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Original research

Structural and functional correlates of the response to deep brain stimulation at ventral capsule/ventral striatum region for treatment-resistant depression

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ABSTRACT

Background Though deep brain stimulation (DBS) shows increasing potential in treatment-resistant depression (TRD), the underlying neural mechanisms remain unclear. Here, we investigated functional and structural connectivities related to and predictive of clinical effectiveness of DBS at ventral capsule/ventral striatum region for TRD.

Methods Stimulation effects of 71 stimulation settings in 10 TRD patients were assessed. The electric fields were estimated and combined with normative functional and structural connectomes to identify connections as well as fibre tracts beneficial for outcome. We calculated stimulation-dependent optimal connectivity and constructed models to predict outcome. Leave-one-out cross-validation was used to validate the prediction value.

Results Successful prediction of antidepressant effectiveness in out-of-sample patients was achieved by the optimal connectivity profiles constructed with both the functional connectivity (R=0.49 at p<10-4; deviated by $14.4\pm10.9\%$ from actual, p<0.001) and structural connectivity (R=0.51 at p<10-5; deviated by 15.2±11.5% from actual, p<10-5). Frontothalamic pathways and cortical projections were delineated for optimal clinical outcome. Similarity estimates between optimal connectivity profile from one modality (functional/structural) and individual brain connectivity in the other modality (structural/functional) significantly cross-predicted the outcome of DBS. The optimal structural and functional connectivity mainly converged at the ventral and dorsal lateral prefrontal cortex and orbitofrontal cortex.

Conclusions Connectivity profiles and fibre tracts following frontothalamic streamlines appear to predict outcome of DBS for TRD. The findings shed light on the neural pathways in depression and may be used to guide both presurgical planning and postsurgical programming after further validation.

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INTRODUCTION

Deep brain stimulation (DBS) targeting the ventral capsule/ventral striatum (VC/VS) showed potential in treating treatment-resistant depression (TRD).¹ However, the published trials of VC/VS-DBS for TRD have provided inconsistent findings.^{2 3} Given the divergence of the clinical effect and large

WHAT IS ALREADY KNOWN ON THIS TOPIC

⇒ Deep brain stimulation (DBS) in ventral capsule/ ventral striatum (VC/VS) showed potential in improving treatment-resistant depression (TRD), while the underlying neural mechanisms remain unclear and where or how to optimise targeting and stimulation remains poorly understood.

WHAT THIS STUDY ADDS

⇒ This is the first study providing insights into beneficial neural connections of VC/VS-DBS for TRD in both functional and structural views. It delineated a frontothalamic pathway and connectivity profile responsive for clinical outcome in VC/VS-DBS for TRD. In addition, it also provided both functional and structural evidence to support that VC/VS-DBS and subcallosal cingulate DBS may share common responsive brain network.

HOW THIS STUDY MIGHT AFFECT RESEARCH, PRACTICE OR POLICY

⇒ This study contributed to guiding in refining stimulation parameters in VC/VS-DBS for TRD in a brain network manner and understanding the neural mechanism for both invasive and non-invasive stimulations, like TMS targeting the relevant cortical areas within the responsive network.

number of tracts coursing through the VC/VS region, a plausible explanation might be related to suboptimal targeting of effective fibre tracts and related brain network.^{3–5} This hypothesis is partly supported by the emerging understanding that DBS may exert its therapeutic effect via interactions with distributed brain networks, which painted a broad picture where the shared neural network may be responsible for the clinical effectiveness.^{6 7}

Compared with ablative procedures, the stimulated brain regions of DBS, as well as the consequent therapeutic effect, can be optimised by adjusting the stimulation settings. Advanced neuroimaging has identified potential trajectories around the subcallosal cingulate gyrus which may relate to optimal response. Although adjusting DBS settings may lead to better clinical outcomes for TRD, where or how to optimise stimulation in VC/VS-DBS remains



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poorly understood.¹¹ Recent electrophysiological studies^{12–15} and imaging analysis^{10 16 17} have provided valuable insights into the electrophysiological biomarkers and white matter pathways associated with clinical effectiveness. Thus far, the published VC/VS-DBS human data for TRD focused on clinical efficacy, whereas the neural pathways correlated with the effectiveness remain elusive.

Recent advances in neuroimaging facilitate the use of the human connectome in determining connectivity profiles and brain networks that are related to symptoms and predictive of outcomes in obsessive-compulsive disorder (OCD) and Parkinson's disease (PD). ^{18 19} The current study tests the potential utility of both structural and functional connectome in identifying brain connectivity profiles and fibre tracts that are related to the clinical outcome of VC/VS-DBS in TRD. Here, we hypothesise that the effectiveness of VC/VS-DBS in TRD is associated with a connectivity pattern that has discernable neural fibre tracts traversing the stimulated region. We further hypothesise that the stimulation-dependent connectivity profiles would predict individual outcomes in out-of-sample data.

