

AN  
INAUGURAL DISSERTATION

ON

*Pneumonia*

SUBMITTED TO THE

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## Pneumonia

As this is one of the Diseases of common in our section of Alabama I have thought proper to say something in regard to the cause and the effects of it on the human economy.

The cause of this Disease is exposure to the sudden changes as from a warm room ~~in~~ to the cold air when the body is relaxed by reason of heat and this sudden change affects the Parenchyma of the lungs and inflammation is the result. There is several changes or stages in this Disease. The first stage is that of engorgement or congestion the lung is more dense with occasional slight effusion but air still penetrates its vesicles, it will float upon water and cupitate on pressure.

The second stage or that of hepaticization is characterized by congestion to a still greater extent and effusion into the vesicles and smallest bronchial tubes and into the areolar tissue; the matter effused is either blood or fibrine. When the lung is laid open it has a granular appearance; and is so very solid that it will sink in water and does not cupitate on pressure.



The transition from the first into the second stage is very gradual.

The third stage is that of suppuration and the colour of the lung in this stage of inflammation is of greyish yellow; <sup>and</sup> it is still solid and smooth. The matter that is contained in the lung is soon changed into pus. There is ~~is~~ <sup>is</sup> a fact connected with this disease.

The second and third stages of this disease may be found to exist in the same lung at the same time and without the closest attention the Physician may be led astray and if the suppuration be suffered to remain too long in the lung it will endanger life by forming pulmonary abscesses. This condition would prove fatal if suffered to remain too long.

Pneumonia may attack ~~one~~ <sup>one or both</sup> lungs at the same time. It is said by some Authors that there is no special point at which the disease commences sometimes it is found in the center of the lung and at other times it is found in the lower lung and then it is also found in the upper lobe it may therefore be said that it has no particular point of attack.

of the middle lobe the easiest to cure,  
Gangreen is apt to result in weakly constitution  
in some there is a peculiar tendency to it  
even without any great previous inflammation  
Sometimes the Gangreen may be diffused, at  
others it may be in isolated spots.

The term vesicular pneumonia or capillary  
bronchitis is given to that variety of the  
disease when there is a deposition of pus in  
the minute bronchial tubes, looking like  
miliary tubercles.

Symptoms. - There is generally a decided chill at  
first followed by fever; at the same time or  
soon after, pain more or less violent is experienced  
in the side breast or back; it is occasionally acute  
when a complication with pleurisy may be  
inferred, since the true lung pain is rather  
dull and is often referred to the epigastrium.  
As to the rattle on either side, (This I witnessed  
in one of the cases I have named the lady -  
declared that the pain was in the breast and not  
in the lung and refused to have blood drawn  
saying that she would not submit I left  
her for some 12 hours when the pain  
became so severe and respiration so very  
difficult that she became alarmed then she



consented to any treatment that would  
his relief?) Respiration is quickened; the cough  
is at first dry as in low typhoid cases and attended  
with bloody expectoration from the first. The  
sputa are viscid and tough, not very copious, and  
of a rusty colour; arising from a uniform  
mixture of blood; very different from the  
streaked appearance of the sputa in acute bron-  
chitis though this kind is also seen if the disease  
is complicated with bronchitis. Occasionally they  
consist almost of pure blood, <sup>and</sup> in typhoid cases  
are of a black colour.

The decubitus is usually dorsal, unless there is pleu-  
risy. Headache is a very common attendant arising  
from a deficient aeration of the blood in the  
brain. The flush on the face has a darkish hue  
often circumscribed and confined to one cheek  
and that is often on the same side that is affected.  
The blood when drawn presents a decided  
clotted appearance.

Physical signs - In the first stage, or that of  
congestion, there is very soon a slight dulness  
on percussion; and diminished respiratory mur-  
mur, but very soon the characteristic crepitant  
rattle is perceived, especially if there is a  
rusty sputum. Sometimes it is not heard.

except an deep inspiration. On the other parts of the chest the respiration may be peculiar. The crepitant rales is caused by the separation of the adherent walls of the vesicles in inspiration, and resembles that caused by rubbing coarse hair between the thumb and finger. According to the teachings of Dr Bawling while this sound is heard it is proof that the disease has not passed the first stage. As long as the natural respiratory murmur predominates over the crepitation, we should infer that the inflammation is slight, on the other hand, when the crepitation prevails so as to mask the respiratory murmur it is a certain indication that the Pneumonia has made progress, and that it has a tendency to the resolution of the disease. These phenomena soon change, either by its making further progress in the disease or in resolution in the latter case the crepitation diminishes in extent and intensity; the murmur of respiration approaches its natural state; the sound of the chest becomes less dull, and its movements, ~~the regular~~

