

Cartooning with a feminist hand

Cindy Brown brings humor to women's issues through art

Cindy Brown enlivens the pages of Women's VU each month with cartoons that often poke fun at traditional attitudes toward women. In this issue, Cindy discusses her work as a feminist cartoonist and the influences that led her to pursue this second career.

Did you know from early childhood that you wanted to be a cartoonist?

No. Actually, I wanted to be a ballerina, but that would have required giving up candy and ice cream and caused a lot of leg pain. Also, my parents wanted me to get a liberal arts education. So I went to college. I majored in English, minored in art, and drew lots of saucy fat birds making impudent remarks in the margins of my notebooks.

But cartooning was just a diversion. I didn't think of it as a career. Besides it wasn't part of the Fine Arts curriculum. I used cartoons to illustrate letters and make greeting cards for family and friends, or to draw caricatures.

I did have creative role models as I was growing up, both in art and writing. My father had a successful second career as a sculptor. My stepmother was a painter, and my mother was a writer.

I married while still in college and had two children in quick succession. That was my first career. When my children were grown, I started my second career as a feminist cartoonist.

What led you into the specific area of feminist cartooning?

Like most English majors, I

thought I could write. I spent several years working on poems, short stories, and even a mystery-adventure novel for young people. But I wasn't successful, and I was confused about my direction.

I also continued taking art courses — figure drawing, illustration, painting, sculpture — but there was something missing there, too.

I wanted a medium that would let me write, draw, and entertain. I also needed a concept, beyond just random humor, to focus my work.

Then, two things happened. My husband saw an article in *The Tennessean* about a cartooning class at Watkins Institute given by Dani Aguila, editorial cartoonist for the national weekly *The Filipino Reporter*. Dani is a world-class cartoonist whose work appears frequently in Best Editorial Cartoons of the Year. This was a chance to learn from the best. I took two courses with him. One of my class projects won an award and was used as the logo for the first annual BRAT: Bike Ride Across Tennessee. Dani has been a kind and helpful mentor ever since.

At about the same time, my 86-year-old aunt and her companion, who were active in the American Association of University Women, joined the National Organization for Women. They were shocked that I wasn't a member and urged me to join. I had always been in favor of equality for women, but after joining N.O.W., I saw how I could use cartooning to help people see the inequalities and discrimination that women still faced.

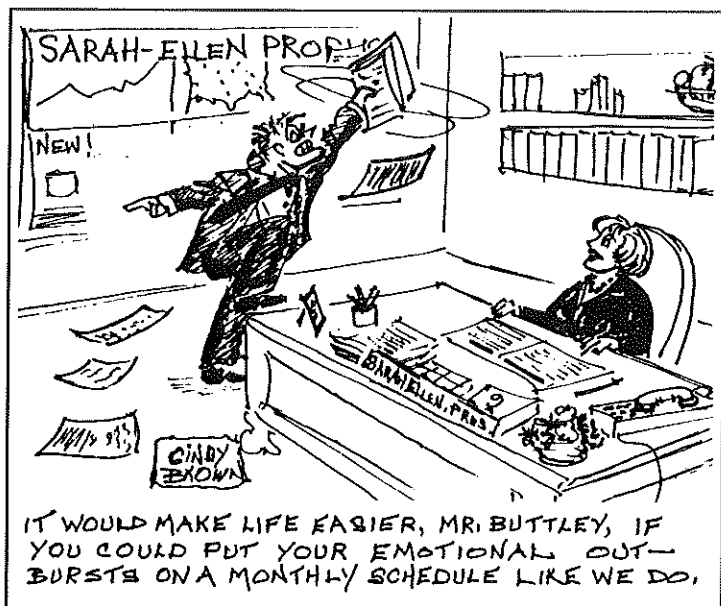
I sold my first cartoons to N.O.W.

continued on page 2



Vanderbilt Register/David Crenshaw Photo

Cartoonist Cindy Brown at work in her home studio



Cartooning, from page 1

state newsletters. In 1989 I started working for *Women's VU*. I was also the editorial cartoonist for *Citizenne*, a Nashville-based feminist newspaper. Unfortunately, it ceased publication after about two years. I have published in papers like the *Funny Times*, and various women's publications including *off our backs*, *Nashville Women's Journal*, and *Ms. magazine*. I keep looking for new markets, and am putting material together for a book of cartoons.