MATERIALS AND METHODS Participants

Patients with TRD who were considered for neurosurgery at Ruijin Hospital from April 2021 to July 2021 were recruited for the imaging study. Subjects signed the consent form prior to the initiation of any other study-related procedures. Details

for inclusion and exclusion criteria for TRD patients eligible for neurosurgery are described in online supplemental methods.

Surgical procedure

Electrodes were implanted bilaterally in the VC/VS region using stereotactic frame-based, magnetic resonance technique using SR1202-S 8-contact leads (8 contacts of 1.5 mm with a spacing of 0.5 mm; SceneRay, Suzhou, China). The most distal contact was located approximately at: X-axis=4–8 mm lateral to the midline, Y-axis=1–3 mm anterior to the anterior border of the anterior commissure and Z-axis=5–8 mm inferior to the anterior commissure. Electrodes were connected to a subcutaneous stimulator (SR1103; SceneRay) in an infraclavicular pocket. The effectiveness and safety of each electrode contact were assessed by an initial programming session 1 week after the surgery. Chronic stimulation was then delivered and adjusted every 2 weeks based on the improvement of depression symptoms (details of programming in online supplemental methods).⁵

Clinical assessment and image acquisition

Clinical outcome was measured by 17-item Hamilton depression rating scale (HAMD-17), Montgomery-Asberg Depression Rating Scale (MADRS)²⁰ and 14-item Hamilton anxiety rating scale (HAMA).²¹ The assessments were conducted presurgically and postsurgically at each programming session. The criteria for response and remission were \geq 50% reduction of HAMD-17 score from baseline and HAMD score \leq 7, respectively.⁹

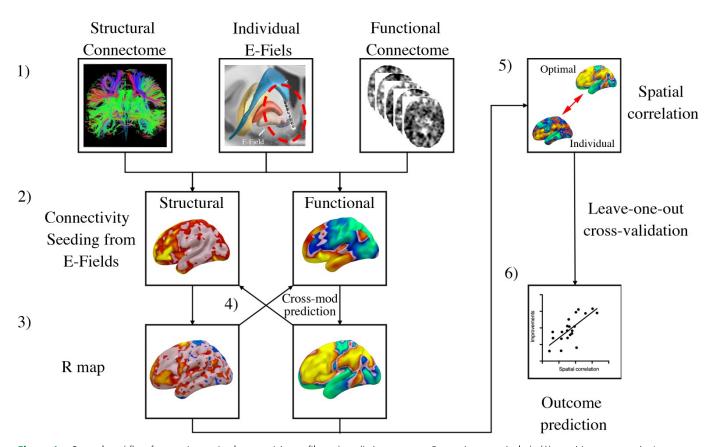


Figure 1 General workflow for creating optimal connectivity profile and predicting outcome. Processing steps include (1) acquiring preoperative/ postoperative imaging, localising DBS electrodes in standard space and calculating the E-field based on stimulation parameters; (2) calculating functional/ structural connectivity between the E-field and each voxel of the brain; then by incorporating outcome data, (3) R-maps were created to serve as the optimal relative distribution of connectivity; (5) calculating spatial correlation describing the similarity between individual's connectivity and the R-map; (6) finally, the prediction value was tested using leave-one-out cross-validation. DBS, deep brain stimulation.

Table 1 Characteristics of included patients				
Items	Values			
Number of patients	10			
Number of stimulation settings	71			
Sex	1 F/ 9 M			
Age (years)	33.9±9.0			
Disease duration (years)	16.1±8.7			
Last follow-up time (months)	7.4±3.3			
Follow-up time for DBS settings (weeks)	7.6±7.8			
MoCA	26.6±2.0			
HAMA-14	21.2±8.1			
HAMD-17	20.5±2.9			
MADRS	29.2±6.7			
Voltage (V)	L 4.1±0.7/R 4.1±0.6			
Frequency (Hz)	L 156.6±43.9/R 156.6±43.9			
Pulse width (μs)	L 173.5±15.2/R 173.5±15.2			
F, female; L, left; M, male; MDD, major depress Cognitive Assessment; R, right.	ive disorder; MoCA, Montreal			

Presurgical imaging was performed on a 3T MRI system (Ingenia, Philips Medical Systems, the Netherlands). Details of sequence parameters are found in online supplemental methods.

