

# WOMEN'S VU

January 1983

A publication of the Vanderbilt University Women's Center

V:4

## Money Management and Tax Workshops Offered to the Vanderbilt Community

### Tax Seminar January 25 & 27

"What's New in Taxes?" is the subject of a two-part program that will be offered by the Women's Center on Tuesday, January 25, and Thursday, January 27, from 5:00 to 6:30 p.m. in the A.J. Dyer Room, Room 220 in the Engineering School. A fee of \$5.00 will be charged for attending either one session or both. The program is open to all Vanderbilt women and men. The instructor, Sandra Lewis, C.P.A., has her own financial consulting business. She has taught money management/financial planning classes for the Women's Center in the past year. **TUESDAY: Methods of Income Taxation:** Installment Sale, Capital Gains; **Deductions:** Dividend Exclusions, Public Utility; Dividends, Exclusions, IRA Contributions, Marriage Tax Penalty, Itemized Deductions; **Credit:** Energy Audits, Child Care Credit; **Tax Favored Income:** Sale of Residence, Capital Gains and Losses, Tax Shelters and Income Averaging.

**THURSDAY: Employee Business Expenses and Starting Your Own Business:** Office in Home Deduction, ACRS and Depreciation, Expensing of Assets, KEOGH (HR-10) Deduction, Education Deduction; **Estimated Tax Payments; Investment Tax Credits;** and **Estate and Gift Taxes.**

For more information or to receive a registration form, call the Women's Center, 322-4843.

### Auction to Benefit Antoinette Brown Lecture

The Office of Women's Concerns at the Divinity School will hold an auction Friday, January 28. Proceeds will go to finance the celebration for the tenth anniversary of the Antoinette Brown Lecture. Donations are needed. For more information call the Office of Women's Concerns, 322-2619.

### Money Management for Students February 2 & 3

A two-part workshop, on the "Money Management and Financial Planning for Students" will be taught by Sandra Lewis, C.P.A. and investment counselor. The sessions will meet in the A.J. Dyer Room, 220 Engineering on Wednesday, February 2, and Thursday, February 3, from 5:00 to 6:30 p.m. All students are welcome to enroll. A \$5.00 fee must accompany registration forms, which are available at the Women's Center, the Sarratt Desk, and the Peabody Post Office, and CPPS.

The following topics will be addressed:

- Where to keep records and what records to keep
- How to figure your net worth
- Budgeting
- Insurance
- Where to borrow money
- Buying a car
- Buying a home
- How to shop for high yields as interest rates decline
- Tax saving ideas
- Stocks
- Rental property

The program is co-sponsored by Career Planning and Placement Service, Mortar Board, and the Women's Center.

### Pre-law Women Invited to Symposium

A symposium on women in law will try to answer the question: Why does a nice girl like you want to go to law school?

Pre-law women, and others who are considering law school, are invited to hear Vanderbilt law students speak on selecting a law school, the application process, life as a law student, career options, and continuing barriers for female lawyers.

The symposium will be held at the Women's Center, on Wednesday, February 9, from 5:00 to 6:30 p.m. The last half hour will be devoted to questions.

### "Shopping Wisely for Health Care"

January 19

How the consumer can learn what health care options are available and what factors should be considered in deciding between them will be issues addressed at a forum sponsored by the League of Women Voters of Nashville on Wednesday, January 19, from 12:00 noon to 1:30 p.m., at Tennessee State University Downtown, Room 354. The program, entitled "Shopping Wisely for Health Care" is a result of the League's ongoing concern with providing information for the health care consumer.

Guest panelists and their subjects will include: Dr. Eugene Fowinkle, Tennessee State Commissioner of Public Health, on "Taking Care of Your Health"; Dr. Paul Stumb, Nashville internist representing the Nashville Academy of Medicine, on "Asking Intelligent Questions of Your Physician"; Representative Paul Starnes of the Tennessee General Assembly, on "Health Care Choices for the 1980's"; and a representative of the Nashville business community on "The Economic Impact of Health Care Costs." Nita Isherwood, moderator of the program, is Chair of the Nashville League's Health Care Committee, which has spent the last year and a half doing extensive research on health care delivery systems and their costs.

