

MANUSCRIPT

INAUGURAL DISSERTATION,

ON

What of Theory!

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What of Theory.

Man's superiority in the scale of existence, is manifestly given him by the possession of a thinking, reflective and rational faculties. The mere possession of these, however, give not a shadow of contrast within himself considered, but it is their exercise, that reflects the superior intellectual and immortal principles, and secures to him the innumerable blessings of their faithful culture, from which flows the rich rewards of man's humanity, and the virtues of his organized government. These faculties beam like a light from some promontory, when we consider the early

and friendless condition of man, and contrast them with the present; for it was when the venomous fangs of an outraged world were poured upon him, that ignorance and inexperience hung like a pall over his benighted and un tutored mind. The peculiar condition and circumstances which surrounded man, seemed necessary that he should be endowed with a thinking, theoretical and speculative talents. For scarce had the sun of Seven days sunk behind the western hills, when he was driven from the possession of his birth-right, and bid to call into action his physical and intellectual being, ^{that he might live} producing thus the first impression of life and decay, and before the mind had received the first conception of disease, or the sensitive

some ban touched by sickness and pain; in the Healing Art was called into requisition, for man lay a lifelik victim.

Thus may the young mind, bewildered and astounded, date its speculative notions of life and death, and the first induction of disease; and its earliest and eager to institute a Science that has since dived into the mysteries of life and Organization, and sought a remedy for every disease that afflicts our race.

From the imperfections of the various notions and doctrines held in relation to disease and medicine, one would be led to believe, that they afforded no basis for a science; but a cursory survey of the early condition of society and literature, and the tide of

4

opposition that was every where met by those who endeavored to promulgate their opinions, seems a sufficient cause for the imperfection, confusion and distraction, in relation to the Healing Art. Ignorance and superstition too, offered a mighty opposition, and wielded a sceptre of manipulated falsehood, that baffled and crippled all the efforts of a science, that seemed to its young and ardent advocates to bless the world.

The researches in Anatomy were violently opposed by a superstitious Priest-hood, with penalties of death, and they were prosecuted mainly upon the hypothesis of analitical reasoning which led to many errors in Science and mischief in practice. The fabled existence of a God of medicine gave mu-

ch susceptibility, and its claims to a divine origin removed many difficulties and inspired its votaries to new energies and research.

The removal of disease by the therapeutic agency of medicine and the various phenomena observed in pathological conditions of the system, gave rise to many inductions, speculations, hypotheses and theories; but their fallacies were successively overthrown by new ones until disputants and controversy had involved the whole in much obscurity and doubt. About this time arose the mighty Champion of free thought and reason, and by his sagacity, research and learning made many improvements, and brought the profession to a much higher degree of eminence.

Not content with the dogmas and empirical practice of his predecessors, and stimulated by a love of his art, he devoted himself zealously to its cultivation and advancement.

He was thus enabled to throw light upon the deductions of experience, and clear away the false theories with which medicine had been loaded by those who had no practical knowledge of disease, and bring it into the true path of observation under the guidance of practice and reason. Altho' he acquired a living fame, and established irrefutable doctrines and principles that commanded the admiration and swayed the mind of the profession, and gained respect

in the course of Law down to the present day; yet ^{he} wrote much that is involved in doubt and obscurity.

His Anatomy was defective - his Physiology abounds in errors, and some of his theories ^{are} ill^y founded.

But it is due to the immortal Father of Medicine, to say, that the ideal of twenty three hundred and seventeen years experience, has undiminished the lustre of many of his teachings, nor lessened the value of his practice.

To the time of Galen, little or no improvement was made.

The success of his practice, gave him great distinction; but his fine theoretic and speculative talents & writings encountered much

opposition. He mystified the writings of Hippocrates, and the "splendor of his talent so completely dazzled his successors", that his opinions swayed the practice for many centuries. The discovery of the circulation by Harvey, gave rise to new doctrines, the promulgation of which, met the severest controversy.

Beoshave, Sydenham and others, by the brilliancy of their intellects, and faithful observation, acquired great reputation; but added little to the time honored doctrines of Hippocrates, except in the treatment of exanthematous diseases. They refuted however many false notions, and Sydenham by careful attention to the phenomena

of disease, made many important improvements; and none deserve greater praise than he, for the timely change of treatment in the disease of Small Pox.