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cartoon on women in law I read one book and skimmed two others. But with something like the hideous blind date from Mars arranged through the Internet, the idea came directly from the article itself. At times I have my own tub to thump and adapt an idea from my files to fit the article.

People ask, "Where do you get your ideas?" It is a question so often asked of cartoonists it has become a joke. I am tempted to say, "I have them delivered every morning by Fed Ex," or "I know a wonderful little discount boutique where you can get the most bizarre ideas for almost nothing."

The fact is, I don't know. Maybe ideas are like tiny little marbles in the brain. As life goes on, we use them up, one by one. At the end, when I have lost all my marbles, it will be time for me to go to the Cartoonists' Big Convention in the Sky.

One of my favorite cartoons is a reverse twist on the PMS accusation made so often about women (see above). *Your cartoons express a women's perspective, sometimes provocatively so. How do men respond to your take on these issues?*

I'm not sure. I don't talk to many men who see my cartoons. My hus-

Your cartoons for Women's VU tend to relate to the lead story. Is it harder or easier to be assigned a topic? Are some easier than others? Do you have a favorite cartoon?

I like being assigned a topic. It's a challenge to come up with a humorous idea on a new subject. Of course some are easier than others. For the

band is almost always supportive. We differ on few issues. However, some men are horrified to meet a feminist cartoonist. They see me as the enemy — hostile and aggressive. Actually, I'm not. Most of my cartoons are informative and deal with real problems in a humorous way. But men aren't used to being lampooned by women. They may be outraged or insulted. Their feelings may be hurt. But that's cartooning! If I can get men to see an issue from a new perspective, good. That's my job.

Your husband, English Professor Emerson Brown, is also an artist, a jazz musician. What's life like when two creative minds live in the same household?

Fun! Exciting! We rarely have clashes on creative matters. Creative people tend to have more than one area of creativity. We appreciate each other's talents and try to make helpful suggestions. We meet on common ground especially in the areas of language and humor. Emerson has a natural talent for spontaneous stand-up comedy. (At meals, he does it sitting down.) He often gives me ideas, or I bounce my ideas off him. He helps me tighten up captions and dialogue. And

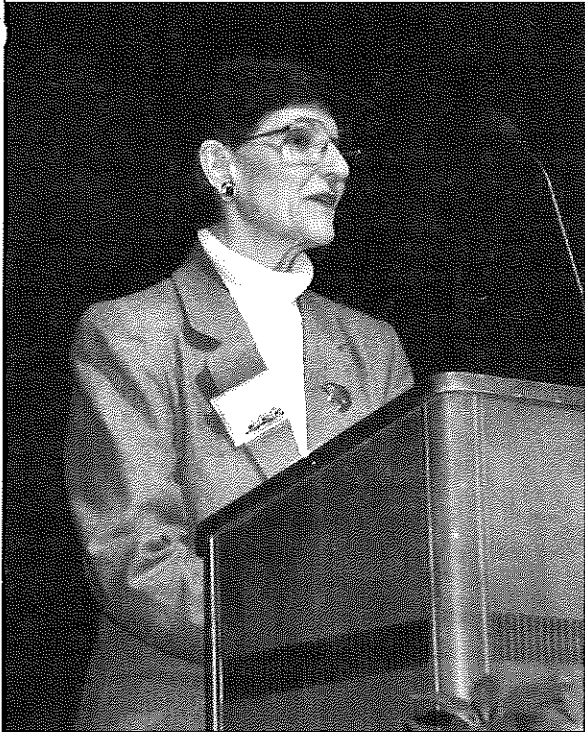


of course he's always available to correct grammar and punctuation.

To give me more time, he has also taken over some of the household chores, especially food shopping and cooking.

One of the best things about our life together is that we know we always have a sympathetic and enthusiastic audience in the other room or just across the table.

Ransom named Woman of Achievement



Nancy Ransom accepts her Woman of Achievement award at the MTSU conference.

MTSU Photo

Nancy Ransom, director of the Cuningim Center, received a Woman of Achievement award at the first Women's Leadership Conference held recently at Middle Tennessee State University.

Ransom was recognized for outstanding work as a university administrator, while Sen. Thelma Harper (D-Nashville) was honored for outstanding community involvement. Two students were also cited for their leadership efforts.

