

Margaret
Cuninggim
Women's Center

In like a lion . . .

March is National Women's History Month

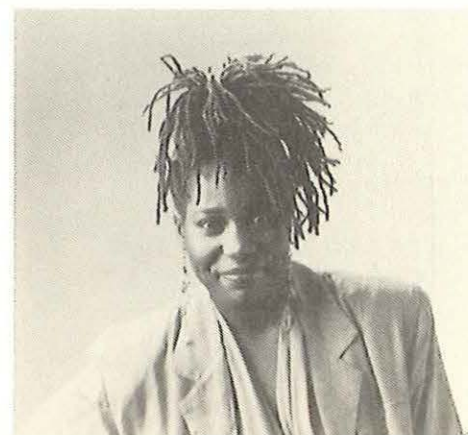


Carol Gilligan, professor of education at Harvard University, lectures March 17, 7:30 p.m. (see page three for details)

National Women's History Month has roots that extend back through the nineteenth century, although Congress first proclaimed March 1987 as Women's History Month and then passed Public Law 100-9 designating March of every year as National Women's History Month.

The 1992 national theme is "Women's History: A Patchwork of Many Lives."

The Cuninggim Women's Center welcomes your attendance and participation in the special programming planned for National Women's History Month. For a complete schedule, consult the calendar on page three.



Bertice Berry, sociologist and comedienne, speaks on racism and sexism March 18. (see page three for details)

Graduating senior didn't learn everything she ever needed to know in kindergarten

Michelle Manzo, A&S '92

The end of my undergraduate education has arrived and it is time for me to emerge from the campus cocoon. I'm nothing more than an unemployed larva now with a lot of grueling tasks ahead of me.

Fortunately, the packing of the Vanderbilt luggage won't be too laborious of a task; I've been steadily tucking things away since I arrived almost four years ago. Confidence, knowledge, communication skills, debt, and friendships are neatly placed in my pullman with wheels, a must since I know I will be carrying and unfolding them everywhere I go. There is one small problem—I can't get my suitcase to close. Something in

there is just too big.

My first thought is that the darned debt is precluding closure. Upon closer inspection, however, I find that there's something even bigger than bills that I have accrued at college: feminism. Yep, the feminism was hidden—or, perhaps, a part of—the confidence and knowledge piles.

I spy a remnant of my early feminism from first year and nostalgia creeps in. I'm back on my freshman hall with thirty women, three showers and 2:00 a.m. fire drills. My neighbor's boyfriend and I just squabbled over his calling the Munchie Mart cashier "some dumb blonde chick." Robed hallmates emerge from their beds, telling me not to get so worked up about this young man from Baton

Rouge and his remarks. "After all, he's Southern and a KA," was the excuse offered for him. When I tell my mother about this incident, she advises me to be careful because I would scare all of the boys away. My father told me, "settle down, little Gloria." In the end, my hallmates thought I was overzealous and out of line and my parents were worried that I would be reduced to Woolworth's in the dating market. I wanted to get married someday and I admit I was worried.

Though my definition of feminism was quite elementary when I arrived, I was nonetheless confident in the power and equality of my gender. Some of those who heighten the

(continued page four)

Call for nominations: Cunninggim Center Advisory Board

The Margaret Cunninggim Women's Center Advisory Board is seeking interested persons to serve as at-large members beginning in the fall of 1992 for a two-year term. (At-large members may serve for two consecutive two-year terms.) Undergraduate and graduate or professional students, faculty members, staff, and administrators serve on the board. Interested women and men may apply. Self-nominations are encouraged.

Send personal applications and/or nominations to Jan Rosemergy, chair, nominating committee, Box 40, George Peabody College or for further information call the Cunninggim Center at 322-4843.

News quotes

Labor market ignores superior worth of female resources

A recent study by the Education Department entitled *Women at Thirtysomething* provides telling evidence that women are a critical, underutilized resource in the economy.

The study's main emphasis is women's consistently superior academic performance, starting with high school. Women also excelled in college. Although as many women as men went directly on to college, women were more likely to win scholarships and earn degrees rapidly. The problem noted by researcher Clifford Adelman is that women's superior educational performance and commitment were not rewarded in the labor market.

The study found that women at all educational levels tended to experience more unemployment than men, even if they were childless. And by the time they were in their early 30s, women were able to achieve pay equity with men in only seven of thirty-three major occupations—and in five others if they had earned more than eight credits in college-level mathematics.