Connectivity estimation and fibre tracking

Localisation of DBS electrodes and calculation of corresponding electric fields (E-fields) were implemented using Lead-DBS software (details in online supplemental methods).²² Subsequently, voxel-wised functional and structural connectivity seeding from bilateral E-fields were estimated using normative data sets retrieved from the Brain Genomics Superstruct Project (GSP, fMRI from 1570 subjects in total and 1000 subjects were chosen and processed)²³ and Human Connectome Project at Massachusetts General Hospital (32 subjects, multishell diffusion-weighted imaging data),¹⁹ respectively. Seeding from voxels within the E-field, voxel-wised connectivity profiles were calculated using Lead-DBS.²² Values in E-fields served as weights to

 Table 2
 Brain regions with significant differences in e-field-seeded functional connectivity between remission and non-remission subjects

Significant clusters (peak)	Peak MNI coordinate of significant clusters			Cluster size	Peak
	Х	Υ	Z	(voxels)	T value
Functional connectivity					
Remission>non-remission					
Midbrain	-8	-18	-12	131	4.586
Left pallidum	-14	2	0	44	4.1232
Remission <non-remission< td=""><td></td><td></td><td></td><td></td><td></td></non-remission<>					
Right caudate	8	8	-2	752	-5.5274
Right medial orbital superior frontal gyrus	12	46	-2	361	4.7428
Structural connectivity					
Remission>non-remission					
Right middle frontal gyrus	34	54	4	11 049	7,3223
Remission <non-remission< td=""><td></td><td></td><td></td><td></td><td></td></non-remission<>					
Right parahippocampal gryrus	20	-20	-10	13 066	-4.6558
Right superior temporal gyrus	66	016	8	104	3.8576

generate the connectivity profile. For each patient, fibres passing through a non-zero voxel of the E-field were selected from the normative connectome and projected onto a voxelised volume in standard space (2 mm resolution) while keeping count of the fibres traversing each voxel. Each fibre received the weight of the maximal E-field magnitude of its passage and fibre densities were weighted by these values. Details of connectivity estimation are found in online supplemental methods.

Isolation of fibre tracts discriminative for improvements

In the following analysis, we sought to identify tracts that could discriminate patients with different extent of HAMD-17 change using Lead-DBS. ²² ²⁴ For each fibre tract in the normative connectome, its accumulative E-field vector magnitude while delivering by each patient's electrode was calculated. ²⁴ This value was then Spearman rank correlated with each patient's clinical improvement in depressive symptoms. These R-values were used to colour code fibre tracts that were positively and negatively predictive of HAMD-17 improvement. A high absolute R-value indicates the relatively strong ability in discriminating between good and poor responding E-fields or predictive for outcomes. This analysis made it possible to assign aggregated fibre R-scores to each (out-of-sample) E-field in subsequent leave-one-out cross-validation prediction analyses (details are in online supplemental methods).

Generation of connectivity profiles associated with improvements in depression

A data-driven approach which has previously been introduced in the context of PD and OCD to identify networks correlating with the clinical outcome across the sample was applied.^{18 19} Based on our hypothesis, models of optimal connectivity were estimated using the method previously described by Horn *et al* (figure 1).^{18 19 24} Functional/structural connectivity was first Spearman rank-correlated with postoperative per cent improvements in the HAMD-17 and also the MADRS scales under each stimulation setting, the Spearman's correlation coefficients in each voxel of this map then constitute the *R-maps*. These R-maps denote optimal relative distributions of the connectivity and the more similar a patient's connectivity profile is to this optimal map, the better the improvement would be expected.²⁵ Functional/structural connectivity was then assembled in a general linear model to predict the patient's improvement.

Agreement mask across functional and structural imaging modalities

To calculate the set of regions predictive for clinical outcomes regardless of imaging modality, the conception of previous 'agreement map' was adopted with modification.²⁶ Considering the fact that functional connectivity includes both correlation and anticorrelation, a weighted average map for functional connectivity was first calculated by weighting the corresponding whole-brain functional connectivity profile with clinical response (adjusted by subtracting the lowest improvement to avoid negative weights). 19 Then the R-maps of the two modalities (functional and structural) were superimposed and masked with functional weighted average map to generate the following agreement masks (details of mask description are found in online supplemental methods): (1) 'good correlation': weighted average $map_{func} > 0 \cap R$ - $map_{func} > 0 \cap R$ - $map_{struc} > 0$, that is, voxels showed functional correlation with E-field and positively correlated with outcome in both functional and structural connectivity profile; (2) 'good anticorrelation': weighted average map_{func}<0