The conference, the first of its kind for college women in Tennessee, drew more than 200 participants from schools across the state. The meeting is modeled after an annual national conference

in Washington D.C. sponsored by the National Association of Women in Education.

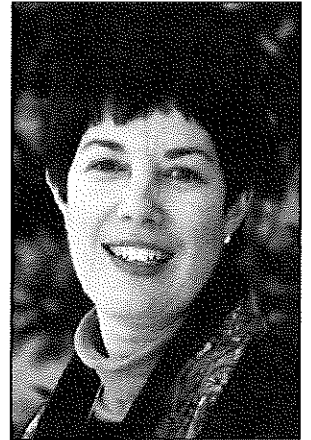
Candidates for the achievement awards were nominated by students, faculty and administrators from colleges and universities statewide. Ransom's nomination noted her lifelong commitment to campus and community concerns relating to women, including her leadership in developing the first campus child care center at Vanderbilt.

"Anything I have achieved that has earned me a reputation for being a leader has involved listening to others," Ransom said in her acceptance speech. "There is no better way to succeed at solving problems than by putting as many people on to the task as possible." ■

Answer self-doubts with journal writing

Conquering the little voice within that says "you can't" is a struggle for even the most successful women.

Miriam Bassuk, a licensed clinical social worker, believes the best way to overcome inner doubts is to listen and respond through journal writing.



Miriam Bassuk

Bassuk, who has a private practice called The Journal Connection, will lead a journal writing workshop Thursday, April 11 from 7 to 9 p.m. in Wilson 113. "Inner Voices: From Sounds of Doubt to Songs of Praise" is sponsored by the Cuningim Center.

The workshop will include journal writing exercises designed to bring a new perspective and sense of humor to critical thoughts that rob us of self-acceptance and pleasure.

Registration for the workshop is limited to the first 35 persons and is due by April 5. The fee is \$10; \$5 for students, with scholarships available from the women's center.

Upcoming in April

- 24 National Secretaries Day
- 25 Take Our Daughters to Work Day

TAKE OUR DAUGHTERS TO WORK

Muliebrity Prize winner to be named at Kudos

The first annual Muliebrity Prize is among the awards to be announced at the 1996 Kudos Ceremony April 9.

Given by the Margaret Cuningim Women's Center, the prize honors an undergraduate student who demonstrates leadership supporting the achievements, interests and goals of women and promoting gender equity.

The award was established with a gift from graduates of the class of 1993 who edited a feminist student newspaper, *Muliebrity*, which means womanhood.

The students donated their remaining funds to the women's center when the paper ceased publication and asked that the money be used to further feminist pursuits by undergraduates.

The prize includes an award of \$100 and a certificate.

This year's Kudos Ceremony, at which a number of student awards and scholarships are presented, will be at 3:30 p.m. Tuesday, April 9 in the Ambassador Room of Branscomb Quadrangle.

Considering career choices . . .

Panel to explore challenges, opportunities for women in science

Despite inroads made over the last three decades, women represent a small fraction of the students and professionals in science and engineering.

Women received only 14 percent of the Ph.D.s in scientific fields awarded in 1992, and are similarly underrepresented in the workplace.

To address the special concerns of women considering technical careers, a panel composed of students, faculty and professionals will discuss women in science Wednesday, April 3 at 6 p.m. in Sarratt 118.

"So You Want a Career in Engineering/Science: Women's Insights on Technical Careers" is co-sponsored by the Cuninggim Women's Center and the Society of Women Engineers.

Leading the discussion will be Eleni M. (Sam) Myers, a graduate student in engineering, Cynthia Paschal, assistant professor of biomedical engineering and radiology, and Nancy Schultz, Business Consulting Manager with the Nashville firm of Arthur Anderson Consulting LLP. Schultz graduated from Vanderbilt with an

Electrical Engineering/Math degree.

At Vanderbilt, women represent 24 percent of the undergraduates in engineering, a figure slightly above the national average of 18 percent (*Graduating Engineer*, Feb. 1996). Dramatic gains in women's enrollment in science, math and engineering began in the 1960s, but have plateaued in recent years.

Experts continue to debate the reasons for the gender disparities in scientific fields, but most agree that many of the top career opportunities for the future are in technical areas.