Business Week
January 27, 1992

Advancement of women's rights sought in Japan, Botswana

Botswana: Unity Dow, the first woman to sue her government for sex discrimination, has won. Setting legal precedent, the High Court declared, "the time that women were treated as chattels or were there to obey the whims and wishes of males is long past . . . it would be offensive to modern thinking and the spirit of the Constitution to find that the Constitution was framed deliberately to permit discrimination on the grounds of sex." The government said it would appeal.

Japan: Over 100,000 registered nurses in Japan went on strike to underscore their demands for higher wages and improved work conditions. Six hundred and fifty of them organized a two-hour sit-in in front of the Ministry of Health in Tokyo.

National NOW Times, December 1991

Arts corner

The Cunningham Center announces the second in a continuing series of exhibits by women artists. During National Women's History Month and through April 3 Janet Z. Swanson exhibits her clay sculpture cast in bronze and plaster as well papier maché and mixed media pieces. Themes include the humorous, the whimsical, and the more serious.

Swanson is a graduate of Philadelphia College of Art and Pennsylvania Academy of Fine Arts. Her art has won numerous awards both in Tennessee and in Pennsylvania. Pieces of Swanson's work are in private collections across the country.

Hours are those of the center: 8:30 a.m. until 5:00 p.m., Monday through Friday (until 10:00 p.m. on Tuesdays). Exhibit is displayed on the first floor of the Franklin Building, West Side Row (behind Tolman Hall).



Women's VU

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1992

National
Women's
History
Month

Margaret
Cunningim
Women's
Center



Please save and post. Individual flyers for these programs will not be sent.

9 (Monday)

Book Group will choose books to read for the next six months. 5:15 p.m. to 6:15 p.m., Cuningim Center. Bring your suggestions about books to read. New members welcome. Refreshments.

17 (Tuesday)

Joining the Resistance: Psychology, Politics, Girls, and Women. Public lecture by Carol Gilligan, professor of education at Harvard University, author of *In a Different Voice: Psychological Theory and Women's Development*. Ellen Goodman calls this book "the most insightful book on women, men and the differences between them." 7:30 p.m., David K. Wilson Hall, room 103.

Gilligan is a founding member of the collaborative Harvard Project on the Psychology of Women and the Development of Girls. She is involved in a prevention project, "Strengthening Healthy Resistance and Courage in Girls," and in research that explores racial and cultural differences among women and girls.

Co-sponsored by Women's Studies, Department of Psychology, Department of Psychology and Human Development, Department of Human Resources, Center for At-Risk Populations at VIPPS, Vanderbilt Alumni Committee on the Status of Women, and University Lectures Committee. Reception to follow.

18 (Wednesday)

Racism and Sexism on the College Campus: What Can We Do? Bertice Berry, PhD in sociology and comedienne, delivers lecture at 12:15 p.m. in Sarratt Cinema, and comedy routine at 7:00 p.m. in the Stadium Club. Free.

Berry earned her PhD in sociology from Kent State in 1987. She was voted the 1991 College and University Comedian of the year and has an impressive list of appearances at over fifty colleges as well as national television appearances.

Co-sponsored by Black Student Alliance, Students for Women's Concerns, Bishop Johnson Black Cultural Center, Women's Studies, and University Lectures.

24 (Tuesday)

Noontime Seminar. Rosalie Hammond, assistant professor of Nursing in Family and Health Systems leads a seminar on single mothers and support systems. 12:15 p.m. to 1:15 p.m., Cuningim Center.

25 (Wednesday)

Lunchtime Book Review. Nancy A. Walker, director of Women's Studies, reviews *Backlash: The Undeclared War against American Women* by Susan Faludi. 12:15 to 1:15 p.m., Cuningim Center.

27 (Friday)

Nicaragua: The Feminist Movement and the National Debate. Magda Enriquez, acting representative of the Sandinista National Liberation Front for the United States and Canada, will speak about the Nicaraguan women's movement and women's association. Bring your lunch and join in the discussion. Noon to 1:30 p.m., Cuningim Center.

31 (Tuesday)

Conversation with a Nobel Laureate. Rosalyn Yalow, distinguished medical researcher and professor, shared the 1977 Nobel Prize for Physiology or Medicine. Yalow will be at the Cuningim Center from 12:15 to 1:15 p.m. for informal conversation. Bring your lunch and meet her.