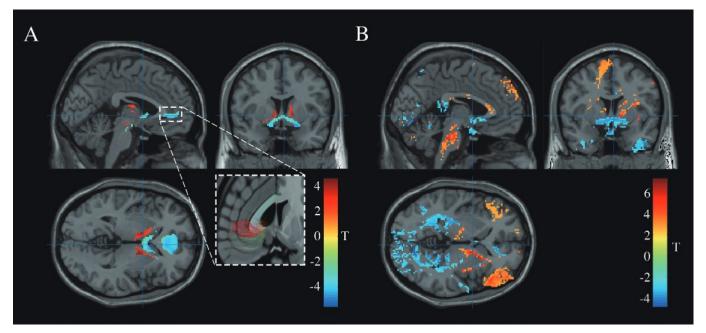


Figure 2 Connectivity differences between remission and non-remission groups. (A) Brain maps of t-statistics representing strength of positive (warm colour) or negative (cold colour) difference in functional connectivity (cluster of>100 voxels, P_{FDR} <0.05). Images within white dashes showed the investigation of normative tractography based on the corresponding functionally differed cluster (semi-opaque mass indicated the corresponding cortical areas with decrease functional connectivity). (B) Brain maps of t-statistics representing strength of positive (warm colour) or negative (cold colour) difference in structural connectivity (cluster of>100 voxels, P_{FDR} <0.05). Slices were at x=2, y=4, z=0.

 \cap R-map_{func}<0 \cap R-map_{struc}>0; (3) 'bad correlation': weighted average map_{func}>0 \cap R-map_{func}<0 \cap R-map_{struc}<0, voxels showed functional correlation with E-field but negatively correlated with outcome in both structural and functional connectivity profile; (4) 'bad anticorrelation': weighted average map_{func}<0 \cap R-map-func>0 \cap R-map_{struc}<0. The agreement masks were combined to mask the functional or structural R-map for outcome prediction. Automated anatomical labelling atlas 3 (AAL-3) was used for brain parcellation (anatomical regions and abbreviation in online supplemental methods). ²⁷ In addition, functionally defined orbitofrontal and prefrontal regions implicated in TRD including orbitofrontal cortex (OFC), dorsolateral PFC (dIPFC), ventrolateral PFC (vIPFC) and ventromedial (vmPFC) were manually defined and used in previous publications from our group. ²⁸ We hypothesised that regions retained in the agreement mask could be more specific for clinical outcomes in both modalities.

Statistical analysis

Data were first tested for distribution using the Kolmogorov-Smirnov test, and then parametric (paired two-sample t test or Pearson's correlation coefficient) or non-parametric (paired Wilcoxon rank-sum test or Spearman's correlation coefficient) statistic was used to assess potential differences or correlation. A multivariate linear regression analysis was used to evaluate the association between clinical/demographic characteristics and the response. Independent variables included gender, age at surgery, patient number (1-10), duration of TRD at surgery, follow-up time since surgery and since each programming session, presurgical HAMD-17 and Montreal Cognitive Assessment scores. The seed-based connectivity was subjected to voxel-based analysis using statistical parametric mapping. Statistical significance was defined as p<0.05 by two-tailed tests. The false discovery rate (FDR) was used to address the multiple comparison issues. All analyses were done in MATLAB (The Mathworks, Natick, Massachusetts, USA).

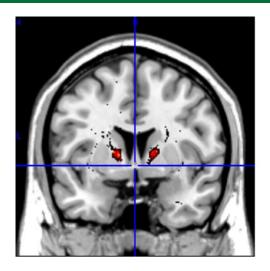
RESULTS

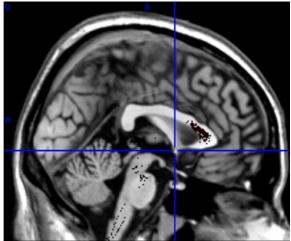
Overall patient characteristics

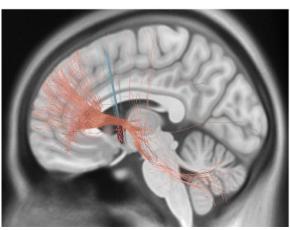
A total of 71 stimulation settings on 20 leads in 10 patients (9 men; age=33.9±9.0 years) who received VC/VS-DBS for depression were included in this study (table 1). Ten subjects with TRD had a mean reduction of 55.8 ± 20.3% in HAMD-17 score, 46.6±26.0% in MADRS score and 45.2±21.1% in HAMA-14 score at 7.4±3.3 months after surgery. After a mean observation of 7.6±7.8 weeks from programming, these 71 settings in 10 patients displayed a mean improvement of 56.5 ± 20.2% in HAMD-17 score, 47.1 ± 26.4% in MADRS score and 39.3±31.5% in HAMA-14 score. Fourty-one (57.7%) of these 71 settings reached response (≥50% reduction in HAMD-17) and 27 (38.0%) were at remission (≤7 on HAMD-17). In the multivariate analysis, the included variables displayed insignificant contributions to the improvement in HAMD-17 (all ps>0.05) except for presurgical HAMD-17 scores (p=0.020). The results of electrode reconstruction demonstrated relative accuracy of implantation across all subjects and the major portion of the E-field overlapped with the ventral half of the internal capsule (online supplemental figure 1).