The panel discussion will give undergraduates an opportunity to ask women scientists/engineers about their experiences in graduate school and the workplace.

"From my standpoint in graduate school, I have noticed differences in how women and men handle things, and how they are treated by professors," Myers noted.

She said the panel will also discuss the choice between attending graduate school and seeking employment with a bachelor's degree. ■

MBA program offers career enhancement, higher salaries

Why pursue a Master of Business Administration degree?

According to representatives of Vanderbilt's Owen Graduate School of Management, students come both to enhance their starting salaries and to jump-start their climb up the corporate ladder.

Women interested in learning more about Owen, an MBA program in general, or potential business careers are invited to an information session at the Cuninggim Women's Center April 4 from 5 to 7 p.m. Owen students will lead the discussion.

The average starting salary last year for Owen graduates was \$62,000, more than double the figure for a typical undergraduate. While some Owen students come straight from their undergraduate programs, others have been working for several years and want to enhance their careers or change fields. Students include former engineers, nurses, attorneys, construction managers and bankers.

The MBA program offers concentrations in marketing, finance, operations, human resources and management information systems.

*The Margaret Cuninggim Women's Center
invites you to attend*

"Currents in Midstream"

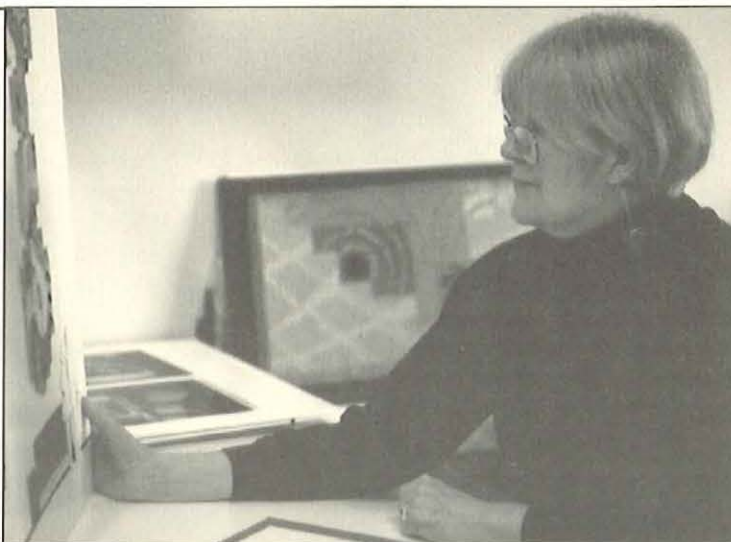
a collection of recent collages

by Arlyn Ende

April 8 through May 25

This exhibit of mixed-media works signals a crossing of boundaries in Ende's career as a maker of large textiles for interior architecture. Stepping outside that context, she focuses on collaging.

*A reception for the artist will be held
Tuesday, April 16 from 5-6:30 p.m.*



JimAnn Howard Photo

Artist Arlyn Ende in her Sewanee studio

A P R I L

Calendar of Events

Margaret
Cuninggim
Women's Center



Please save and post. Individual flyers for these programs may not be sent.

APRIL 2 / TUESDAY

Creative Life Planning Group meets weekly to focus on ways to improve problem-solving skills and make life changes. Noon to 1 p.m. Bring your lunch. Drinks provided. *Also meets April 9, 16, 23 and 30.*

Project Dialogue: Impact of Social Parenting discussion led by Matt Cotner, Engineering Junior, and Gay Welch, Associate University Chaplain, 4-5 p.m.

APRIL 3 / WEDNESDAY

Challenging Some Myths About Childbirth, led by Penelope P. Wright, RNC, MSN - OB/GYN Care Coordinator. 5-6:30 p.m.

So You Want A Career in Engineering/Science: Women's Insights on Technical Careers. Panel discussion, 6 p.m., Sarratt 118. *(See article, page 4)*

APRIL 4 / THURSDAY

Careers for Women in Business: How About an MBA? Panel of Owen School of Management women, 5-7 p.m. Co-sponsored by the Owen Women in Business Association. *(See article, page 4)*

APRIL 7 / SUNDAY

Body Image and Eating Disorders Group. 6:30 p.m., upstairs at the Women's Center. *Also meets April 14, 21 and 28.*

APRIL 8 / MONDAY

Book Group meets to discuss *The Beardstown Ladies' Commonsense Investment Guide* by Leslie Whitaker. Facilitator is Jane DuBose. New members welcome. 5:15-6:15 p.m.