This sees theory changed from time to time upon the mere hypothesis of new discoveries, or the success of new experience.

A little later, and we find the world excited upon the new and splendid theories of the great French Theorist Broussais.

The light and force of his reasoning, the ingenuity of his dispositions, and the plausibility of his subtle speculations upon Physiology and Pathology, drove conviction upon the mind of the Profession,

and revolutionized all France in
the treatment and management of
diseases. A new era sprang forth
in the History of medicine, and his
doctrines were made resplendent by the
honor of his name. But it was
reserved for later Philosophers to expose
his pretensions, refute his theories, and
bring medicine back to the light
of truth by the test of experience.

The day of personal authority and
universal sway ^{in our science,} has passed and the
great American principles of free
thought and free speech, prevails,
and the world is flooded with theories
and doctrines, and the profession loa-
ded with an endless variety and
number of medical ^{works,} all endeavoring
to establish the few facts known by

new processes and new theories.

Phlegmatisoⁿ diseases yield but few demonstrative facts which indicate a simple treatment; but yet volume after volume, and treatment after treatment has been offered to the profession.

Theoretical essays upon false premises, or mistaken exceptions have been written, enjoyed a brief period of existence, and passed away before the light of truth and investigation.

The entailed misery that many of these teachings have produced, can only be imagined when we think of the great abuse of the King of all medicine, calomel.

The commonly received

opinion in regard to the inflammatory character of the blood; and that maintained by Simon and Andral, two great lights of the profession-must exhibit beyond all points of disputation, many Pathological and therapeutical errors in modern medicine. For the fibrine in excess or deficiency is the great Mariner's Cap^{ts} to therapeutical vessels upon unknown and inexperienced seas. And if the great Simon is correct, what of practice?

This with many other facts, plays with much sport upon the theoretical ignorance of practitioners; and none suffer worse than those who theorize.

and practice upon Typhoid disease. All watch over and meet what they wisely term indications, but no one offers a specific for the noxious malady. The beautiful analytical theory that maintains that the glands of the bowels suffer from a deficiency of the plastic element of the blood, does not account for Pneumonia or Peritoneal inflammation.

I pass many theories in Chemistry (even of the present day) and of the laws of generation, uterine growth and contraction, together with numerous unsettled points in Physiology, to the notions as maintained by the Philosophers of the South and West concerning

the cause of that class of fevers
denominated malarial. The
beautiful theory of the great
soma of life and decay of the
animal and vegetable kingdoms,
and the sustenance of one upon
the other by the different processes
of nutrition and animation, and
the great destruction^{of decay} of the latter
acting injuriously upon the former,
seems to be too well founded in
fact to deny.

When great destruction and
decay of the vegetable kingdom, or
forests went on before the progress
of civilization in England, and the
soil was strewed, loaded with vege-
table remains - malarious diseases
were rife; but as time advanced

and the country become "cleared up." These diseases become less frequent until they are now unknown. Such is true of other sections.

The settling of new countries whose climate is favorable is followed by the same diseases. The generation of many gapes, poison to the human economy, in marshy regions is an opinion that has long been maintained; and the frequent occurrence of malarial affections, and the strong affinity these poison haars for moisture and their transmission by fog's and winds have established the belief that they

are due to the decomposition
of animal and vegetable
matter. The time of their
occurrence too has added much
strength to this belief. But
the many exceptions that
seem to oppose this belief
have invited much discussion
and investigation.

Dr Ferguson has shown that malarial diseases of
the most fatal character have existed in many regions
which were perfectly destitute of both vegetable growth and
deposition.

The great Philosopher
of the West Dr Drake has left
us much of his writings on this

this subject and the distinguished Dr Bowring of the Pashnill University has thrown much light upon this subject by his investigations.

The geographical ranges, and types of these diseases have been lucidly pointed out by him - But this question is yet unsettled; like many others - the exception is often taken for the Law and the Law for the exception.

Notwithstanding theory after theory has paled away before the slow tread of truth and experience, it has done much to elucidate, adorn, and beautify science, and like the Pillar of fire

to the children of Isreal, has led
Science through the abstract
and difficult paths through
which it has had to travel—
beginning with ^{the} primal condi-
tion of man, touching all
succeeding ages until the present
light of its practicable truths
is shed over a universal
world.