31 (Tuesday)

Thinking About Your Future: Professional and Personal. Panel of women look at balancing their professional and personal lives. 5:00 p.m., Sarratt 118.

Panelists are Kay Hutton, Vice-President, CB Commercial Real Estate Group, Princess Patton, *The Tennessean's* editorial board, and Mimi Wallace, partner with J.C. Bradford & Co.

Reception following at the Cuningim Center. Co-sponsored by Career Center.

learning about feminism (from page one)

friendship pile in my Vanderbilt suitcase, however, first set foot on Commodore Cornelius' university with different attitudes.

"No, when I arrived here, I didn't call myself a feminist. . . but by the end of the first week, I did," says graduating A&S senior Jeanne Peck. "I had a stereotypical view of a feminist as a lesbian or someone who just couldn't make it in society. I was afraid to call myself a feminist for fear of how others would perceive me. I'm not afraid now. I thought feminists were just angry people, but I can see that there is a broader spectrum."

Another A&S senior, Gabrielle Sterioff, voices the same concerns. "I wanted all of the equality, but didn't want to label myself as a feminist when I first arrived here. I preferred something like 'humanist' because it doesn't carry around so many bad associations. That ended quickly when I came to college and took women's studies courses and spoke with feminists. I got over wondering what people would think—wondering if I'm a man-hater, an uncaring, militant bitch. That's ridiculous, but it's a reality one must face when accepting the feminist label, something many women on this campus are reluctant to do."

Freshman and sophomore-year feminism meant a growth in awareness of overt, superficial gender issues; it was nothing much more complex than that. "My first step," according to Sterioff, "and probably everybody's, was just becoming aware of inequalities."

Had I transferred after sophomore year, the suitcase would have closed easily and I wouldn't have needed to invest in the forty-inch pullman with wheels. I didn't have many valuable Vanderbilt souvenirs because I had been robbed several times by those who, for whatever reason, needed or feared something I had and thus stole from me. Unfortunately, I wasn't strong enough to fight back.

The one who took the most without realizing it was the professor who told me not to go into a certain field because the training took too long and my "biological clock was ticking away." I wanted a family and just assumed he was right, that he knew best; at that time, a medium-sized duffle would have sufficiently

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accommodated my Vanderbilt experience.

As mentioned earlier, "little Gloria's" debts were steadily increasing by junior year, but not as fast as her feminism. It's no coincidence that the maturation and sophistication of my definition of feminism occurred during my first women's studies class. All I needed was a dose of formal theory from this strong role model, who also served as my first female professor at Vanderbilt. For the first time I was not acquiring knowledge through a white male point of view. As Peabody junior Danielle Heyman states, "there's something exhilarating when you finally hear a woman's perspective, be it Shakespeare or women's studies." This class was my ticket to New College Experience, and I'd really wanted to go there.

The souvenirs from this trip perpetuate growth. I see movies, read books, watch television, speak and write through a new, educated feminist lens. This enhanced vision sees the subtleties in gender relations and complexities of feminist issues that were not previously visible. No longer is my definition of feminism limited to "seeking equality in the workplace and correcting those who employ sexist language." It's evolved into a recognition and opposition of systemic gender biases that eliminate choice. "Choice is what feminism is to me," says Heyman. "I don't think a lot of women even know they have a choice about marriage, having children, or changing their last names, for example. We are bombarded with messages from everywhere that tell us quite the contrary about everything."

My enlightened, more sophisticated feminism also encourages me to examine my own behaviors in the desire to eliminate inconsistencies between theory and practice. Unfortunately, I have many of these. "I, too, often wonder 'why did I do that?'" Sterioff says. "I have to unlearn some of the roles that go against my idea of feminism."

I'll pack her words away in the U-Haul I have to rent because my suitcase is too full. I don't know exactly where I'm going in that orange and black aluminum truck, but I now know my *direction*, and that's what counts. ■



Speaking of women . . .

Gove continues 'opening doors' for campus females

Antonina Gove, professor of Slavic languages and literatures, is interviewed by Valerie Traub, assistant professor of English.

In many ways Antonina Gove's life reads as a chronicle of major events in the twentieth century, beginning with her childhood experience of World War II and progressing through her "consciousness raising" in the mid-seventies.

