplan says some women mistakenly fault themselves for career problems when the male environment in which they work is actually to blame. She offers guidance for avoiding self-blame and understanding the real source of problems.

The "ton of feathers" in the title of her book refers to the "enormous number of dilemmas and challenges academic women face." Although earlier, more blatant forms of sexism — including outright exclusion of women — are waning, more subtle problems still exist, Caplan says.

Currently an affiliate of the Pembroke Center at Brown University, Caplan graduated from Radcliffe College and received her M.A. and Ph.D. in psychology from Duke University.

In addition to her work on women in academia, Caplan has written on such topics as learning problems, the self-serving ideologies of the psychiatric profession, and the conflicts in mother-daughter relationships. ■

Journal writing workshop examines concepts of sexuality

An opportunity to explore and appreciate your own sense of sexuality is being offered at a workshop sponsored by the Women's Center.

Sexuality can be seen as "an expression of ourselves," says workshop leader Miriam Bassuk, and by examining it we increase our self-awareness and our capacity for pleasure.

Bassuk is a social worker by training who has shifted the focus of her work toward teaching journal writing. In the workshop, she will lead journal writing exercises to explore each individual's concept of sexuality.

"Sexuality: An Affirmation Through Journal Writing," will be held Thursday, Nov. 14, from 7 to 9 p.m. in Wilson 113. The workshop is open to men and women, and no previous journal writing experience is necessary.

Bassuk notes that sexuality is usually objectified and approached by many people in manipulative ways. "We need to move away from viewing sexuality as a 'part' of us. It's an appreciation of ourselves, our nature — a

representation of our aliveness," she says.

Through journal writing, in which self-awareness is fundamental, any issue can be examined, Bassuk says. Her sexuality workshop will include exercises on several questions, including these:

- What are your personal values?
- What brings you joy and pleasure in life?
- What would a perfect day with a lover be like?

Bassuk says journal writing is well suited to a topic such as sexuality because it "prizes individual expression without judgment."

During the workshop, sharing of journal entries is always optional, and a wide range of values and expressions is welcomed.

Bassuk hopes workshop participants will represent a range of ages, backgrounds, and attitudes, but notes that people with "severe, troubling sexual problems" might be better served by therapy in a different setting. Anyone with a question about



Miriam Bassuk, LCSW

participating in the workshop can contact Bassuk at 665-4459.

Those who do attend should come prepared with a journal, a pen, and the readiness to write. The cost of the workshop is \$10; \$5 for students. Scholarships are available. To register, call the Women's Center at 322-4843 by Nov. 8.

N O V E M B E R

Calendar of Events

Margaret
Cuninggim
Women's Center



Please save and post. Individual flyers for these programs may not be sent.

NOVEMBER 4 / MONDAY

Proposal Writers Group, 1:30 to 3:30 p.m.
Dissertation Writers Group, 4:30 to 6:30 p.m.
Nancy Ransom facilitates both groups.

🗳️ **CAST YOUR BALLOT** 🗳️
If you have not participated in
early voting, be sure to go to
the polls on November 5.

NOVEMBER 5 / TUESDAY

Creative Life Planning Group meets weekly to focus on ways to improve problem-solving skills and make life changes, noon-1 p.m. New members welcome. Call Judy Helfer at 322-6518 for more information.

NOVEMBER 5 / TUESDAY

Students for Women's Concerns, 7 p.m. Meets weekly. For more information, call Tanya Tschesnok at 421-3187.

NOVEMBER 6 / WEDNESDAY

Eating Disorders Discussion Group, 8 p.m. Meets weekly. For information call Gabrielle at 1-6197 or Hayley at 1-1062.

NOVEMBER 7 / THURSDAY

A Woman's Guide to Surviving in the Academic World, workshop for junior faculty led by Dr. Paula Caplan. 4:10 to 7 p.m., 117 Calhoun Hall. Limited to 40. For reservations, call 2-7290 or e-mail nilsonlb@ctrvax. Sponsored by the Center for Teaching, A&S, and the Cuninggim Women's Center. *See article, page 1.*

NOVEMBER 8 / FRIDAY

Breakfast with Paula Caplan at the University Club, 8 to 9:30 a.m. Reservations to helperjt@ctrvax or 2-6518 by Nov. 6 (limited to 30). Several copies of Caplan's book, *Lifting a Ton of Feathers: A Woman's Guide for Surviving in the Academic World*, will be given as door prizes. Sponsored by the Center for Teaching and the Women's Center.

NOVEMBER 11 / MONDAY

Book Group meets to discuss *From the Beast to the Blonde: On Fairy Tales and Their Tellers* by Marina Warner. Facilitator is Sarah Kazdan. New members welcome. 5:15 -6:15 p.m.