Functional and structural connectivity differences in response groups

Based on the AAL-3 parcellation, the remission group showed increased functional connectivity (towards the positive end) peaking at two clusters (table 2 and figure 2A): (1) midbrain (131 voxels), which includes right ventral anterior thalamus and left and right red nucleus and (2) left pallidum (PAL; 44 voxels). The remission group showed decreased functional connectivity (towards the negative end) peaking at: (1) right caudate (CAU; 752 voxels), this cluster also overlapped with various subcortical structures, such as bilateral putamen, bilateral nucleus accumbens and bilateral PAL; (2) right medial orbital superior







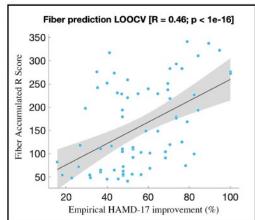


Figure 3 Fibre tracts discriminative of HAMD-17 improvement when modulated. Red tracts are positively correlated with clinical improvement. Upper left and right showed the relative location of the tracts at coronal and sagittal views in T1-weighted MRI MNI152 NLIN 2009b slices. Lower left, predictive fibres positively associated with clinical improvement shown in red. Only positive fibres are shown here for reasons of clarity. The top 50% predictive fibres are displayed. Lower right, correlations between the degree of stimulating positively predictive tracts (sum of aggregated fibre R-scores under each E-field) and clinical improvements. Grey shaded areas represent 95% CI. HAMD, Hamilton depression rating scale; LOOCV, leave-one-out cross-validation; MNI, Montreal Neurological Institute;.

frontal gyrus (PFCventmed; 361 voxels), this cluster also overlapped with various cortical areas, including bilateral medial superior frontal gyrus (SFGmedial) and bilateral supracallosal and pregenual anterior cingulate cortex (ACCpre and ACCsup). Interestingly, further tractography analysis based on this cluster showed aside from the frontothalamic projections, it also has bunches of fibre tracts connected to subcallosal cingulate (figure 3A).

Similarly, the remission group showed increased structural connectivity peaking at the right middle frontal gyrus (11049 voxels), which included a large area of the bilateral frontal cortex, the left supplementary motor area (SMA), bilateral ACC and subcortical structures (table 2 and figure 2B). The remission group also showed decreased structural connectivity peaking at: (1) right parahippocampal gyrus (13066 voxels), this cluster also overlapped with a large range of voxels mainly in bilateral temporal, occipital and lingual gyrus and (2) right superior temporal gyrus (STG; 104 voxels).

No significant group difference was found in the E-field-based seed-to-voxel functional or structural connectivity between responders and non-responders (FDR corrected ps>0.05).

Fibre tracts related to improvements after VC/VS-DBS

In the following analysis, we identified the actual tracts (instead of their cortical projection sites) of which modulation was correlated with HAMD-17 improvement. A positively correlated tract starting from the midbrain and then traversing through the ventral half of the internal capsule at the level of stimulation mainly to the medial and lateral prefrontal cortex was identified in the cohort (figure 3), it was at the vicinity of mainly the dorsal half of the contacts in current study (online supplemental figure 2). Through the leave-one-out cross-validation, the degree of lead connectivity in an out-of-sample patient to this tract significantly predicted clinical improvement (figure 3, R=0.46 at $p<10^{-16}$).

Optimal connectivity map construction and prediction of VC/ VS-DBS outcomes

As described in figure 1 and the Methods section, R-map models (structural and functional R-maps) were calculated on data from the 71 available programming settings using normative structural/functional connectome to predict HAMD-17 improvement (figure 4). Similarity estimates between the maps