Arlyn Ende textile art exhibit, "Collages: Currents in Midstream" opens. Runs through May 25. Reception for artist April 16, 5 p.m. *(See article, page 4)*

APRIL 9 / TUESDAY

Proposal Writers Group meeting, 4-6 p.m.

APRIL 10 / WEDNESDAY

Women's Center Advisory Board, chair Joel Covington, 4:10 p.m., Owen School of Management, room 204.

APRIL 11 / THURSDAY

Early Birds is a monthly informal gathering with continental breakfast and conversation for students, faculty and staff, 8-9 a.m.

Journal Writing Workshop. "Inner Voices: From Sounds of Doubt to Songs of Praise," Miriam Bassuk, Licensed Clinical Social Worker. 7-9 p.m., Wilson 113. Registration is required by April 5. *(See article, page 3)*

APRIL 12 / FRIDAY

Brown Bag Lunch for Staff and Faculty. Bring a lunch, noon-1 p.m.

APRIL 15 / MONDAY

Dissertation Writers. 4:30-6:30 p.m.

APRIL 16 / TUESDAY

Artist Reception for Arlyn Ende, 5-6:30 p.m.

APRIL 18 / THURSDAY

Couples and Money: What Do You Fight About? Katrin T. Bean, Certified Financial Planner, will offer a workshop twice this spring on ways to resolve money conflicts, identify your money personality and achieve money harmony with your partner. 4:30-6 p.m. *(Same workshop will be offered May 14.)*

APRIL 23 / TUESDAY

Freelance Writers Group, a monthly meeting of women writers facilitated by Beth Grantham. 5:30 to 7:30 p.m. New members welcome.

Unless otherwise stated, all programs are held at the Cuninggim Center, Franklin Building, 316 West Side Row. For more information, please call 322-4843.

In the library...

Women's stories reveal struggles of Southern life in Civil War era

Barbara Clarke,
Women's Center
librarian



Southern women describe their Civil War experiences in *The War the Women Lived: Female Voices from the Confederate South* (J.S. Sanders, 1995). The volume is compiled by Walter Sullivan, a professor of English at Vanderbilt University. He has included 31 selections from the diaries and memoirs of 23 southern women and teenage girls; all of the contributions have previously been published. Most of the women were from middle- or upper-class backgrounds.

The selections are presented chronologically and they paint a picture of life in the South from 1859 to the end of the war. The women do not confine their descriptions to life in their homes or on their plantations; they discuss battlefield scenes, politics, and conditions in prisons, churches, military hospitals, and on ships. The writers were not merely spectators. Three were spies and two of these were arrested and imprisoned; two were nurses who cared for wounded soldiers, and another routed a Federal soldier with a pistol. Most showed great courage and resourcefulness during difficult times.

Among the many topics described in the volume are plantation life on the eve of the war, conditions in the military hospitals, the tremendous theft and destruction of property endured by southern families, and the difficulties of traveling during that time. An English governess living in Virginia writes about the war being a folly for both sides.

Sullivan also describes what became of the contributors after 1865. A number of them made their name as writers and several became teachers; little is known about several others.

In *Divided Sisters: Bridging the Gap Between Black Women and White Women* (Anchor Books, 1996) Midge Wilson and Kathy Russell discuss the nature of relationships and tensions between women of different racial backgrounds in the United States. Few adult women have close friendships with women of other races, although it would seem that black and white women have much in common and share many similar problems and concerns. Wilson, who is white, is a professor of psychology at DePaul University in Chicago; Russell is a black poet, scriptwriter and producer. This is the second book they have coauthored on color prejudice.

A chapter is devoted to the historical background, showing how the experiences of black and white women diverged greatly after the first European and African women arrived in this country in the 17th century. The writers discuss the tensions, distrust, and cultural differences between women of different races as well as competitiveness, differing ideas about beauty, interracial dating and marriage, and class differences. They also deal with stereotyping and real or perceived racism, and describe how white and black children and teenagers interact and feel about those of other races. Wilson and Russell also illustrate how women relate to those of different races at college and in the workplace.