NOVEMBER 12 / TUESDAY

Creative Life Planning Group, Susan Kuner leads "How to Meditate When You're NOT in a Monastery," noon-1 p.m. New members welcome.

NOVEMBER 14 / THURSDAY

Sexuality: An Affirmation Through Journal Writing led by Miriam Bassuk, LCSW. This workshop is for both men and women to trace the steps of their developing sexual beliefs. Participants will use journaling to work toward an expanded notion of sexuality. No previous journal writing experience needed. Fee \$10; \$5 students (scholarships available). Registration is required by Nov. 8. *See article, page 4.*

NOVEMBER 15 / FRIDAY

International Social Hour, 11:30 a.m., McTyeire International House. Co-sponsored with Opportunity Development Center and Women's Studies.

NOVEMBER 19 / TUESDAY

Creative Life Planning Group, noon-1 p.m. (*will not meet on Nov. 26*).

NOVEMBER 26 / TUESDAY

Freelance Writers Group, a group of women writers who meet monthly to get feedback from other writers and share information about how to get published. Beth Grantham facilitates the group. 5:30-7:30 p.m. New members welcome.

Unless otherwise stated, all programs are held at the Cuninggim Center, Franklin Building, 316 West Side Row. For more information, please call 322-4843.

In the library...

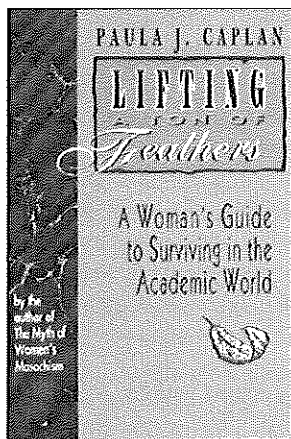
'Ton of Feathers' guides women to success in academia

Barbara Clarke,
Women's Center
librarian



Paula J. Caplan, an expert on gender issues who is speaking at Vanderbilt this month (see page 1), is perhaps best known for her book *Lifting a Ton of Feathers: A Woman's Guide for Surviving in the Academic World* (University of Toronto Press, 1993).

This is a volume of practical advice, aimed primarily at female faculty members, graduate students and administrators. Caplan tells women how to survive and thrive in the male-oriented world of academe; she mentions many of the problems that women are likely to encounter and discusses how others have dealt with similar situations. "The maleness of the environment" is still a problem, though the writer stresses that there are many advantages to working in academe and that there have been a number of positive changes in recent years.



Caplan says many women assume that they must be to blame for problems they encounter — until they discover that many other women are facing very similar situations and difficulties. She describes many situations in which no matter what decision an academic woman makes, she will be criticized or demeaned.

The volume encompasses a wide variety of both general and specific topics, ranging from sexual harass-

ment to networking to how best to prepare a curriculum vitae. Caplan describes ways in which women can help to make their institutions more "woman-positive."

Margaret S. Stockdale is the editor of *Sexual Harassment in the Workplace: Perspectives, Frontiers and Response Strategies* (Sage Publications, 1996), a comprehensive overview of the problem of harassment. The editor, an assistant professor of psychology at Southern Illinois University, wrote one of the 13 chapters.

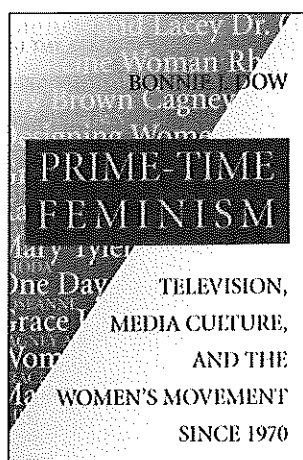
Each contributor discusses different aspects of sexual harassment: the harassment of minority women; of women professors by peers and students; different types and severity of harassment; and how men misinterpret women's intentions. Other chapters deal with sexual harassment laws; how organizations should respond to accusations of harassment; and what can be done if they fail to act.

Stockdale points out that sexual harassment is more likely to occur in occupations in which there are few women or few men, rather than in gender-balanced workplaces. Young unmarried women are more likely than others to be harassed, though victims may be of any age, married or male. Men generally have greater status and power than women and some males feel that they are entitled to sexually harass females; this explains why some men harass their supervisors or their teachers.

In *Prime-Time Feminism: Television, Media Culture, and the Women's Movement Since 1970* (University of Pennsylvania Press, 1996) Bonnie J. Dow describes how prevailing feminist theories are represented and interpreted by the media, particularly television. She discusses the intersection of feminism and American TV shows from 1970 to the present, and illustrates how feminism has devel-

oped over the years. The media interpret social change and cultural beliefs, although they select from among those beliefs.