This meeting is open to the public and should be of interest both to all consumers and anyone wishing to work with the League on the issue of health care.

Participants wishing to arrive early may lunch in the TSU cafeteria at 11:30. Parking will be available in the TSU lot. For further information, call the League office at 297-7134.



Coretta Scott King will deliver the Martin Luther King Address here on January 25, 1983. Call the Divinity School, 322-2776, for all the details.



## The Vanderbilt Dance Group

If you've been in the vicinity of the Psychology Department or the General Library in the past year, you may have noticed a strange phenomenon in the Wesley Hall area...

A profusion of leotards and tights, bright and woolly leg warmers, bulging dance bags slung over shoulders and an inordinate amount of skipping and turning and leaping and smiling, flushed faces. This is supposed to be a serious University!

Why are all these people having fun and does Chancellor Wyatt know? Is it a new "Find-yourself-in-two-hours, primal scream - while you float in salt water clinic?" It is the new headquarters of the VANDERBILT DANCE GROUP directed by Claudia Edwards.

The VANDERBILT DANCE GROUP is in its second year of operation as a distinct and separate program sponsored by Sarratt Performing Arts. Prior to September, 1981, some dance classes were offered through the Crafts Program at Sarratt; in response to the increasing popularity of these classes, the VANDERBILT DANCE GROUP was established to better serve the needs of the students and the community.

As a prelude to the opening of classes in the fall of 1981, the Studios in Wesley Hall were completely reburbished and modernized. Two spaces that had previously been gyms were sanded, hall-ways repainted, mirrors and barres added and an attendant system initiated. The dressing room facilities were also included in the renovation, with the addition of lockers, and "storage baskets" were made available.

By providing a full-time attendant, the security for those using the building was greatly increased. Lights were added in the driveway leading to the entrance and anyone who comes into the building must have a valid ID.

Since that beginning enrollment has gradually and consistently increased. We are currently offering classes to approximately 200 people in Modern Dance, Ballet, Jazz and the most popular class in this health-conscious age, Dance/Aerobic Exercise.

African Dance was also offered this year, and a special clogging class was requested by

and organized for hospital employees. The Dance Group classes are open to everyone, Women and men, Vanderbilt students, staff, faculty, and the Nashville community as well.

Classes are offered for beginning through advanced level dancers, age 15 and over. A small tuition fee is required because the Dance Group does not receive any funding except through those fees. The program is supported solely by those who choose to use it.

One of our principle aims is to provide the best possible instruction regardless of the level of the dancers or of their eventual goals with dance. For some people, one semester of ballet or modern will give them the exposure to an art form they haven't previously experienced. While others may opt for dance/aerobics three days a week at lunch time, throughout the year.

All of the teachers are professional teachers and dancers who choreograph and perform in the dance concerts we present. These concerts afford an opportunity for everyone who wants to perform.

In addition to our usual classes, this semester we will have a "Sampler Class." This will be a chance for those who want a varied introduction to dance to take a 3 week mini-session in modern, 3 weeks in Jazz, and 3 weeks in Ballet.

Yoga will be offered also this semester, as a daytime class.

Beyond the regular class schedule, the Dance Group sponsors, in conjunction with the "Great Performances" Series, Master classes and artist-in residency activities that are open at no cost to Dance Group participants.

Dance Group students will receive a 25% discount on dance performances this semester which will include the Twyla Tharp Foundation, Joffrey II Ballet and Ohio Ballet.

Classes will begin in January, and registration will start January 12. If you wish to be added to the mailing list to receive class schedule information, leave your name and address at the Sarratt Main Desk (322-2425) or call me (322-4234) for information.

-Claudia Edwards, Director  
Vanderbilt Dance Group

### Barriers to Advancement Shared by Women and Men in Dual-Earner Families:

In researching barriers to managerial advancement, researcher Anne Harlan of the Wellesley College Center for Research on Women found that many of the barriers faced by women moving into management positions are shared by men who are part of dual-earner families. Six barriers were identified, and only two were found to be unique to women. Women, both married and single,

receive inadequate performance feedback and receive ambiguous/conflicting assessment criteria. Both men and women in dual-earner couples were found to share the other barriers: working non-routine hours; undertaking considerable, often unpredicted travel; being transferred geographically; and being expected to put the bulk of their energies into career advancement during their twenties and thirties.