Second stage - The second stage of Pneumonia is that in which the lung presents that



change which is called by some authors red hepatization, in this condition the cells being obliterated while the large-tubes remain pervious, dullness on percussive bronchial respiration, and a loud resonance of the voice are produced; the extension or intensity of these signs furnishes within certain limits an accurate measure of the extent or intensity of the disease. The bronchial respiration specifically marks the second stage of Pneumonic inflammation; often at the same time, the crepitant rharclus may be heard in the adjacent parts.

If the patient recovers from the second stage and the infiltration diminishes so that the air is again admitted to the minute-tubes and vesicles this is announced by a return of the small crepitation, which is of course favorable.

Third stage In the third stage, the diseased lung becomes infiltrated with a purulent-matter which is generally consistent at first but soon acquires the consistency of common pus. In this stage, a peculiar mucocrepitant rharclus is heard; at first in some points then in the whole of the affected part. It is usually announced by the recurrence of the chill and the expectoration of sputa.

Convalescence commences by the end of the first week if the disease has not progressed beyond the first stage; at the end of the second or third week, if it has advanced to the second stage; and if it has proceeded to the third stage, the period of recovery will depend altogether upon the strength of the constitution, and the amount of time involved. When an abscess forms in a hepatalized lung the passage of air through the liquid will be indicated by the gurgling or cavernous rhonchus; and when the cavity has been emptied of the pus by expectoration, pectoriloquy and the cavernous respiration will be added to the sign. Pneumonia may also terminate in gangrene; but this is nearly as rare a termination as abscess. The distinctive physical sign of gangrene is the fetid odour emitted from the diseased part in respiration and cough; and the expectorated matter is also extremely fetid.

This change is usually attended by a collapse of the pectoris and great prostration of the vital powers. Occasionally the inflammation may be so confined to the centre of the lung, as not to be evident by the physical signs; in such a case, the rusty sputa become a valuable indication.



In the Pneumonia of old persons the crepitant rales is not heard, because the effused matter is not tough enough to afford the sound; but it is replaced by a submucous and subcrepitant sound. The signs of lobular Pneumonia are not always certain. It may be presumed to exist if the inflammation occurs in a child; especially after bronchitis. A submucous sound is first heard throughout, followed by some crepitant and bronchial respiration.

Pneumonia is occasionally complicated with hepatitis, especially where the lower lobes are involved; in such a case, there would be tenderness, we presume, under the ribs, and some yellowness of skin. If associated with miasmata, it would assume a paroxysmal form. In the typhoid Pneumonia, there is ~~discharge~~ an expectoration of pure blood, or else of a very dark matter, general feebleness, dry tongue, sordes, no crepitant rales, but a subcrepitant and submucous sound. These are some of the leading features of Pneumonia in its various forms, and stages.

Treatment In the first stage if the patient is in a plethoric condition free bleeding is thought to be the best and if the pain does not yield to the first it may be repeated if this

be postponed till bronchial respiration occurs -  
it will be best to dispencc with the use of the  
lance and in the approach to the second stage the  
use of the lance will not do much good I think  
that more good can be gained by cupping then  
the local blood letting then active purge and after  
this laxatives will suffice you may then use the  
anti mania say 1 eighth of a gr of tartar emetic  
every hour if the skin be hot you may use the  
refrigerant diaphoretics and after some 2 days of  
such treatment a large dose of Dovers powder -  
combined with three or four grains of calomel -  
shoul be be given at night

In the second stage general bleeding should  
be dispencc with and the cups used freely  
and if this fails then the Blisters may be  
used to good advantage then the mercurial  
plan should be commenced by combining  
calomel and Dovers powder and given in small  
doses every three hours untill salivation is  
produced then the stimulents expectorants may  
be used say tartar emetic and opium in small  
doses this course of treatment I think will be  
a very safe one I find that it has proved good  
in my hands and I think I will continue  
to use it untill I am advised differant by