The writers feel that females hold

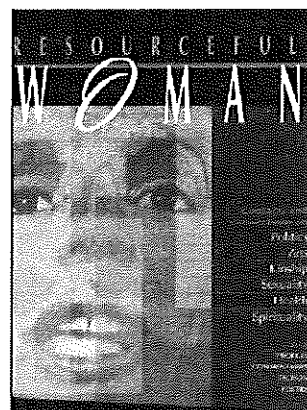
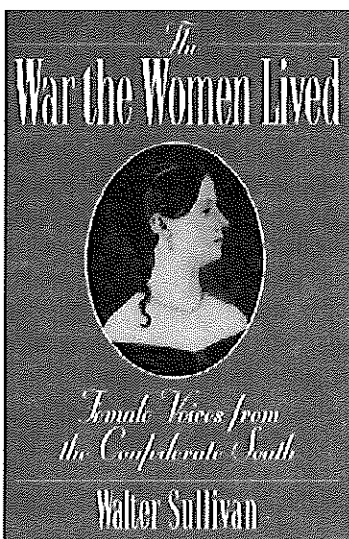
the key to improving race relations and that women of all ethnic groups need to come together to fight all forms of inequality. They suggest steps that individuals and groups should take to achieve this goal.

Resourceful Woman (Visible Ink, 1994) by Shawn Brennan and Julie Winklepleck is a reference work designed to enable women "to connect to other women who are exploring the issues closest to your heart." The compilers have arranged a great deal of information

under 15 main topics, including aging, health, global issues, spirituality, politics, arts, education, youth and work. In each section are addresses of relevant organizations, institutions, publications, colleges, agencies, programs, women's centers and book-sellers. Included also are short informative articles, statistics, photographs, quotations, poetry and short stories.

Laura Pietropaolo and Ada Testaferri, the editors of *Feminisms in the Cinema* (Indiana University Press, 1995), have collected a dozen articles on feminist film theory and filmmaking. The editors, both of whom teach at York University, sought contributions in which "the principal concern of each writer is the presentation of a position of marginality."

Most of the contributors are film theorists and two are filmmakers. A couple of the selections discuss the achievements of pioneering women filmmakers, while others deal with such topics as minority woman and the cinema, Latin American movies, and lesbian representation in film. ■



PHYSICAL FITNESS ♀ REST ♀ SOCIAL SUPPORT ♀ GOOD DIET ♀ SELF-CARE ♀ FUN ♀



MEDICAL CARE ♀ SPIRITUALITY ♀ AWARENESS ♀ LOVE ♀ INTELLECTUAL INTERESTS

Health matters

Breastfeeding helps give babies a healthy start

by Judy Matthews-Taylor, Resource Specialist for the Maternal Infant Health Outreach Worker (MIHOW) Project at Vanderbilt's Center for Health Services

"Nothing is more important to our shared future than the well-being of children. For children are at our core — not only as vulnerable beings in need of love and care but as a moral touchstone amidst the complexity and contentiousness of modern life. Just as it takes a village to raise a child, it takes children to raise up a village to become all it should be."

From *It Takes A Village And Other Lessons Children Teach Us*, by Hillary Rodham Clinton (Simon & Schuster, 1996)

Children who begin life loved and nourished by their families and village return the favor in powerful ways. A good start for children insures a long life for the village. In the area of infant feeding, it has become generally accepted that breastfeeding is far superior to bottle-feeding in the vast majority of cases.

Breastfeeding is best for the baby in numerous ways. Breastfed babies have stronger immune systems. Mother's milk helps protect babies against numerous diseases, and studies associate breastfeeding with higher IQ levels and more advanced neurological development. Because breast milk is so easily absorbed, breastfed babies have less spit-up, colic, diarrhea, and constipation.

Mothers benefit as well. Since the mother's body consumes more energy to produce breast milk, she can lose weight more quickly. Breastfeeding contributes to reduced maternal mor-

talidity from postpartum bleeding and infection, and is associated with reduced anemia. There is evidence that women who breastfeed have a reduced incidence of breast cancer, ovarian cancer, and osteoporosis. Finally, breastfeeding empowers many women, confirming the unique importance of their bodies in spite of business interests that promote bottle-feeding.