-University Women,  
Nov. 1982

### New Center for Women's Research Established in Tennessee

With the aid of a grant from the Ford Foundation, a Center for Research on Women was recently established at Memphis State University. Bonnie Thornton Dill will direct the Center. Lynn Weber Cannon is Associate Director. The Center will give special attention to social structural arrangements in the South and their impact on the lives of the women who reside there.

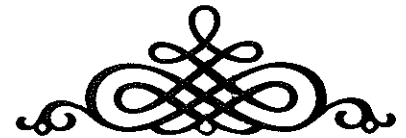
In announcing the formation of the Center, Dill and Cannon indicated that they will study working women in the South who are experiencing major labor market changes and yet lag behind the national average in educational attainment and income. The Center will also conduct research on minority women.

One of the initial activities of the Center will be the development of a research clearinghouse on working class and minority women. The clearinghouse will aid scholars, policy-makers and others who want up-to-date information on in-progress and completed research.

The Center will also publish a newsletter, organize conferences to promote research on women, and publish a Working Paper Series to disseminate recent research findings.

For more information, contact: Center for Research on Women, Memphis State University, Memphis, TN 38152.

(from *ASA Footnotes*, August 1982)



### It's a Myth Women have Now Achieved Equal Opportunity in the Job Market:

*Women at Work: The Myth of Equal Opportunity* a new book by the Women Employed Institute, says the advances women have made in the past decade have created the myth that women have achieved equal opportunity in the job market. The vast majority of women are still relegated to the lowest paying jobs in our economy and the number of women in poverty is increasing, the study found. Other myths are that women now receive preferential treatment in hiring and promotions, federal laws and programs are no longer needed because employers have established non-discriminatory policies, the wage gap is narrowing, women now have access to all types of jobs, and minority women are getting ahead faster because they benefit doubly from affirmative action. The book includes facts to prove that these are myths. The Women Employed Institute is at 5 South Wabash, Chicago, Illinois 60603.

## Report from the library . . .

Several new books have been acquired and are available for circulation from the library: *The Cinderella Complex*, by Collette Dowling, *Portrait of an Artist, A Biography of Georgia O'Keeffe*, by Laurie Lisle; *Blackberry Winter: My Earlier Years*, by Margaret Mead; and *Battered Wives*, by Del Martin, the now classic work on wife abuse.

The new resource guide for women college students and for those expecting to be soon, *Everywoman's Guide to Colleges and Universities*, was ordered in December. The result of an intensive questionnaire survey by the Feminist Press, the *Everywoman's Guide* lists 600 American institutions of higher education, public and private, by state, and rates each of them along three major categories: Women in Leadership Positions, students, faculty, and administrators; Women and the Curriculum; and Women and Athletics.

A listing of "Professional Women's Groups" from the American Association of University Women was updated in May 1981. The listing may be helpful to women in various academic and professional fields because each group listed offers specific services for employment opportunities for women. The listing can be used at the Women's Center.

### ... Videotapes, films, and slide programs . . .

The Women's Center coordinated the purchase this fall of a film on the lives and careers of women scientists. "Science: Women's Work" is available from the Learning Resources Center to any Vanderbilt group or organization.

Also available at the Learning Resources Center is a slide program jointly owned by the Women's Center and the Women's Studies Program: "Images of Males and Females in Elementary School Textbooks." A very thorough examination of the subtle and covert lessons taught young children, the slide program enhances our awareness of "the little things that count" in sex role education.

Sexual harassment of employees and students has been a growing concern. This fall the Women's Center and Opportunity Development Center purchased the film, "The Power Pinch". Although the film portrays the particular circumstances of women at work, the situations evoke a general understanding of sexual harassment in unequal relationships. Arrangements to see this film may be made through the Opportunity Development Center, 322-4705.

"World of Light: A Portrait of May Sarton" is a videotape purchased by the Women's Center in the spring of 1980. May Sarton discusses her writing, her thoughts about solitude, aging, discipline, and reads from both her poetry and novels. This videotape may be checked out from the Women's Center.