Functional connectome

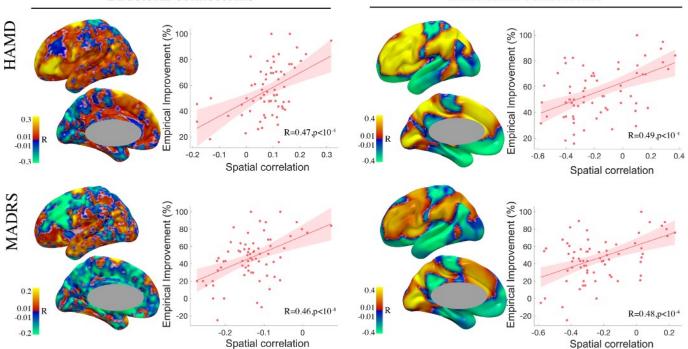


Figure 4 Leave-one-out cross-validation of prediction of HAMD-17 and MADRS score improvement using connectivity seeding from E-field. Similarity between patient-specific structural or functional connectivity profile and R-map constructed with structural or functional connectivity profile was used to predict improvement in HAMD-17 and MADRS score. Pink areas represent the 95% CI. HAMD, Hamilton depression rating scale; MADRS, Montgomery-Asberg Depression Rating Scale.

and each out-of-sample whole-brain connectivity fingerprint significantly predicted clinical improvements (figure 4 top left and right; R=0.51 at p<10⁻⁵ and R=0.49 at p<10⁻⁴). To test its efficiency across different measures for depression, the above two maps were, respectively, constructed based on the improvement measured with MADRS (figure 4 lower left and right). Both structural and functional R-maps showed the capacity to predict improvement in MADRS (figure 5 lower left, structural R-map, R=0.53, p<10⁻⁵; and right, functional R-map, R=0.48, p<10⁻⁴). By assembling the structural connectivity information into a GLM model, the predictive outcome deviated by $15.2\pm11.5\%$ (R=0.51, p<10⁻⁵) from actual improvements as measured by per cent changes in HAMD-17 scores and deviated by $14.4\pm10.9\%$ (R=0.43, p<0.001) with the use of functional connectivity information.

Cross-prediction across structural and functional modalities and agreement masks

Next, we examined if it was possible to predict outcomes based on the similarity of functional R-maps and structural connectivity profiles and vice versa. Though the structural and functional R-maps showed discrepancies in figure 1, they became increasingly similar as the R-scores increased (figure 5). The amount of variance explained decreased but was still significant by the cross-prediction process compared with using R-map and its matched connectivity profile (figure 5, R=0.26 and p=0.028 for using functional R-map and structural connectivity; R=0.42 and p<0.001 for using structural R-map and functional connectivity).

Finally, we aimed at creating an agreement mask within which the connectivity profile would be maximally predictive regardless of imaging modalities. As illustrated in the section Methods and figure 6A, the functional and structural connectivity information were combined to map areas represented for correlation and anticorrelation related to superior outcome ('good correlation' and 'good anticorrelation'), and also those related to the inferior ones ('bad correlation' and 'bad anti-correlation'). Voxels in these areas were combined to create the agreement mask, which was used to mask the functional and structural R-maps for outcome prediction. The masked models were significantly predictive of outcome and showed slightly better performance in leave-one-out cross-validation compared with the unmasked profiles in both the functional (R=0.49, $p<10^{-4}$; figure 6B) and structural connectivity (R=0.49, p< 10^{-4} ; figure 6B). By averaging the portion of involved voxels of brain regions within these four mapped areas in 71 leave-one-out models, the 'good correlation' area overlapped mainly at regions of frontal gyrus, thalamus and SMA (figure 6C). In the subdivisions of prefrontal cortex, the 'good correlation' area overlapped at 21.8% of dlPFC, 17.6% of vlPFC and also 9.8% of OFC, while no voxels overlapped with vmPFC. The 'good anticorrelation' area overlapped mainly at regions of temporal cortex, occipital cortex and postcentral gyrus (online supplemental figure 3), which only overlapped with 0.6% of dIPFC and no voxels in vIPFC, vmPFC and OFC. The tractography of the cross-modality mask beneficial for outcome (areas with good correlation/anticorrelation) showed that the fibres traversing through the internal capsule resided mainly at the ventral half of the internal capsule and correlated with electrode locations as well as the predictive fibre tracts identified in figure 3 (online supplemental figure 3).

DISCUSSION

In this pilot imaging study, we first characterised connectivity patterns predictive of outcome in patients with TRD following VC/VS-DBS. Then we delineated a tractographic target that was predictive of the clinical outcome within the frontothalamic