Gove was born in Latvia and thus, although ethnically Russian, identifies as a Latvian. Her family had moved to the margins of the Soviet state in order to escape persecution for their religious beliefs. Persecution followed, however, with the Stalin-Hitler pact of 1940, which caused her family, as religious "undesirables," to emigrate to Germany in 1944. With

the end of the war, Gove's family moved to an Allied displaced persons camp, where they resided for four more years before their emigration to the U.S.

The recent independence of Latvia has Gove looking forward to visiting the land that gave her identity, her language, and her academic interest. As a specialist in Slavic linguistics, Gove feels fortunate to have maintained continuity with her cultural past. Before she entered college, Gove already was a fluent speaker of Russian, Latvian, German, and English; during college she picked up Spanish, French, and Latin. She now reads all thirteen Slavic languages—and any Romance language, for that matter.

Appointed to the faculty at Vanderbilt in 1969, Gove was often the sole woman in her department, as well as on many university committees. Her awareness of the inequity of this situation was heightened during her tenure on the Commission on the Status of Women in the 1970s. Her work on the Commission, beginning with the insistence that the recalcitrant administration comply with governmental regulations for affirmative action, was crucial to the advancement of women on this campus.

Gove emphasizes how vital it is for women (and the faculty senate, which Gove chaired in 1980-81) to keep a vigilant eye on the administration. When we don't, Gove says, "things are allowed to slip." Although Gove feels herself to be part of a campus women's community—emphasizing the vital roles played by the Humanities Center, the Women's Center, and Women's Studies—she questions whether there is enough support for junior female faculty, particularly in departments where they remain underrepresented.

Although Gove is generally soft-spoken, stating that she prefers to let others take the spotlight, she possesses a quiet determination. Gove is quick to acknowledge that she has personally benefited from the increasing role of women in the university. Her face lights up when she talks about how leadership positions have fostered her self-esteem, enhanced her sense of her skills (including, not surprisingly, a flair for negotiation), and increased her courage to stand up for her convictions.

As one of the women with longest tenure on the college faculty, she serves as a "foremother" to faculty women and a foreteller of the success women will have as they take their place beside men in all sectors of the academy. ■



Nina Gove

photo by David Crenshaw

Nancy Ransom nominated for Athena award

The Athena Award is given annually in recognition of professional excellence by twelve local women's organizations. CABLE, a business and professional women's network, has nominated Dr. Nancy Ransom, director of the Margaret Cuninggim Center.

Their nomination reads as follows: "Nancy Ransom's record of strong leadership, integrity, and creative vision in her professional work has enriched the professional and personal experiences of many individuals, particularly women. She has provided a role model worthy of simulation. She is deeply committed to equity issues. She is an advocate of women's rights both in her job as Director of Vanderbilt's Margaret Cuninggim Women's Center and her community activities. Her numerous civic commitments clearly indicate her commitment to the advancement of women in all professional aspects.

Nancy is a leader. She exemplifies what the Athena Award is about. She has truly 'attained and personified the highest level of professional excellence.' CABLE is proud to submit Dr. Nancy Ransom as our Athena nominee."

Tickets to the presentation and reception Saturday, March 28 from 6:00 until 8:00 p.m. at the Parthenon are available at the Cuninggim Center or Opportunity Development Center. Cost \$15. ■

Feminist scholar to visit campus

Peggy McIntosh, associate director of the Center for Research on Women at Wellesley College speaks at Vanderbilt Tuesday, March 31, 3:00 p.m., Sarratt 205. Her topic is "Five Styles of Teaching: A Feminist Perspective." The program is sponsored by the Women's Studies Program and co-sponsored by the Center for Teaching. ■

Author Thordis Simonsen visits campus April 2

In 1982 Thordis Simonsen sold her middle-aged car, placed her beloved cat in a carefully chosen foster home, and moved to Elika, Greece. The villagers invited Thordis to weddings and pig slaughters as well as meals. She went to sea with fishermen, picked olives, cut onions, and weeded garlic. She bought and restored a roofless peasant dwelling long used as a sheep corral. She navigated the starlit night sky.

Since 1982 Simonsen has lived at least part of every year in the Greek village of Elika. Her 1991 book *Dancing Girl: Themes and Improvisations in a Greek Village Setting* describes life there.

Through a selection of readings from the book and slides of Elika, the author will take you on a journey into the lives of three women in Greece.

Presentation and slides by Simonsen will be held April 2, 4:30 p.m. at the Cuninggim Center. Reception to follow.

Co-sponsored by Women's Studies and the English Department.