-Linda Karwedsky

## PROGRAM ANNOUNCEMENTS

### SEXUALITY EDUCATION AVAILABLE

Planned Parenthood will be offering the following programs beginning in January: **Women and Sexuality** - A four session class for women of all ages providing discussion on aspects of sexuality. Date: January 20, 27, February 3 and 10, 1983. Time: 6:00-8:00 p.m. Place: Planned Parenthood Training Room, 2nd Floor 112 21st Avenue South. Fee: \$25.00. **You and Your Developing Daughter** - A six session class for the parents of pre-teen and teenage daughters focusing on the emotional, social and sexual aspects of development. Date: January 26, February 2, 9, 16, 23, and March 2, 1983. Time: 7:00-9:00 p.m. Place: Family and Children's Service, 201 23rd Avenue North. Fee: \$25/individual; \$30.00/couple. **Volunteer Training** - This program will provide information and discussion on contraception and abortion and skill training on counseling clients in these areas. Date: February 17 and 24, 1983. Time: 7:00-10:00 p.m. Place: Planned Parenthood Training Room/2nd floor, 112 21st Avenue South.

For further information about all offerings, please call Planned Parenthood at 327-1097.

### UNIVERSITY FOR MANY WINTER/SPRING PROGRAMS

The University for Many, a project of the Center for Health Services, will be offering a number of classes during the winter/spring months. Included will be courses on: "Issues in Women's Health" which will be a six-part course that will focus on the special health concerns of women. Topics will include, but need not be limited to, the history of women and health, violence against women, sexually transmitted diseases, women and mental health, attitudes toward lesbianism, and rural women's health. Speakers will attempt to place their topic in the context of culturally reinforced sexist attitudes in society. Also included in the winter/spring program will be "Nursing in the 80's". A series of informal brown-bag discussions will focus on issues that effect nurses and the nursing profession. Topics will include: unions vs non-unions, professionalism, power, relationship with other health professionals and more.

A series titled "Perspectives on Feminism & Minority Women" is also scheduled for the winter/spring '83 term. For more information on these and other courses call 322-4773 or write for a free copy of the University for Many catalog at the following address: University for Many, Center for Health Services, Station 17, Vanderbilt Medical Center, Nashville, TN 37232.

### THE YOUNG CAREER WOMAN: A SYMPOSIUM

A symposium exploring the lives of young career women will be held on Wednesday, February 23, at 7:00 p.m. in Gillette Lounge.

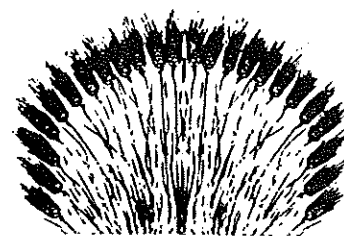
Co-sponsored by Career Planning and Placement, Mortar Board, Residential Affairs, and the Women's Center, the program will consist of a panel of five women under the age 30 who entered the work force with a bachelor's degree. They will discuss entry into their occupations, job-hunting, managing their own money and living arrangements, and for those in non-traditional jobs, the special problems women face in mostly-male work settings.

A question-and-answer period will follow the initial presentation by the panelists. Nancy Ransom, Director of the Women's Center, will moderate the panel.

### LUNCH AND LEARN WITH THE LEAGUE OF WOMEN VOTERS IN NASHVILLE

Friday, February 18: The second part of the League's discussion of "Financing State and Local Government" will take place from 12:00 noon to 1:00 p.m. in the Blair School of Music Faculty Lounge on the 2nd floor. Bring your lunch; beverage will be provided. The focus of the discussion will be: Consideration of an income tax and variations thereof; e.g., payroll tax or occupational privilege tax, flat tax vs. graduated rate, etc.; what is the best way for Tennessee and Metro governments to raise money, if they must because of shortfalls in tax revenues and decreased federal transfers of funds.

This meeting is one of a group of meetings on the subject to be held in Nashville during the week of February 15 through 21. For information about any of them, call the League of Women Voters office, 297-7134.



Women in Higher Education in Tennessee  
have a new WHET (wheat) logo.

## 4 MORE ANNOUNCEMENTS . . .

A Nurse-Midwifery Service is available at Hubbard Hospital to any woman in good health expecting a normal birth. A Birthing Room is also available to provide home-like atmosphere in which the immediate family can participate in a family-centered birth. The mother also has the choice of Rooming-In, having the baby stay in her room.