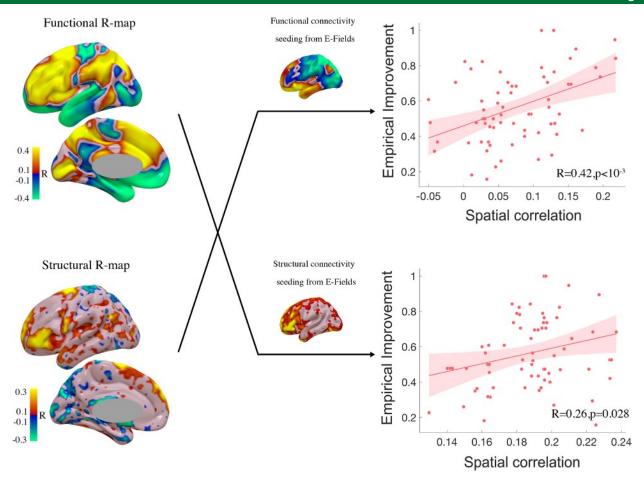


Figure 5 Cross-predicting DBS outcomes across functional and structural connectomes. R-maps for both functional connectivity (top left) and structural connectivity (bottom left) were used to crosspredict clinical improvements in HAMD-17 in the other cohort, respectively (top right shows predictions of outcomes using similarity between R-map constructed from structural connectivity and the patient-specific functional connectivity profile, bottom right shows predictions of outcomes using similarity between R-map constructed from functional connectivity and the patient-specific structural connectivity profile). Pink areas represent the 95% CI. DBS, deep brain stimulation; HAMD-17, 17-item Hamilton depression rating scale. Lower limits were thresholded at R=0.1.

radiation. Finally, we identified the brain regions where beneficial structural and functional connections may converge. We found an optimal stimulation connectivity profile for both structural and functional connectivity encompassing mainly the ventral and dorsal lateral PFC and OFC. Additionally, the relevant tractography analysis of functional differed areas between response groups revealed potential link between VC/VS-DBS and DBS targeting the subcallosal cingulate area-DBS, suggesting a shared responsive brain network may exist for both targets. These findings shed light on clinical practice for both presurgical planning and postoperative programming and provide insights into fundamental mechanisms.

Compared with the relatively founded basal-ganglia model for movement disorders, the mechanism under psychiatry diseases remains largely clouded. A better understanding of implicated neural circuits is necessary as it promotes more informed ways to deliver treatment. Converging animal and human studies have linked the pathophysiology of depression to dysfunction in reward processing, which comprises a brain network centred on the VS.²⁹ Hypothesis-driven open-label studies have been conducted targeting various nodes within the reward network with DBS for TRD, including VC/VS, ventral anterior limb of the internal capsule, bed nucleus of the stria terminalis, inferior thalamic peduncle and the lateral habenula. ^{1 30–32} Since VC/VS stimulation might have a broad effect on emotional and motivational processes, efficacy likely depends on the modulation of

specific connections or axon bundles travelling through the VC/ VS^2

This study adopted the idea that specifying responsive neural connections or related axon bundles might help increase clinical response.¹⁷ Our first step in navigating cortical projection sites revealed optimal whole-brain structural and functional connectivity that would be predictive. Moreover, via cross-prediction, optimal whole-brain structural and functional connectivity profiles of VC/VS-DBS for effective treatment of TRD showed similarity across brain regions. For both connectivity modalities, an enhanced positive connectivity profile within ventral and dorsal lateral PFC and OFC appears to be associated with optimal clinical outcomes (figure 6). This finding is in line with previous studies demonstrating that DBS could significantly increase metabolism in dlPFC after 1 week of stimulation.³ Also, the optimal functional connectivity profile identified in the current study was largely identical to the one described by Siddiqi et al, which was established based on results from various targets, including VC/VS, subgenual anterior cingulate cortex, subthalamic nucleus and anterior nucleus of the thalamus, in lesional as well as stimulation surgery.

In our analysis of fibre tracts that may be responsible for the outcome, a positively correlative tract that started from the midbrain and then traversed through the ventral half of the internal capsule at the level of stimulation mainly to the medial prefrontal cortex and vIPFC was identified in the cohort.²⁸ The