Simonsen (right) with woman from Elika, Greece (photo by Katy Tartakoff)

Thordis Simonsen will sign her books at the Rand Bookstore from 2:00 to 3:00 p.m. Thursday, April 2.



Eclectic treatment plan aids multiple sclerosis patients

Beth Colvin Huff, RN, MSN
Associate in OB-GYN

Multiple sclerosis (MS) is the most common central nervous system disease affecting young adults (20-40 years of age). It occurs more frequently in women than men. The progress of the disease may take many courses and the dismal picture that is often painted is not always accurate.

MS is a neurologic condition that affects multiple areas in the brain and spinal cord with hardened, or sclerosed, areas of scar tissue that replace the normal insulating substances around the nerves. The cause is unknown but some viruses and malfunctions in the body's immune system have been implicated.

The symptoms of MS vary from person to person, with the typical pattern manifested by periods of acute symptoms followed by periods of minimal or no symptoms. Symptoms are related to the areas in the nervous system where the sclerosed patches occur but may include double vision, slurred speech, loss of bladder or bowel control, tremors, loss of coordination and/or extreme weakness. Because early symptoms may be minor, they are often attributed to other factors, such as stress or other illnesses. There is no definitive x-ray or blood test that can easily confirm the diagnosis. However, much is being accomplished in diagnostic imaging, especially MRL and PET scanning, that may offer quicker, more exacting diagnosis.

There is no cure for MS, but once the diagnosis is made, there are many things that can be done to increase function and decrease symptoms. Medications are aimed at managing specific symptoms--such as muscle

relaxers for spasms or medicines to reduce bowel or bladder distress. Some hormonal therapies may shorten the acute flare-ups. Research is providing new therapies and hope for long-term remissions.

Physical therapy is important to keep muscles strong and flexible. Exercise can reduce spasms as well as provide the physical and emotional

Good nutrition and learning to deal with the stress inherent with MS are important in keeping the immune system strong.

benefits of activity. Good nutrition and learning to deal with the stress inherent with MS are important in keeping the immune system strong.

Psychologically, it can be difficult to deal with a disease that seems to "go away" for periods of time only to resurface with full-blown symptoms. Support is available through the National Multiple Sclerosis Society which offers numerous publications that address specific issues related to MS. The Middle Tennessee chapter sponsors support groups, a newsletter and educational programs to assist those in our area who are interested in learning more about MS. Call 269-9055 for more information.

Library boasts varied works on southern women

The library contains a number of books on Southern women in the nineteenth century.

Within the Plantation Household: Black and White Women of the Old South by Elizabeth Fox-Genovese is a thorough and very interesting study of Southern women up to the end of the Civil War.

While Fox-Genovese concentrates on the lives of the slaveholding women and their slaves, she does include some information on other women, such as those in poor farming families. Much of the book is devoted to life on the larger plantations in a society that was still largely rural.

Deborah Gray White's *Ar'n't I a Woman? Female Slaves in the Plantation South* is a very informative publication on the lives of slave women. As much of the historical material contains little about slave women in particular, White relies heavily on interviews done in the 1930s with female ex-slaves.

Slave women suffered greatly—from sexism as well as from the horrors of slavery and racism. The writer gives us a detailed look at the daily lives of women in different areas of the South, and her topics include childhood and adolescence, work, old age, medical practices, family life, slave community life, and attitudes toward motherhood.

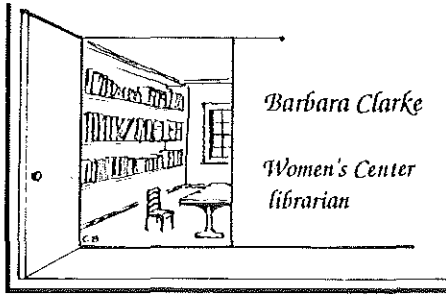
Anne Firor Scott's *The Southern Lady: From Pedestal to Politics, 1830-1930* is a classic work that was originally published over twenty years ago.

It was not intended to be a comprehensive history of Southern women. Scott's aim was "to describe the culturally defined image of the lady; to trace the effect this definition had on women's behavior; to describe the realities of women's lives which were often at odds with the image; to describe and characterize the struggle of women to free themselves from the confines of cultural expectation and find a way to self-determination."

Among the many topics discussed are religion, etiquette, slavery, work, the lack of education for girls and women, and the effects of the Civil War, which helped to open up many new opportunities for women.