For information on any of these Birthing options, contact the Nurse-Midwifery Service, 327-6783 or 327-6626.

The YWCA Shelter and Domestic Violence Program will be recruiting and training new volunteers in late February for telephone answering and counseling, child care (women who reside at the Shelter often are accompanied by their children), and to accompany and/or transport residents to professional appointments.

Training will be a minimum of 12 hours in crisis intervention, legal aspects of domestic violence, and Shelter procedures.

To apply call Janey Gleaves at 320-0787.

COOPERATIVE CHILD CARE PROGRAM, located in the Unitarian Church Building at 1808 Woodmont Blvd., has openings in its daycare and kindergarten programs for children aged 2 to 5 years old. Cooperative refers to parents serving on the Board of Directors, determining the quality of the program. There is a professional staff of 4 teachers for 26 children (or 26 full-time equivalent slots). For more information telephone the director, Nancy Ledbetter, at 297-9256, preferably in the afternoon from 1:00 to 5:00 p.m.

The YWCA offers numerous "Career/Life Skills & Enrichment" classes all of which are listed in their January-May 1983 program information brochure. Only a partial listing includes: American Red Cross CPR, Feb. 23-Mar. 16, 6-9 p.m.; Assertiveness Training, March 19, 10 a.m. - 3 p.m.; Becoming Your Own Best Friend, February 1-22, 7-9 p.m.; Career Planning and Job Readiness Training especially for Women 17-22; Counseling Skills, March 7-28, 7-9 p.m.; Eliminating Self-Defeating Behavior, March 19, 9:30 a.m.-4 p.m.; Parliamentary Procedures, March 26, 10 a.m.-2 p.m.; Shelter/Domestic Violence Training, February; Weight Control and Nutrition Class, Jan. 27-March 31, 5:30-7:30 p.m.; Women and Sexuality, March 9-30, 7-9 p.m.; Women's Support Group, Jan. 26-March 16, 7-9 p.m.; and Yoga, Jan. 24-Feb. 28, 5:30-7 p.m.

Most classes have fees from \$25.00-60.00. Most meet at the YWCA building at 1608 Woodmont Blvd. For more information, please call the YWCA, 385-3952.

The next issue of *Women's VU* will be distributed the week of March 15th. Any materials, announcements, or pictures for publication in this issue are needed by February 11th.

Please send to the Women's Center, Vanderbilt University, Box 1513, Station B, Nashville, TN 37235.

## MARK YOUR CALENDAR

### March 18

The Second Annual Benefit for the YWCA Shelter and Domestic Violence Program will be on March 18, 1983, 7:00 p.m., at the National Guard Armory. The benefit will feature a cash bar, silent auction, and professional entertainment.

For ticket information, call 320-0787.

### Women's Week March 28 - April 2

The Women's Week Coordinating Committee is pleased to announce that Eleanor Smeal, from the National Organization of Women, will deliver the keynote address on Monday, March 28th at 8:30 p.m. Eleanor Smeal is the former president of NOW, having served from 1977 through 1982. Please plan to attend.

Yvonne Delk, Executive Director of the Office for Church in Society of the United Church of Christ, will be the Antoinette Brown lecturer this year. She will address the topic of the relationship between black and feminist theology at 7:00 p.m., Monday, March 28th.

Women's Week will run from March 28th until April 2nd. Anyone interested in sponsoring a program or working with the coordinating committee should call the Women's Center (322-4843). Meetings are held each Tuesday at 5:00 p.m.

Women's Week 1983 will be filled with speakers, seminars, and workshops centering on the theme, "Diversity and Equality."

*Edited by Linda Karwedsky*

TO RECEIVE YOUR OWN LABELED COPY OF WOMEN'S VU return the form below or call the Women's Center, 322-4843, to place your name on the mailing list.

We regret that newsletters can be sent to off-campus addresses only for a \$2.00 fee. Please make checks payable to Vanderbilt University Women's Center.

Name \_\_\_\_\_

Department \_\_\_\_\_

Address \_\_\_\_\_

Student (please give school and class) \_\_\_\_\_

Staff \_\_\_\_\_ Faculty \_\_\_\_\_



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