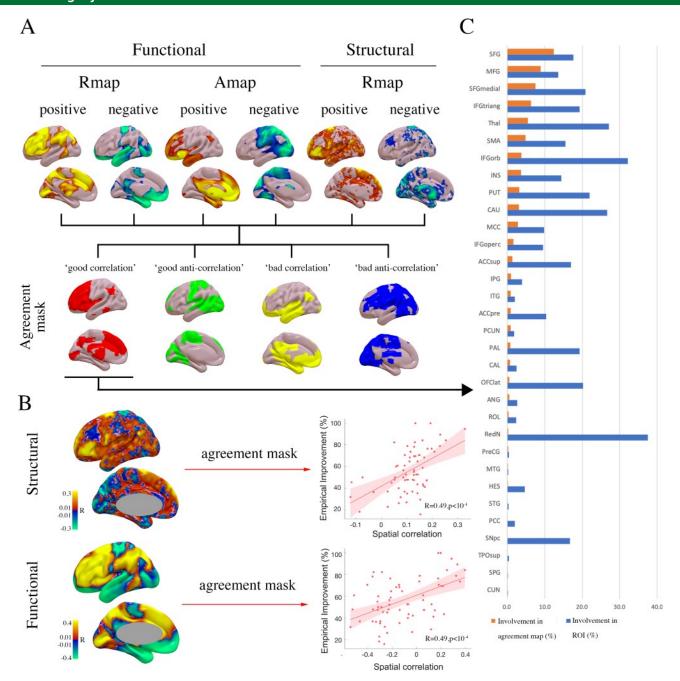


Figure 6 Agreement masks between structural and functional modalities. (A) Brief pipeline for creating agreement masks and illustration of 'good correlation', 'good anti-correlation', 'good anti-correlation', 'good anti-correlation' agreement masks; (B) leave-one-out cross-validation of prediction of HAMD-17 score improvement using connectivity profiles masked by agreement masks. Pink areas represent the 95% CI. C, percentage involvement in 'good correlation' agreement mask by ROIs in AAL-3 brain parcellation. ROIs were analysed bilaterally. HAMD-17, 17-item Hamilton depression rating scale; ROI, region of interest; SFG, superior frontal gyrus, dorsalateral; MFG, middle frontal gyrus; IFGtriang, inferior frontal gyrus, triangular part; Thal, thalamus; SMA, supplementary motor area; IFGorb, inferior frontal gyrus, pars orbitalis; INS, insula; PUT, putamen; CAU, caudate; MCC, middle cingulate & paracingulate gyri; IFGoperc, inferior frontal gyrus, opercular part; ACCsup, anterior cingulate cortex, supracallosal; IPG, inferior parietal gyrus; ITG, inferior temporal gyrus; ACCpre, anterior cingulate cortex, pregenual; PCUN, precuneus; PAL, pallidum; CAL, calcarine fissure and surrounding cortex; OFClat, lateral orbital gyru; ANG, angular gyrus; ROL, rolandic operculum; RedN, red nucleus; PreCG, precentral gyrus; MTG, middle temporal gyrus; HES, heschl's gyrus; STG, superior temporal gyrus; PCC, posterior cingulate gyrus; SNpc, substantia nigra, pars compacta; TPOsup, temporal pole: superior temporal gyrus; SPG, superior parietal gyrus; CUN, precuneus.

pathway was highly similar to that described by Li *et al* responsive for OCD. ³⁴ This is not unexpected for depression and OCD given that psychiatric diseases are dimensional and can share transdiagnostically similar symptoms, including anxiety, relatively low mood and social withdrawal. They also overlap through partially common pharmacological treatments suggesting overlapping

structural and functional disease correlates. Our findings add support to the emerging concept that OCD, major depressive disorder and other psychiatric disorders are network disorders that can be targeted through stimulation. ¹⁷

This study also has the advantage of investigating both the functional and structural correlates of DBS effectiveness in TRD.

The structural and functional connectivity separately offers information on space and time, and consideration for both characteristics of pathophysiological networks may offer the greatest promise to optimise clinical outcomes for future DBS technologies.^{35 36} Fibre tract and connectivity from normative connectomes might be expected to assist in future preoperative surgical planning and guiding postoperative programming in prospective cohorts.³⁷ Researchers can selectively focus on neuromodulation of these corresponding areas to achieve ideal outcome, for example, increasing the connectivity/stimulation coverage of areas with good correlation/anticorrelation and decreasing the connectivity/stimulation coverage of areas with bad ones. Further studies using controlled trials might lead to changes in clinical practice to guide postoperative programming, by generating multiple E-fields based on different sets of stimulation parameters, then picking the set of parameters that generate the E-field whose connectivity predicts the highest improvement.

Limitation

This study had several drawbacks. First, the implantation could result in microlesion effect, which might interfere with the responses. To minimise the microlesion effect, only visits with follow-up for above 1 month from surgery were included. Second, though the follow-up time since surgery and since each programming session were found not correlated with the outcome, the acute, for example, immediately after programming, or long-term, for example, months' or years', antidepressant effects were not thoroughly discussed in this study. Finally, our study revealed beneficial connections in an average human brain, while it did not account for individual variations of connectivity, we further caution that patient-specific functional or structural imaging data would be valuable. However, individualised connectivity may also add additional noise to the analysis.

CONCLUSIONS

The results of this preliminary imaging investigation indicated that specific connectivity profiles and fibre tracts could predict the clinical outcome of DBS for TRD. The functional and structural responsive regions mainly converged on the PFC. The findings shed light on the neural pathways in depression and may be used to guide both presurgical planning and postsurgical programming after further validation. In the future, more refined models should help in predicting the parameter combinations that are effective for an individual patient or a specific symptom profile.

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