A New Perspective: Southern Women's Cultural History from the Civil War to Civil Rights edited by Priscilla Cortelyou Little and Robert C. Vaughan is a short history of some important aspects of Southern life.

The papers in this volume were presented at a conference in 1988, and they cover such topics as work, family



life, suffrage, women's literature, art, and music.

Incidents in the Life of a Slave Girl: Written by Herself by Harriet A. Jacobs was first published in 1861 and is probably the best-known of the slave narratives.

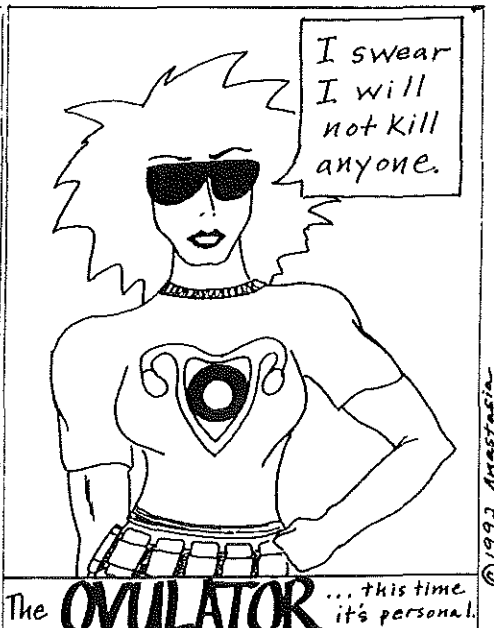
It is a story of cruelty and broken promises, and of the determination of a teenage slave mother that one day she and her two children would be

free. Jacobs was born in North Carolina in about 1813, and her narrative tells of her childhood with a kind mistress, and of her adolescence in the household of a harsh master.

Jacobs was determined to escape to the North, and succeeded in doing so only after spending almost seven years in hiding in cramped quarters in the house of her grandmother, a free woman. The writer fled to New York and shortly afterward was reunited with her two children. The chronicle ends with Jacobs obtaining her freedom in 1852, when her employer in New York bought her for three hundred dollars to prevent her from being reclaimed by the family from which she had fled. While the writer hated the idea of being purchased, only then did she feel really free.

The Secret Eye: the Journal of Ella Gertrude Clanton Thomas, 1848-1889 is edited by Virginia Ingraham Burr, the great-granddaughter of the diarist. Thomas was born into a slaveholding family, and she married the owner of a plantation in Georgia.

Her detailed journals give us an insight into the lives of plantation mistresses and their slaves. Thomas discusses slavery and women's rights, and shows us the effects of the Civil War on the lives of plantation owners.



Announcements

Campus

"Ivory Towers and Women Scholars" is a monthly series of brown bag lunches on the general theme of the woman scholar.

On March 11 Grace Bahng, cellist with the Blair School of Music, will give a short recital and discuss the role of the artist in the university community. Seminar coordinators: Maureen Needham Costonis and Kathleen Hoover-Dempsey.

The March 11 brown bag lunch is at noon at the Humanities Center.

Romance vs. feminism: let's hear from readers on this subject

Shortly before Valentine's Day last month a reader wrote us with the question, "I've been wondering: can I believe in romance and still be a feminist?"

Women's VU would like to hear from you on this subject and plans to print some of your responses.



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1992 Grant and Award Opportunities

Murray Research Center for the Study of Lives, Radcliffe College, Cambridge, MA announces grant and award opportunities with deadlines of April 1 and 15. These include post-doctoral research grants, doctoral grants, and visiting scholars program for women. More information is available at the Cuninggim Center.

Conference

Leadership for Today & Tomorrow, a national conference for college women student leaders, May 28-30, 1992, Washington, DC, is announced by the National Association for Women in Education.

Women of Distinction who will be honored include Sarah Brady, Nancy Kassebaum, Kathleen Black, Molly Yard, and Marian Wright Edelman. In addition participants will hear nationally-recognized keynote speakers, attend leadership and personal development workshops, attend legislative briefings, and network with diverse women leaders from across the country.

For more information come by the Cuninggim Center.

"This is a time in history when women's voices must be heard, or forever be silenced. It's not because we think better than men, but we think differently. It's not women against men, but women and men.

It's not that the world would have been better if women had run it, but that the world will be better when we as women, who bring our own perspective, share in running it."

Betty Bumpers,
Conference speech, 1985
And Then She Said . . .

Women's VU

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