Dow, an assistant professor of communication at North Dakota State University, details how feminism and feminist characters are presented in five popular television series: "The Mary Tyler Moore Show," "One Day



at a Time," "Murphy Brown," "Designing Women," and "Dr. Quinn, Medicine Woman." She discusses a number of other contemporary TV shows

in less detail.

The feminist characters tend to be middle-class, white and heterosexual; these are generally the women who have benefitted the most from the women's movement. While advertisers and television producers are usually motivated more by monetary factors than by feelings of cultural sensitivity, they know they need to appeal to the growing numbers of working women and feminist consumers.

Other new acquisitions include: *The WomanSource Catalog & Review: Tools for Connecting the Community of Women* edited by Ilene Rosoff; *Dictionary of Feminist Theologies* edited by Letty M. Russell and J. Shannon Clarkson; *Teaching the Majority: Breaking the Gender Barrier in Science, Mathematics, and Engineering* edited by Sue V. Rosser; and *The Republican War Against Women: An Insider's Report from Behind the Lines* by Tanya Melich. ■

Have we come a long way, baby?

The deadly toll of cigarette advertising

by Kimberly Hart, RN, MSN

Why do so many women smoke despite the obvious health risks?

I have been interested in this question for a while now. I have a friend who smoked through three pregnancies, much to my chagrin, and never thought twice about quitting. I tried my hardest to be subtle with my admonitions to quit or cut back. I have also noticed in my clinical practice that many young girls smoke, and have been smoking for several years.

Thirty percent of the women in the U.S. are now smokers, and every woman should be aware of the influences that have contributed to this national health crisis. A key factor is cigarette advertising, which has targeted women with a variety of marketing strategies over the last 60 years. The ads promise sophistication, sex appeal, luxury and beauty, minimizing the deadly effects of this hard-to-break habit.

During the the first two decades of the 20th century the number of women who smoked tobacco was relatively small. No exact numbers are available, but it is estimated that around 4 percent of the cigarettes consumed were by women. Smoking by women in public was illegal in many cities, and few women dared to smoke in the company of men. The character of a woman who smoked was in question and smoking was a private indulgence of the ultra-rich, actresses or nightclub singers. Tobacco companies used masculine topics and pastimes in their ads, careful to avoid an overt appeal to women.

The 1920s brought a new era of liberation. Voting rights gave women a sense of freedom, and smoking fit right in as a way to underscore their equality with men. By 1929, 12 percent of the women in the U.S. smoked, consuming an average of 2.4 cigarettes a day. The tobacco companies seized the opportunity and began featuring advertisements with a feminine flair. The ads promoted smoking as a means to attain sophistication and social desirability. In 1928 the ad "Reach for a Lucky instead of a sweet" started the link between smoking and thinness.

The 1930s brought more openness about women smoking in public. Eleanor Roosevelt was first seen smoking in public in 1934. More Hollywood heroines were shown smoking in the movies. The fashion industry was convinced to name green, the color of the Lucky Strike package, the fashion color of the year. Smoking was in style.

World War II saw the tobacco industry link smoking

with patriotism. Women were seen in ads as strong role models holding down the home front. Post-war advertising capitalized on homecomings — husbands and wives sharing cigarettes and coffee over the morning paper. Another ad of the era shows a bride tucking a carton of cigarettes into her honeymoon suitcase. The rate of smoking by women rose to 25 percent.

After the Surgeon General's first report on the health effects of smoking in 1964, the tobacco companies counterattacked by launching cigarette brands, like Virginia Slims, aimed exclusively at women. The rate of smoking by women rose to its highest level ever, 33 percent. The 1970s and 1980s brought advertising that targeted stressed-out working women. Brand promotion rose to a new level with sponsorship of athletic events. Even today, smoking is portrayed as a sophisticated pastime enjoyed by the fit and beautiful twenty-something crowd.

The impact that tobacco advertising has on women is two-fold. Not only are women bombarded with cigarette ads in many magazines, but these same magazines are hesitant to print articles about the hazards of smoking. One survey reported that of 49 magazines that accept cigarette advertising, only 22 percent have run an article in the last year about the dangers of smoking.

The implications of tobacco advertising are especially evident in the female adolescent population. Young girls eagerly want to be accepted, be considered beautiful and feel grown up. Each day 3,000 teenagers begin smoking.

The significance to women's health care is profound. More than 500,000 women die each year due to smoking-related illnesses. An increase in stillbirths, miscarriages, and low birth weight

infants has been linked with smoking by expectant mothers. Furthermore, women who smoke go through menopause earlier, have a higher risk of osteoporosis, and may get facial wrinkles earlier than women who don't smoke.