Breastfeeding saves money, too. For example, the World Alliance for Breastfeeding Action (WABA) reports that in New York, the total cost for hospital treatment of bottle-fed infants for the first four months was 15 times higher than the cost of breastfed infants.

With so many positives, why don't all mothers breastfeed?

- Women have not been taught. Although all new mothers have the physical capacity to nurse, and may even be educated about the value of breastfeeding, actually doing it is something else entirely. "Babies are born knowing how to suck, but mothers have to learn their part," says Dr. Ruth Lawrence, director of the Breastfeeding and Human Lactation Study Center at the University of Rochester School of Medicine in New York (*Parenting*, May 1995). "They used to do that by observation, but since families are smaller and more dispersed today, girls don't grow up learning about breastfeeding."

- Their doctors may not encourage them. While appreciation of breastfeeding is growing, here in the U.S. and around the world many health

professionals still consider breast milk and its substitutes as equally good, and many have little experience or training in lactation management.

- Help isn't available when it's needed. American hospitals routinely send mothers home before their milk comes in.

- The promotional capacity of the baby formula, food, and bottle industries is comprehensive and sophisticated.

- The erotic way breasts are exposed in movies, TV, and advertising makes us think that there is something "dirty" about breastfeeding.

- Combining work and breastfeeding is challenging. If the baby is not being cared for nearby, where a mother can visit to breastfeed, she must "express" milk to store for her baby. This requires at least an hour a day in a private space.

MIHOW is seeking
STUDENT INTERNS
For details, see back page.

To empower working women to breastfeed, WABA has

developed the Mother-Friendly Workplace Initiative. It reminds employers that since breastfed babies are healthier, their mothers are absent less often, there is less turnover, and worker productivity and morale are improved.

What can we do to promote breastfeeding on the job?

- If you are in a supervisory capacity, use your influence to accommodate breastfeeding mothers. If you are a breastfeeding mother, you can be a powerful role model for other women.

- If you breastfed as a younger woman, let people know. If your wife breastfed, share your pride in that achievement, as successful breastfeeding is often related to the father's support. If you were not a breastfeeding mother, you can still support those who are.

- Try to create changes in the workplace that promote breastfeeding. This will help create a more humane work environment for everyone. Remember, and remind others, that nurturance of our babies is essential for the health and productivity of our country. ■

Announcements

Conferences

Southern Women in Public Service: Coming Together to Make a Difference is May 5-7 in Birmingham. The sixth annual conference, sponsored by the Stennis Center for Public Service, is aimed at women already in public service and those who want to enter public service or help other women to do so. Workshop sessions include campaign strategies for women, dealing with the media, and positioning women for political appointment. Registration is \$194 for government/nonprofit participants; the deadline to register is April 4. Contact the Stennis Center at 601-325-8409.

Women Leading: Today and Tomorrow, a national conference for college women student leaders is June 6-8 at Georgetown University in Washington, D.C. The conference includes leadership and personal development workshops, as well as networking

with women leaders from across the country. Any Vanderbilt students interested in attending should see Nancy Ransom about possible financial sponsorship.

Programs

Lesbian Herstory Archives Slide Show is scheduled for Saturday, May 4 at 7 p.m. in Furman 114. The slide show is a 90-minute guided tour of materials at the archives in Brooklyn, as well as an examination of current issues and struggles facing lesbians. Admission is free.

Native American Women's Voices is the April 6 program of the Middle Tennessee Women's Studies Assoc. Speakers are Katherine Osburn of Tennessee Tech, Corinne Dale of Belmont Univ., and Pat Wells of MTSU. It's at 10:30 a.m. in Room 241 of the Kennedy Center/MRL Building at Vanderbilt. For information, call Jan Rosemergy at 322-8240.

Internships offered

The Maternal Infant Health Outreach Worker (MIHOW) project serves rural low-income pregnant women and parents with young children in Appalachia and the lower Mississippi Delta. Women from the local communities are trained as outreach workers. In addition to promoting breastfeeding, these paraprofessionals visit families in their homes, providing education and support for healthy lifestyles.

MIHOW needs interns from various fields of study. Compensation could include work-study payment or course credit. One need is for students skilled in film production to help on a promotional video. Those with other skills are needed as well. For information, contact Mary Porter, MIHOW Director, at 322-4184.

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