It's interesting to note that women are more likely to attempt to quit smoking when encouraged by a health care provider to do so. If you're a smoker, ask your doctor to help by prescribing the nicotine patch or gum. Investigate the smoking cessation classes at area hospitals. Or, call the American Lung Association in Nashville at 329-1151 for information on overcoming this equal-opportunity killer.

Kimberly Hart is a 1996 graduate of Vanderbilt's Women's Health Nurse Practitioner program.



"The significance to women's health care is profound. More than 500,000 women die each year due to smoking-related illnesses."

Announcements

Events

Tanya Melich, author of *The Republican War Against Women: An Insider's Report from Behind the Lines*, will analyze the election results and sign copies of her book at 6 p.m., Thursday, Nov. 14 at Davis-Kidd Booksellers. Her remarks are titled "Has the Republican War Against Women Ended? An Analysis of the '96 Election." Melich will be in Nashville for the annual conference of the Planned Parenthood Federation of America, which meets Nov. 14-17 at the Convention Center. For information on conference events and registration, contact Kim Rich of Planned Parenthood at 353-0755.

Conferences

Heroic and Outrageous Women will be the topic of a symposium Nov. 7-9 at Morehead State University in Morehead, Ky. The Wilma E. Grote Symposium for the Advancement of Women includes workshops and paper sessions on outrageous women, ranging from Roseanne Barr to Lucretia Mott. A Friday night banquet features keynote speaker Carmen Agra Deedy, a storyteller and contributor to NPR's "All Things Considered." Registration is \$75 in advance, \$95 on site. For information, call 606-783-2004.

Fellowships

The Mary Isabel Sibley Fellowship, given by Phi Beta Kappa, awards \$10,000 for the study of Greek language, literature, history or archaeology. Candidates must be unmarried women between 25 and 35 years of age who have a doctorate or have fulfilled all the requirements except the dissertation. Eligibility is not restricted to members of Phi Beta Kappa. The fellowship year begins Sept. 1, 1997 and applications for the award are due by Jan. 15. For information, contact Phi Beta Kappa at 1811 Q St., N.W., Washington, D.C. 20009.

Volunteers sought

Women who are bulimic are needed for a drug study being conducted at Vanderbilt University Medical Center. Participants must be 18 or older, in stable health and meet the criteria for the disorder bulimia nervosa: episodes of binge eating and self-induced vomiting and/or purging. The study will test the use of drugs in preventing relapse for bulimic patients. Physical exams, psychiatric evaluations and all clinic visits associated with the study will be provided at no cost to participants. For more information, call the department of Outpatient Psychiatry at 322-0387.

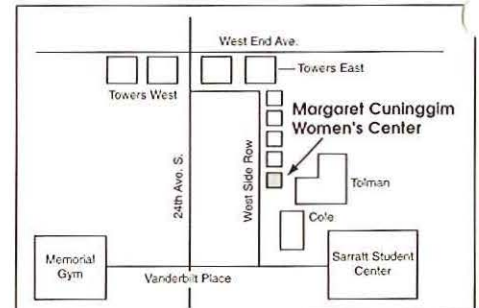
Programs

Sports Issues for Girls and Women: Myths, Media and Meaning is the topic for the Nov. 16 meeting of the Middle Tennessee Women's Studies Association at Belmont University. Speakers are Sharon Shields and Elizabeth Gilbert of Vanderbilt's Human Resources Department. For more information, contact Vanderbilt's campus representative for the MTWSA, Jan Rosemergy, at 322-8240.

Organizations

A singles group for Vanderbilt faculty, **Society of Singles (S.O.S.)**, will meet each Friday at 5 p.m. S.O.S. hopes to foster networking and social activities for single faculty members. For information, e-mail Needham@ctrvax or send campus mail to M. Needham, Blair School, Station B, Box 1620.

How to find us . . .



Printed on recycled paper

Vanderbilt University is committed to principles of equal opportunity and affirmative action

Women's VU

To subscribe, return this form to the Women's Center or call us at 615-322-4843 (fax: 615-343-0940).

Newsletters (published monthly except July and August) are sent free upon request to all students and contributors. Faculty and staff subscriptions are free to a campus address. Off-campus subscriptions are \$8 a year, \$15 if mailed first class. Please include your check, payable to Vanderbilt University, with your subscription.

(PLEASE PRINT)

Name _____ First Class (\$15) _____

Dept./Address _____

_____ Med Ctr 4-digit ZIP _____

Student _____
(school & class)

Staff _____ Faculty _____ Administrator _____ Contributor _____ Other _____

Margaret Cuninggim Women's Center
Vanderbilt University
316 West Side Row
Box 1513, Station B
Nashville, TN 37235

Address Correction Requested

NON-PROFIT ORG.
U.S. POSTAGE

PAID

NASHVILLE, TN
PERMIT NO. 293